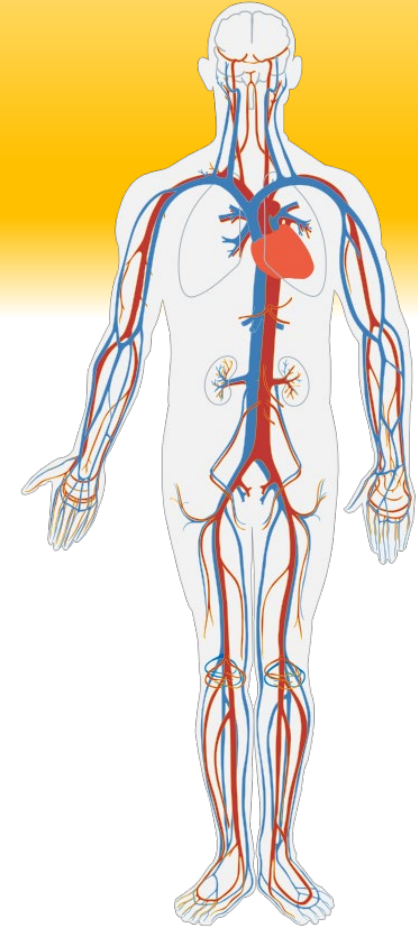


Introduction to Cardiovascular Biomechanics

Lukáš Horný

Department of Mechanics, Biomechanics and Mechatronics
Faculty of Mechanical Engineering
Czech Technical University in Prague



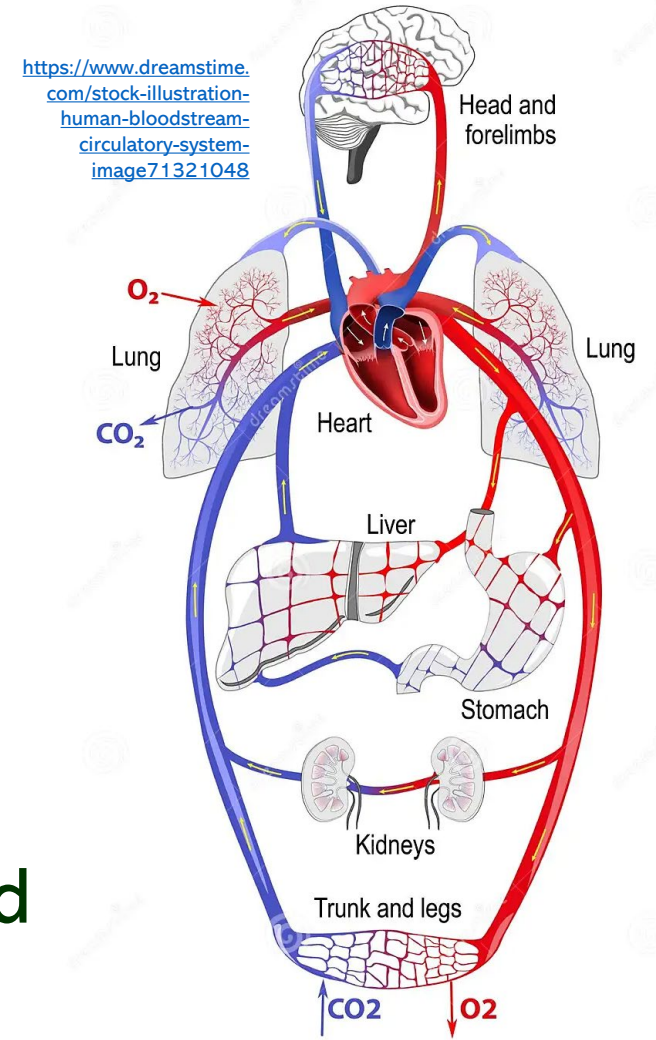
Last modified December 2023

<http://users.fs.cvut.cz/~hornyluk/home>

Circulatory System: Introductory notes

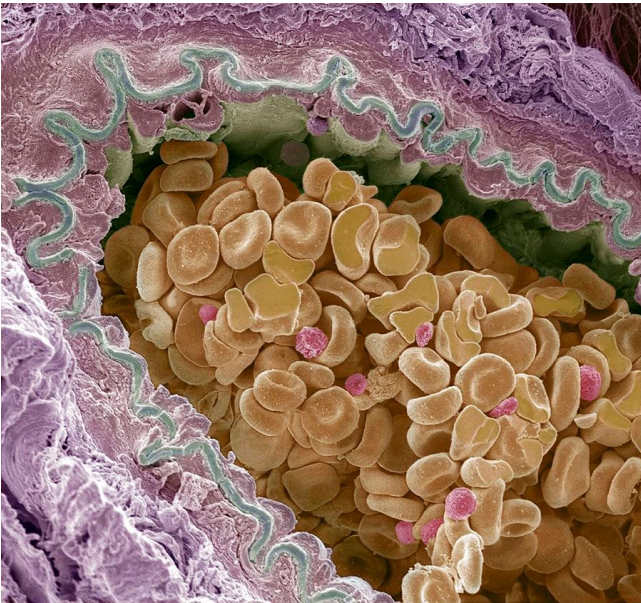
Circulatory system

- **Purpose** → Blood supply throughout the body
- **Parts** → Heart
Blood vessels
Blood
- **Principle** → The heart pressurizes the blood
The blood flows in the vessels and circulates from the heart through organs to the heart



Circulatory system

- **Purpose** → Blood supply throughout the body
- **Blood is a transport medium for**



O_2
Nutrients and metabolic waste
Immune system reaction
Regulatory molecules
Heat

Red blood cells and platelets in the lumen of the arteriole. Colored SEM.

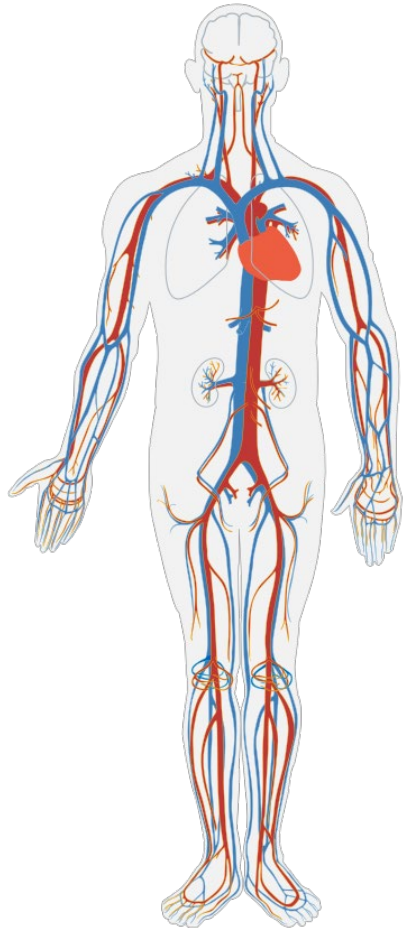
<https://fineartamerica.com/featured/elastic-artery-cross-section-sem-steve-gschmeissner.html>

Circulatory system

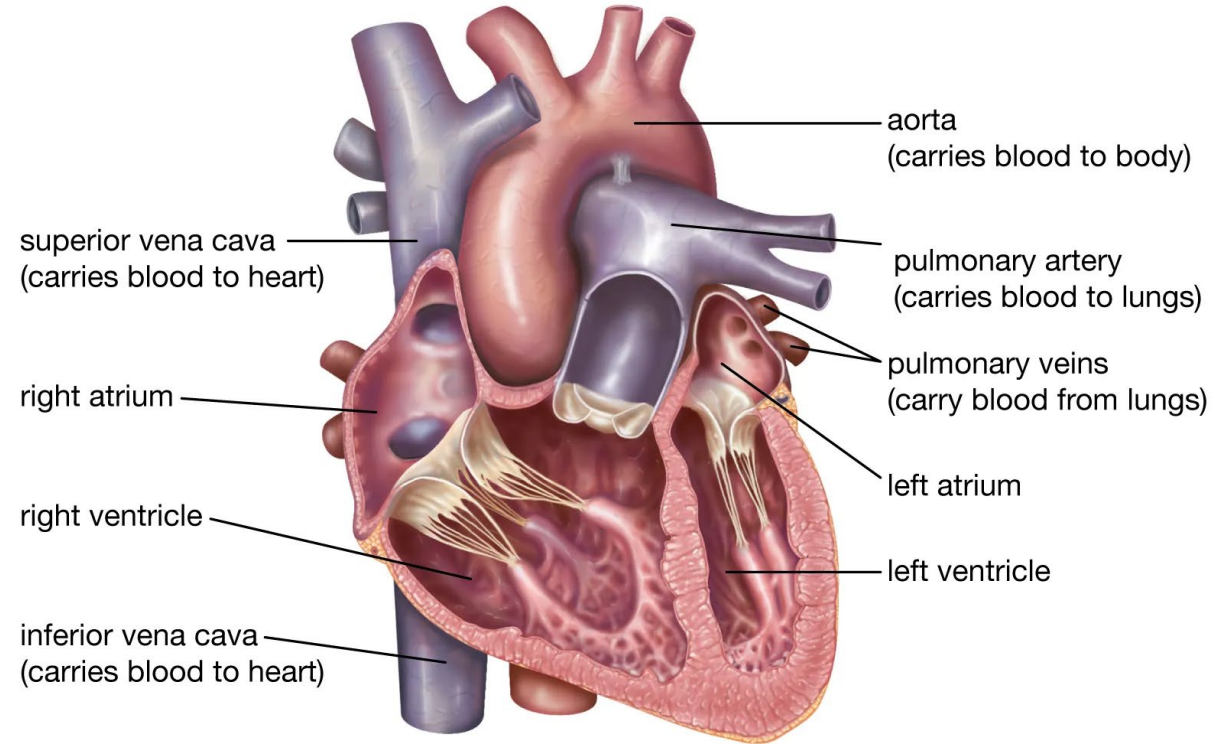
- **Parts**



Heart



<https://pressbooks.bccampus.ca/nutr1100/chapter/the-cardiovascular-system/>



© Encyclopædia Britannica, Inc.

<https://www.britannica.com/science/heart>

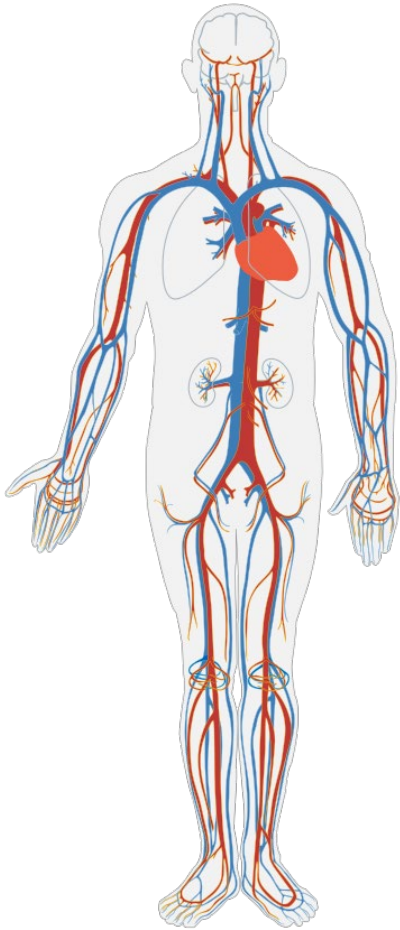
Blood vessels
Blood

Circulatory system

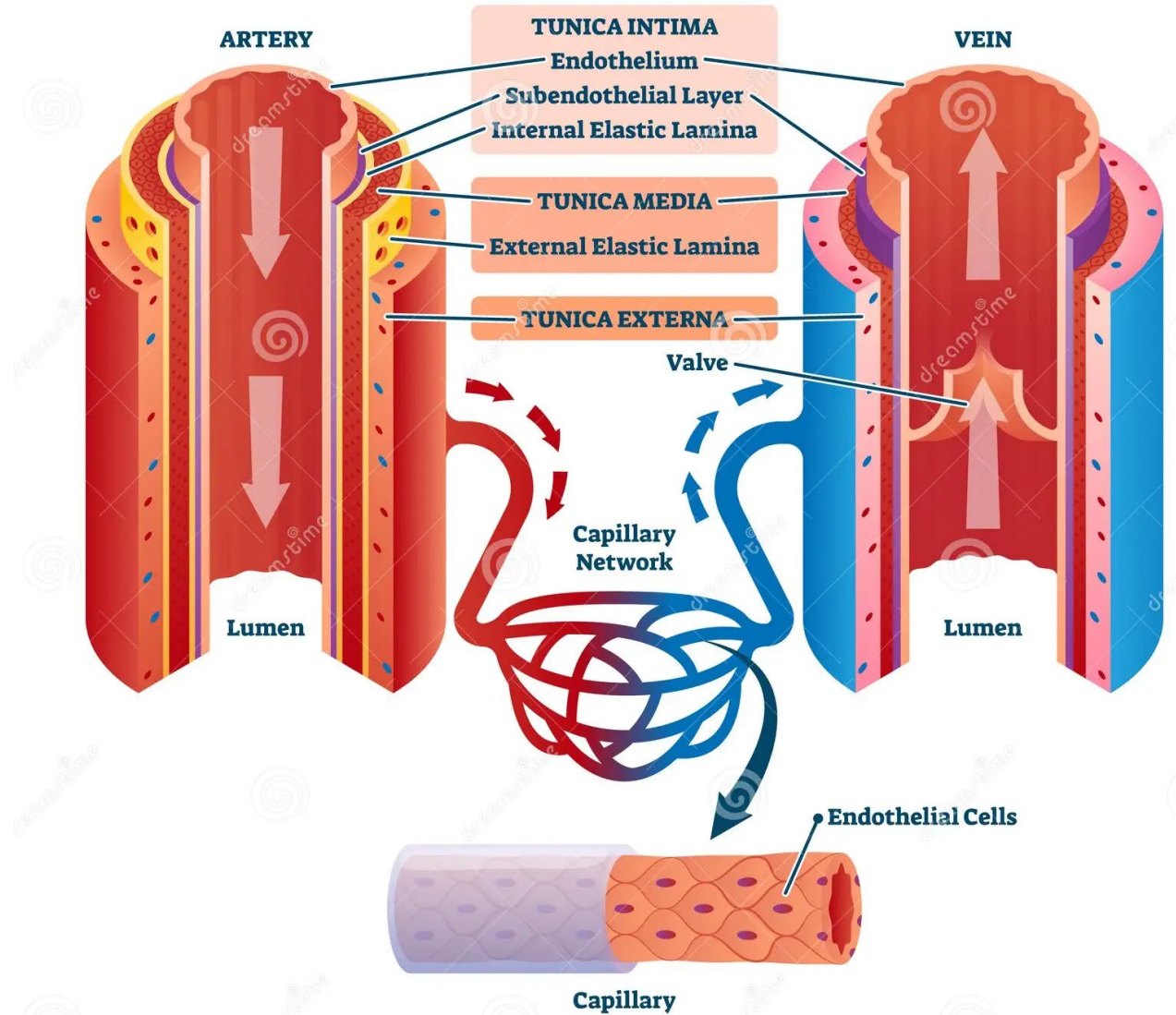
• Parts



Heart
Blood
vessels

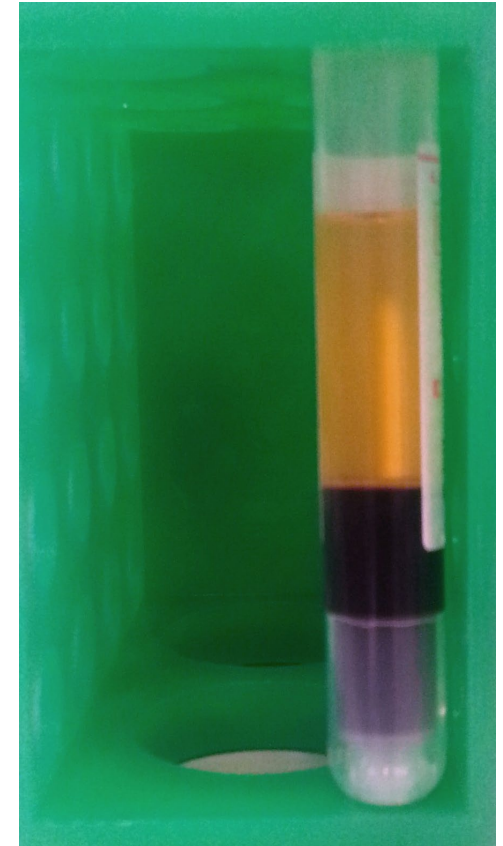


Blood



Circulatory system

- **Parts** → **Heart**
Blood vessels
Blood
 - Suspension of **solid particles** and **blood plasma**
 - **Liquid phase** ($\approx 55\%$): water ($\approx 90\%$) + plasma proteins ($\approx 7\%$) + hormones ($\approx 2\%$) + enzymes + glucose + minerals
 - **Solid particles**: red and white blood cells and platelets

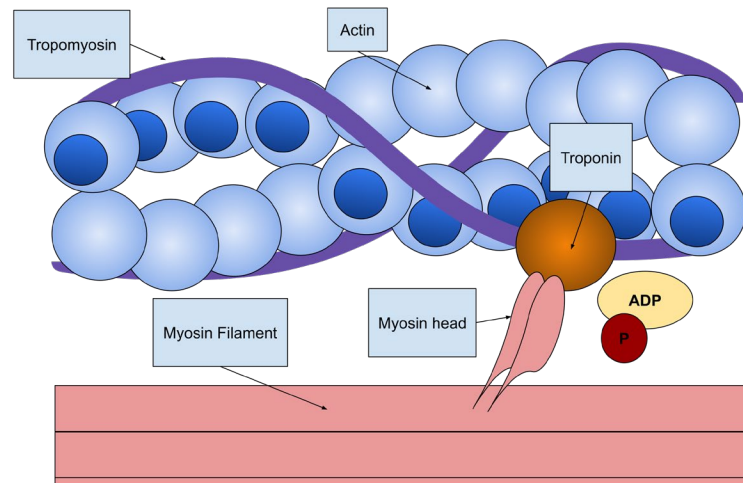


https://commons.wikimedia.org/wiki/File:Krew_Frakcjonowana.jpg

Circulatory system

Forces and interactions ← Blood supply throughout the body

- Transportation phenomena → **Mechanics**
- Contraction → **Chemo-mechanical**
- Control of contraction → **Electro-mechanical**



https://en.wikipedia.org/wiki/Sliding_filament_theory#/media/File:Sliding_Filament_Theory.svg

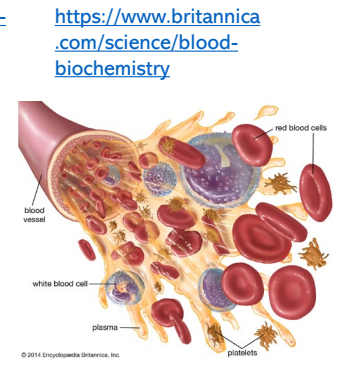
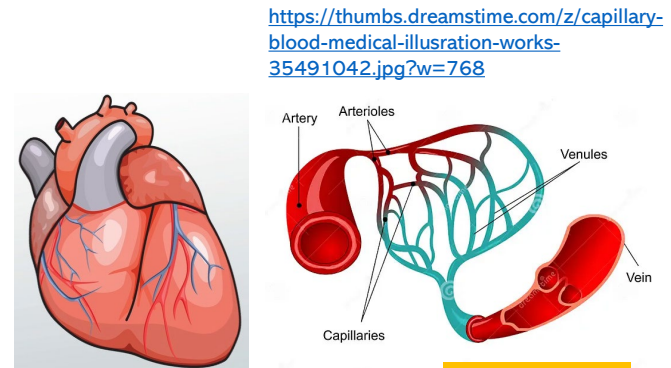
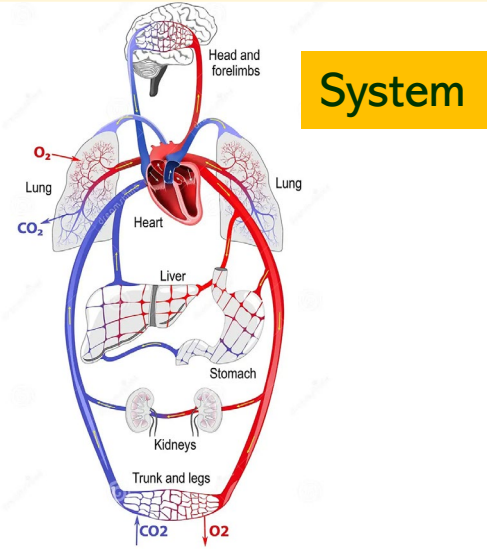
Outline of content

- Basic anatomy of the blood circulation
- Physiology
- Experiments and simulations
- Diseases and treatment from an engineer's perspective

Basic Anatomy of the Blood Circulation

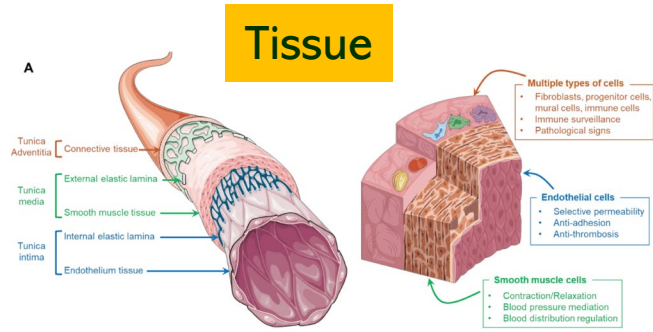
Anatomy of the circulation

- System
- Organs
- Tissues
- Cells and extracellular matrix and interstitial liquid
- (Macro)molecular structure of a matter



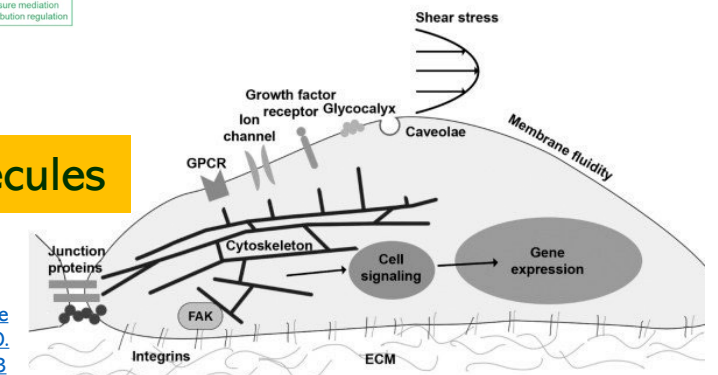
<https://study.com/learn/lesson/myocardium-function-location-parts.html>

Organs



<https://www.mdpi.com/2072-666X/13/2/326>

Cells and macromolecules



<https://jbiomedsci.biomedcentral.com/articles/10.1186/1423-0127-21-3>

Anatomy

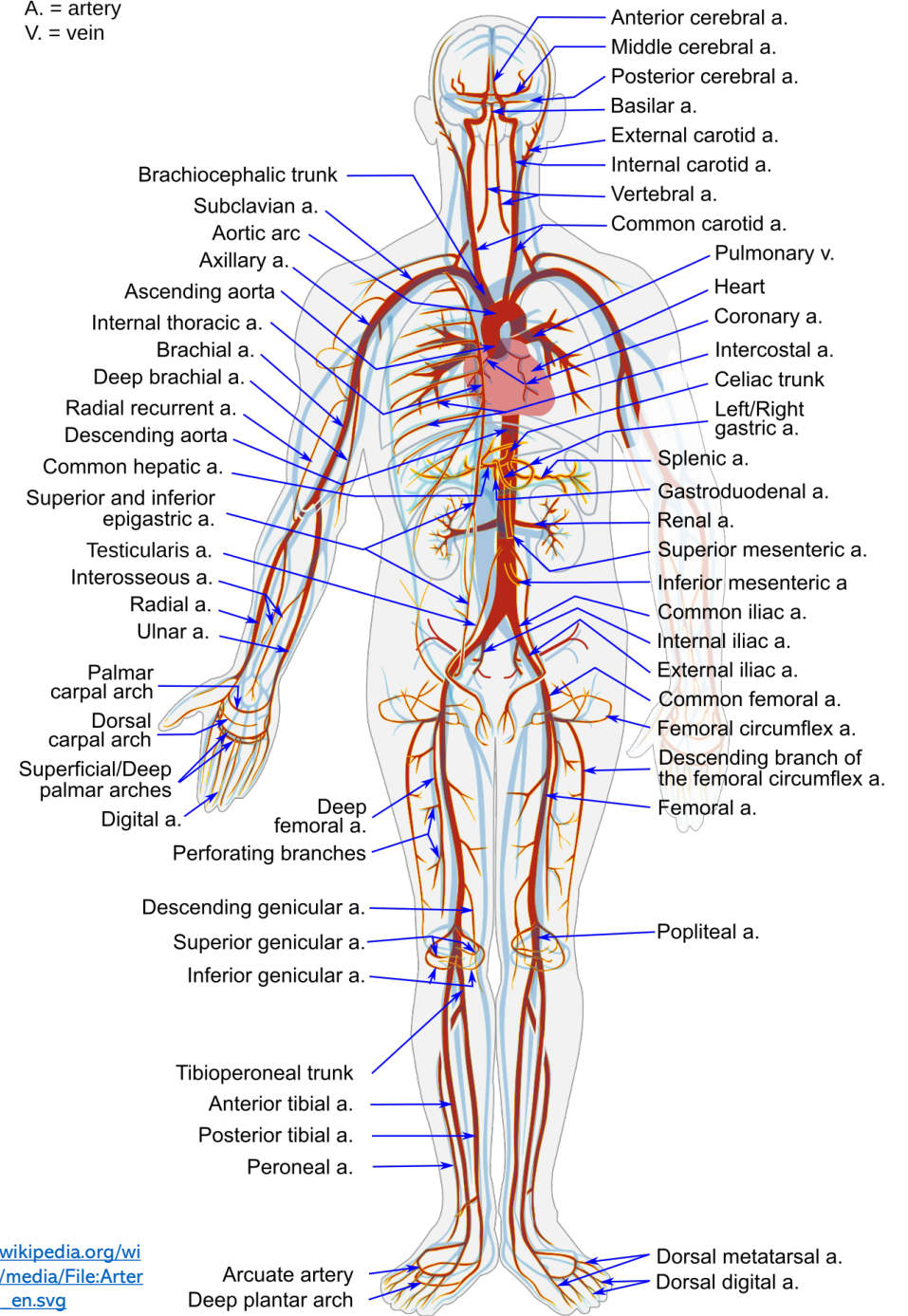
System

Circulation: Heart - organs – heart

Arteries conduct blood from the heart to the organs

Higher blood pressure and thicker wall than veins

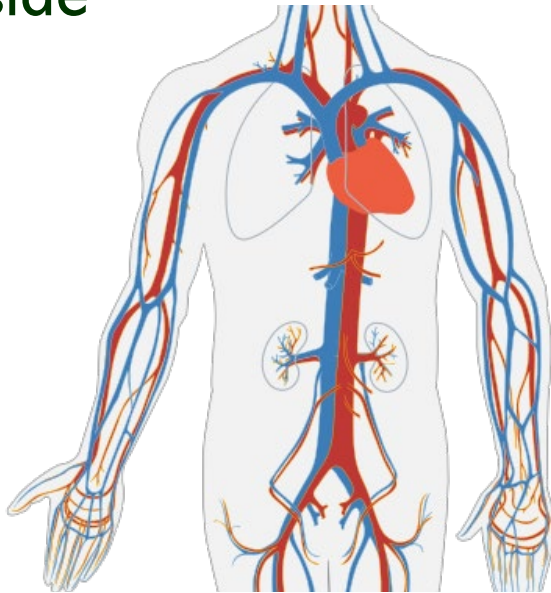
A. = artery
V. = vein



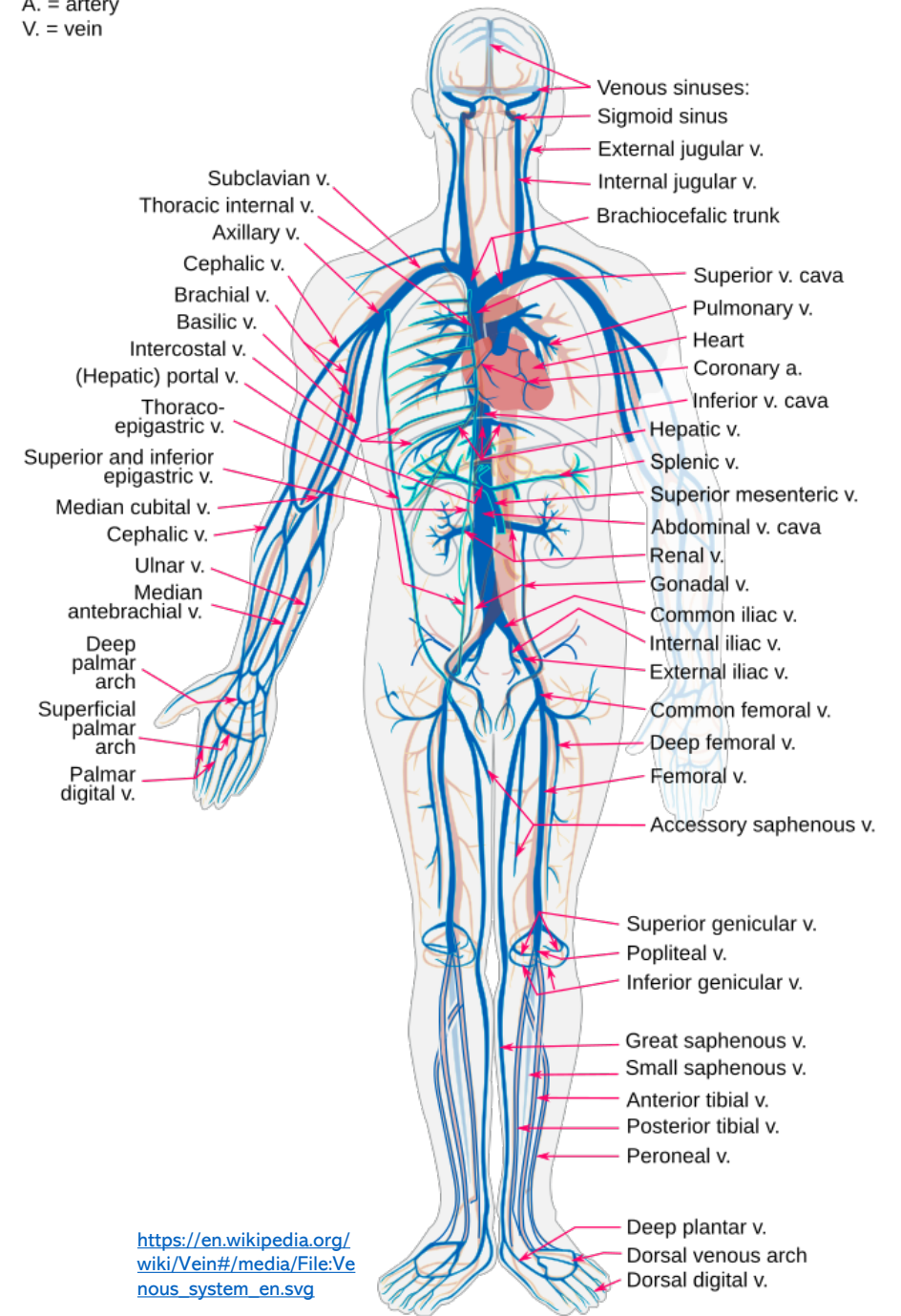
Anatomy

System

Veins and arteries usually form pairs
This means that inflow channels
and outflow channels usually run
side by side



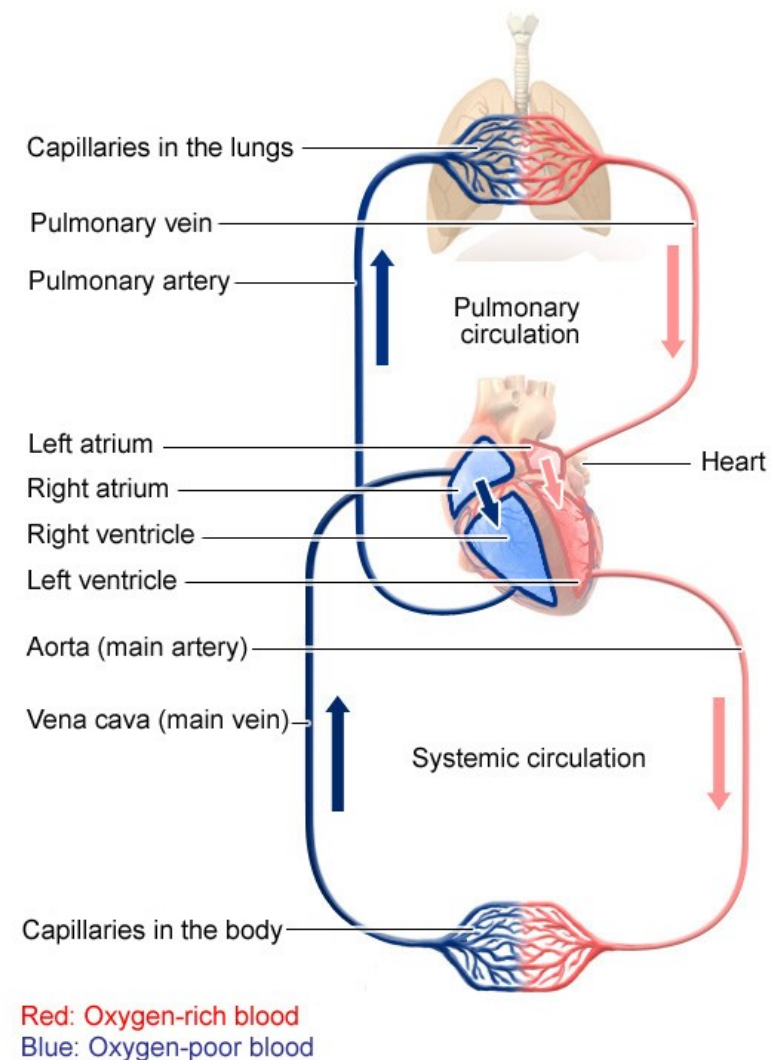
A. = artery
V. = vein



https://en.wikipedia.org/wiki/Vein#/media/File:Veinous_system_en.svg

Anatomy of the circulation

- The system consists of two circulations
- **Systemic circulation** (body, major)
- **Pulmonary circulation** (minor)

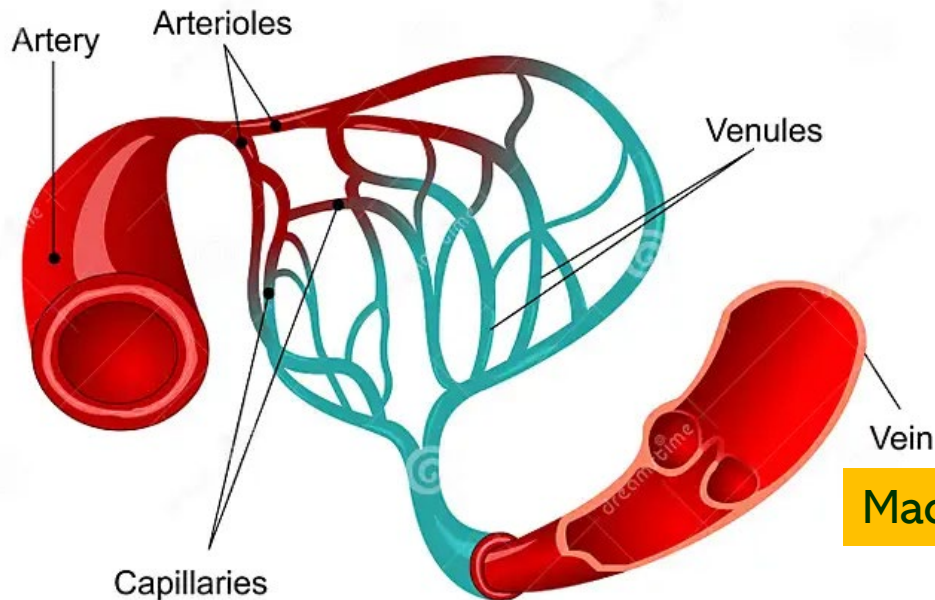


Anatomy of the circulation

- Microcirculation

The systemic circulation is often described as consisting of **macrocirculation** and **microcirculation**

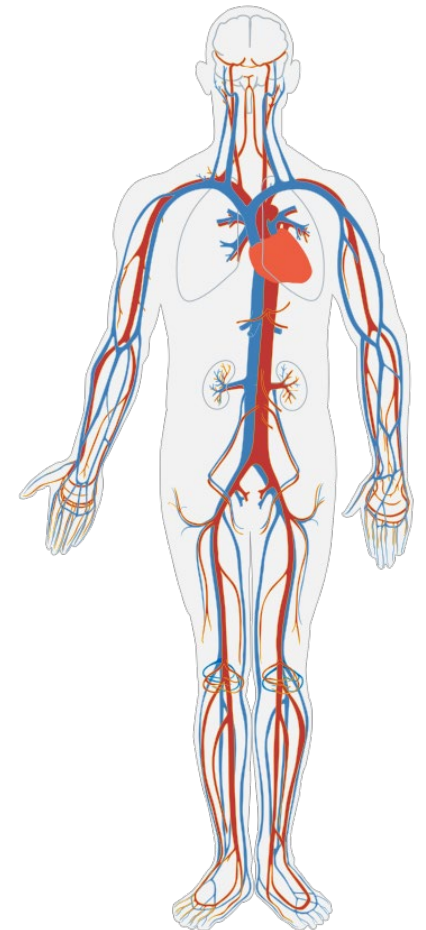
Macrocirculation



Microcirculation

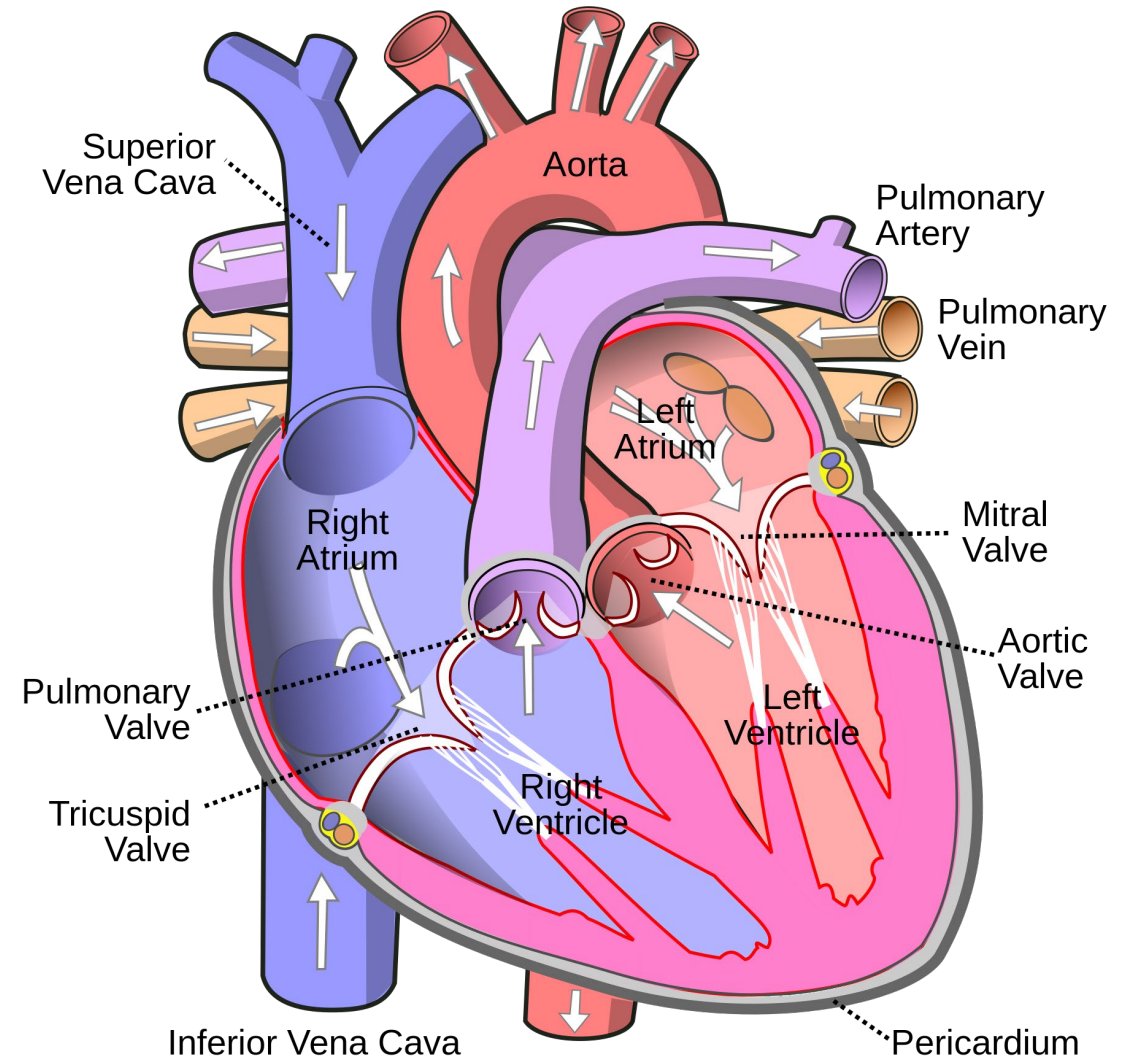
Macrocirculation

Macrocirculation



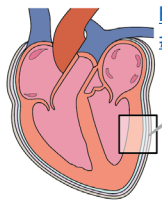
Anatomy of the heart

- Left (systemic) and Right (pulmonary) heart
- Four chambers = L&R atrium + ventricle
- Valves for one way flow



Anatomy of the heart

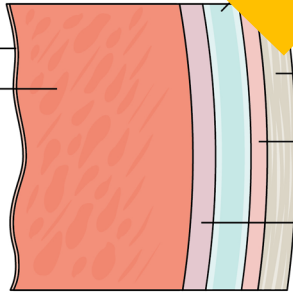
- Structure of the heart muscle



https://en.wikipedia.org/wiki/Heart#/media/File:2004_Heart_Wall.jpg

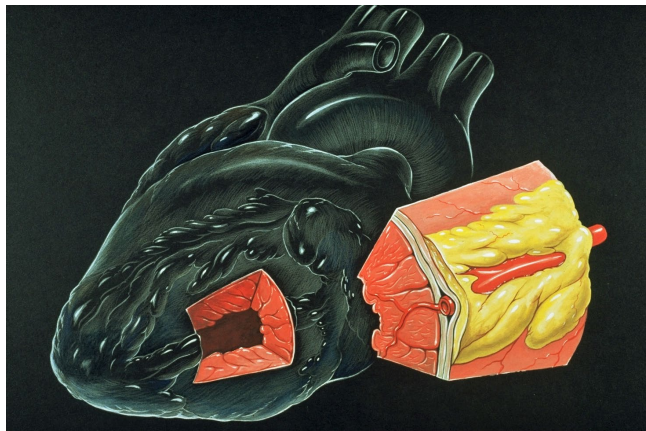
Liquid filled cavity

Endocardium
Myocardium

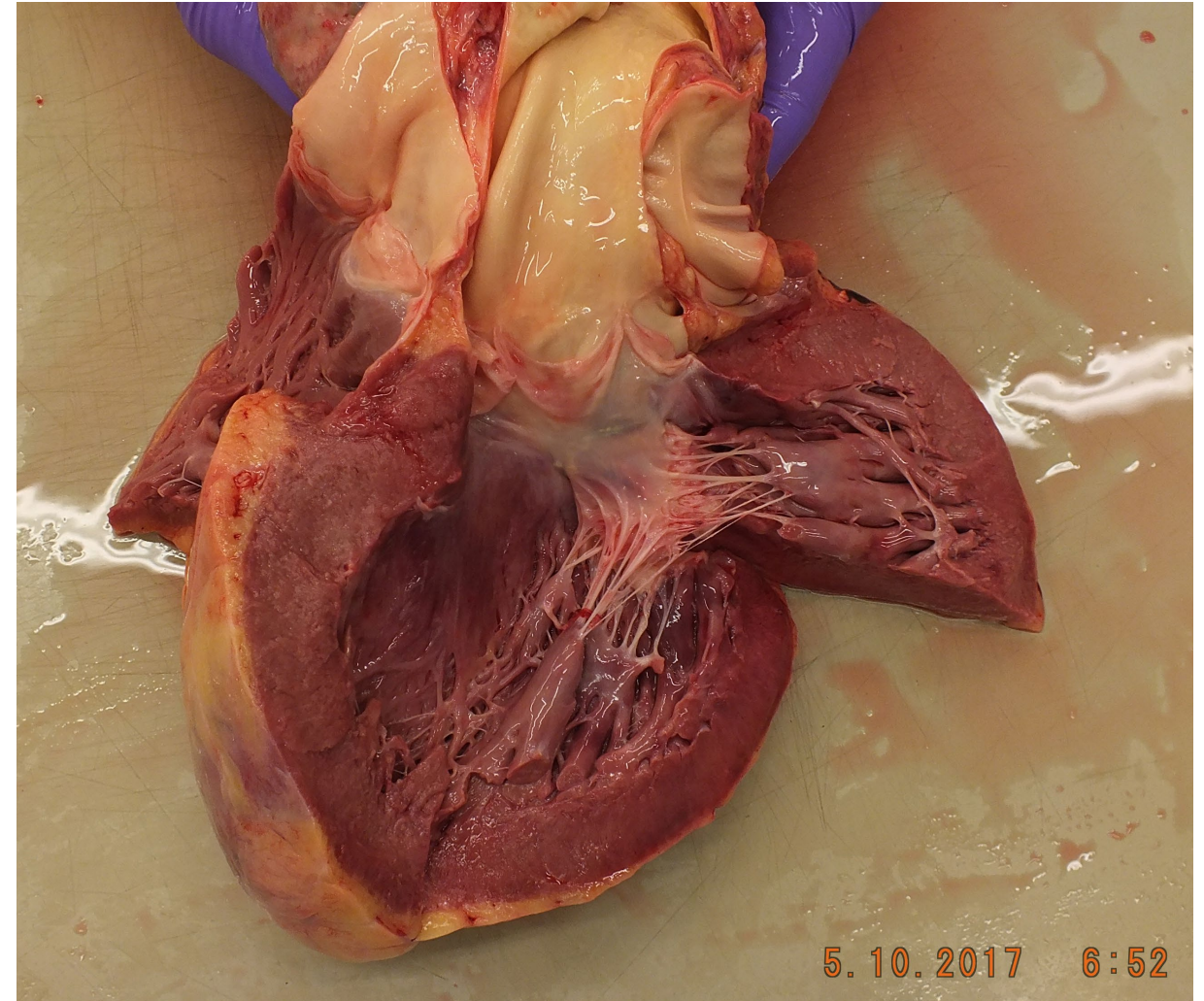


Pericardium
fibrous layer
serous layer

Epicardium



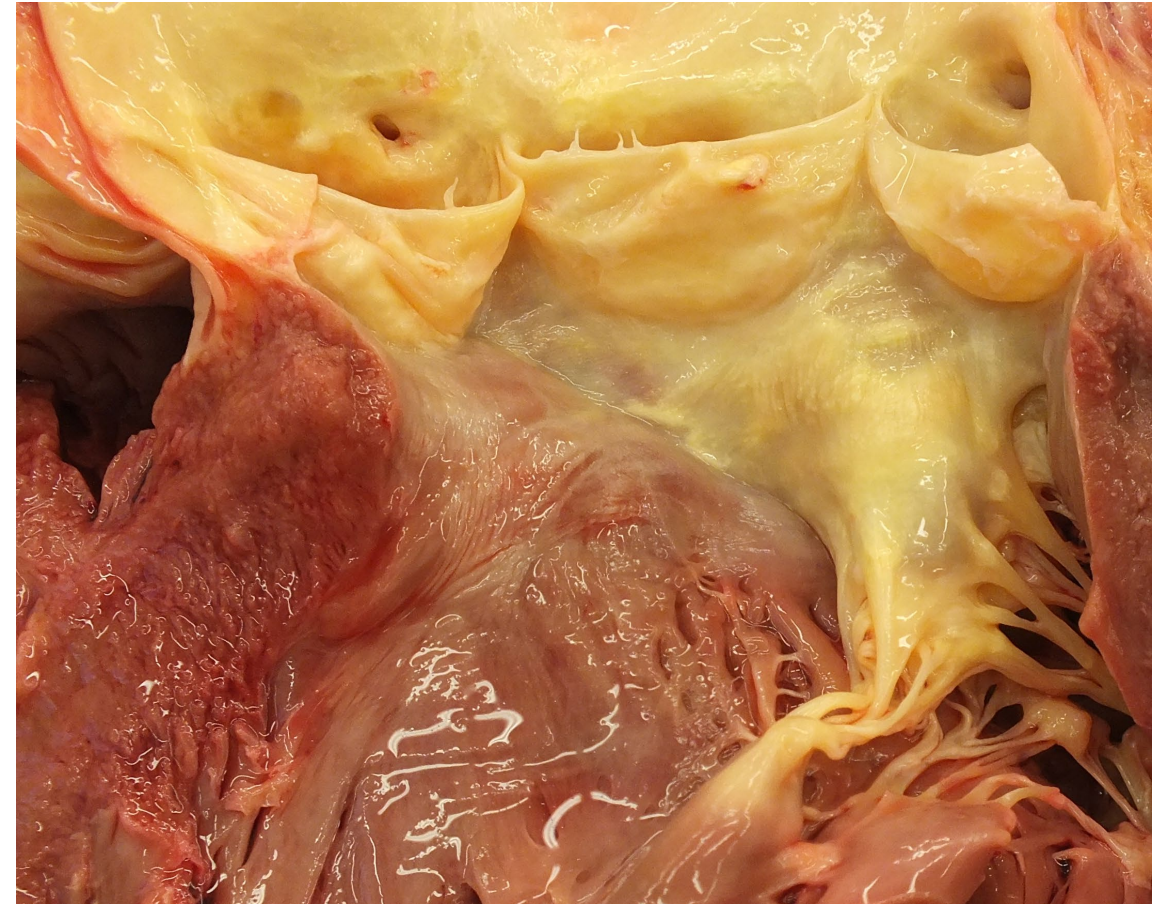
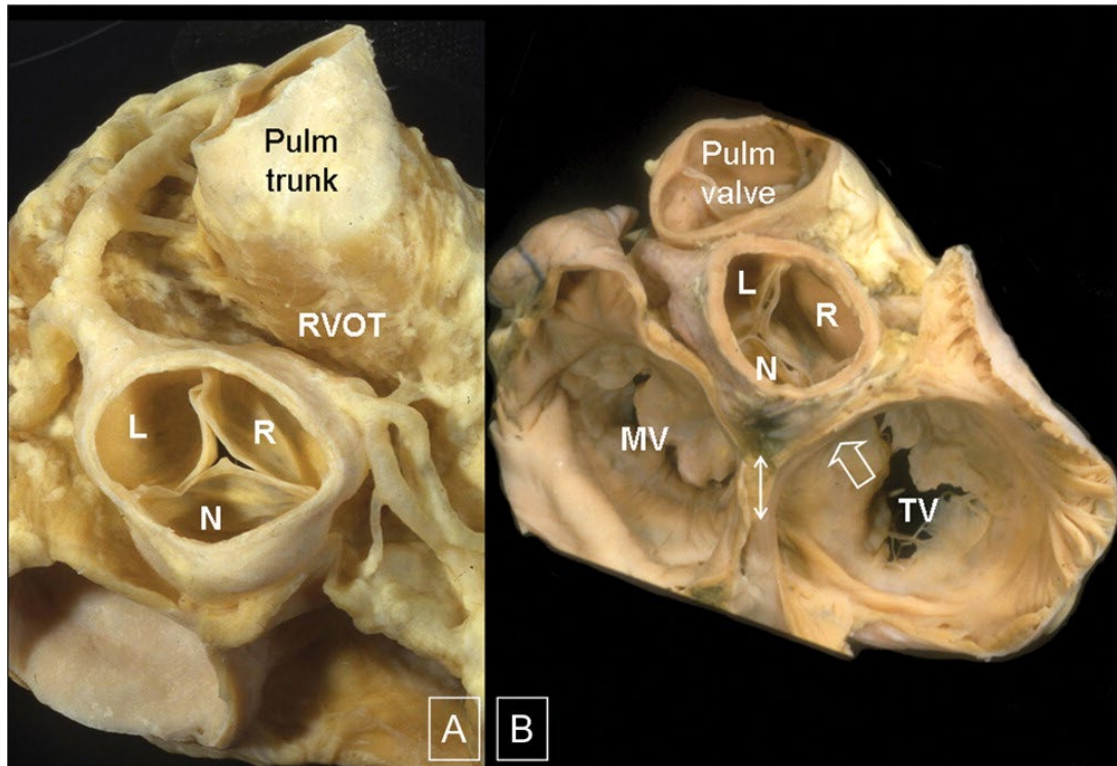
https://www.wikiskripta.eu/w/Srdce#/media/Soubor:Heart_myocardium_diagram.jpg



5.10.2017 6:52

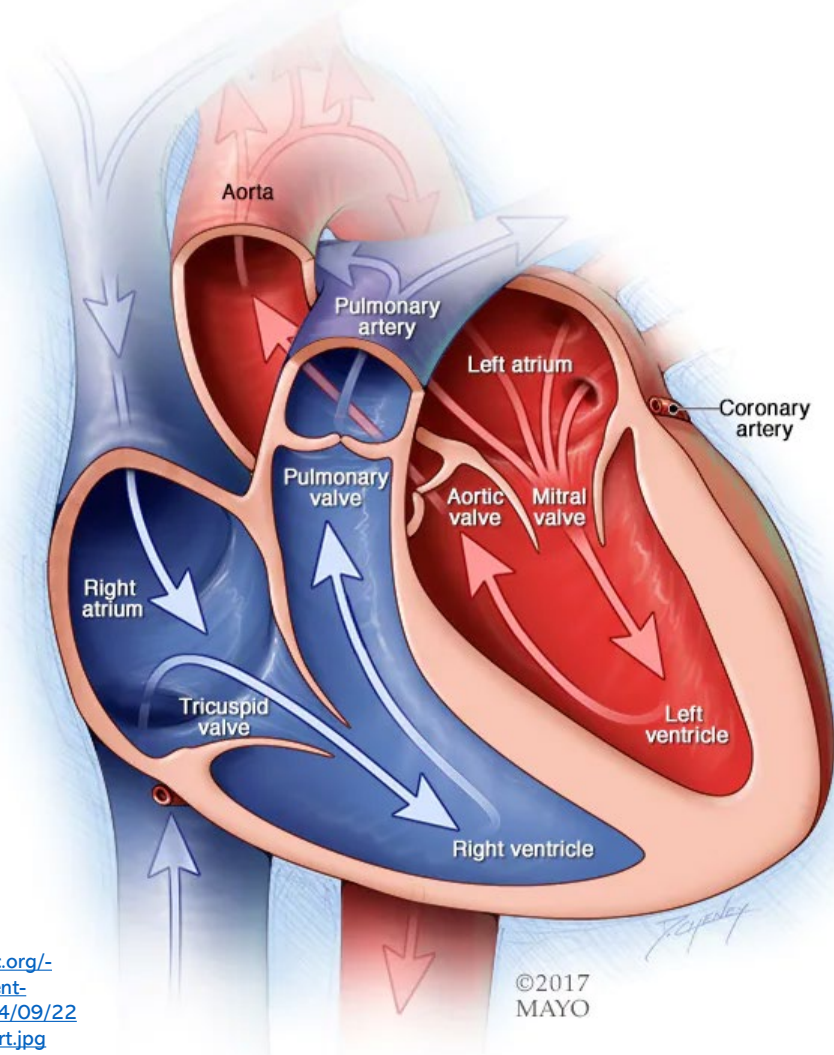
Anatomy of the heart

- Structure of the heart muscle

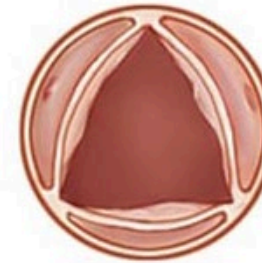


Anatomy of the heart

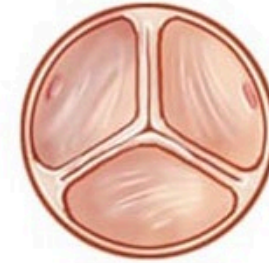
- Structure of the heart muscle



Healthy aortic valve (top view)

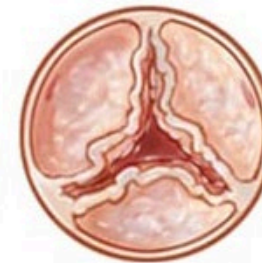


Open



Closed

Aortic valve stenosis (top view)



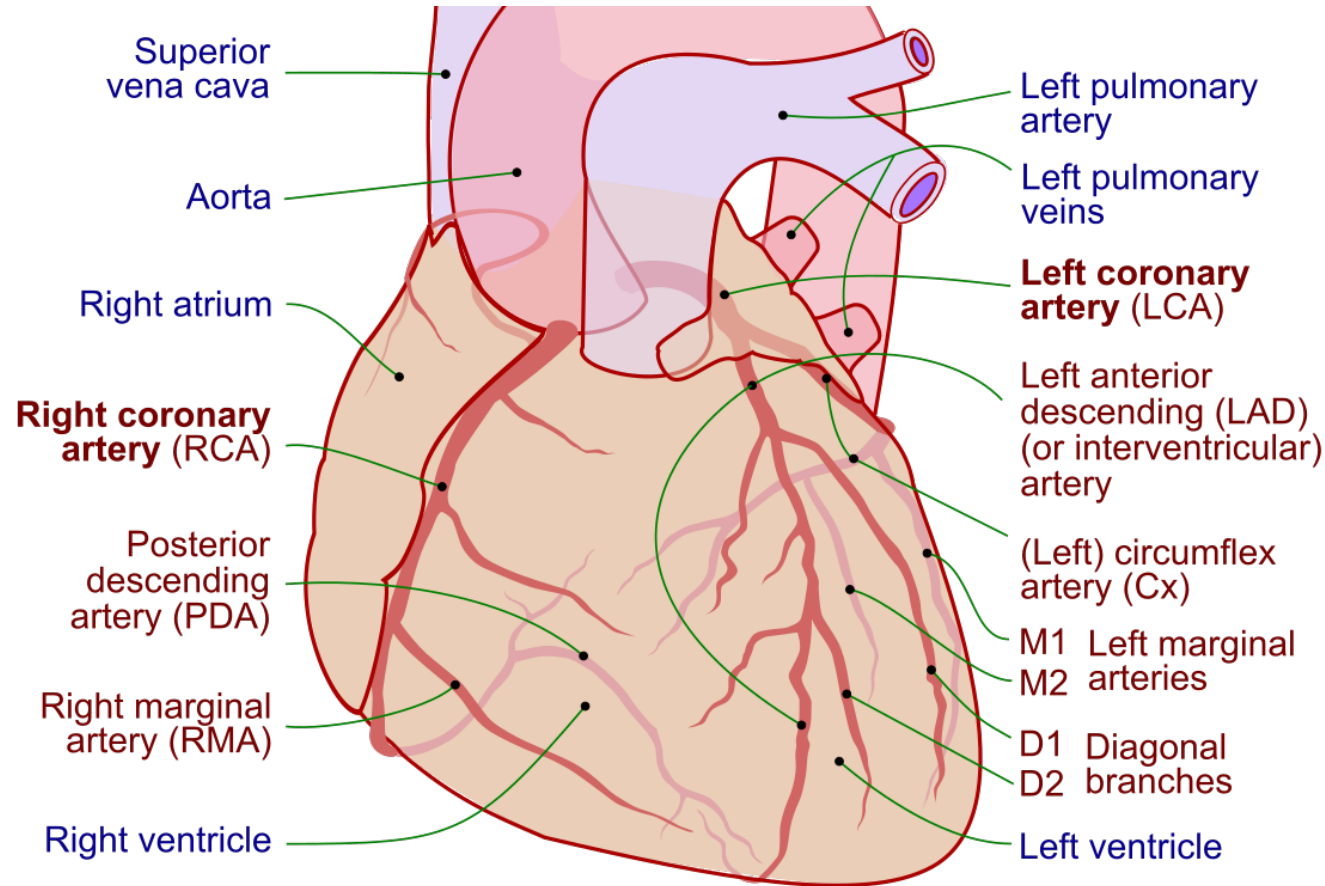
Open



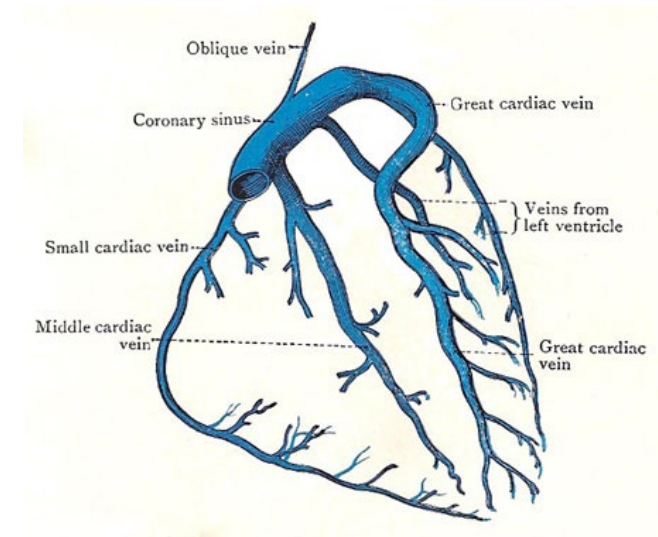
Closed

Anatomy of the heart

- Heart vasculature



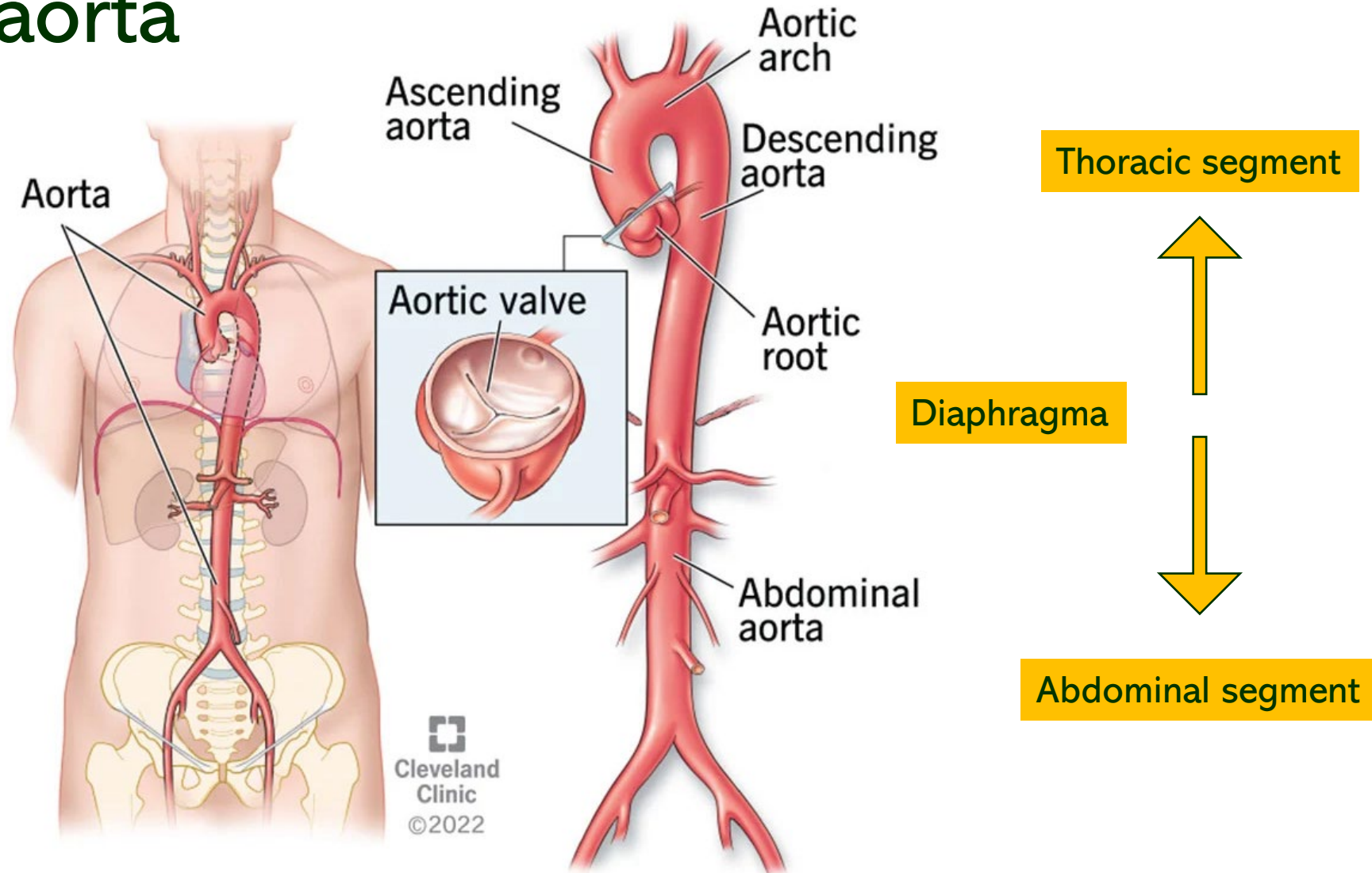
https://en.wikipedia.org/wiki/File:Coronary_arteries.svg



https://www.google.com/url?sa=i&url=https%3A%2F%2Fwww.daviddarling.info%2Fencyclopedia%2F%2Fcoronary_vein.html&psig=AOvVaw2cMjH6eYx7PgjR5ccZvYAu&ust=1697275027764000&source=images&cd=vfe&opi=89978449&ved=OCBEQjRxqFwoTCJt-qrY8oEDFQAAAAAdAAAAAB1

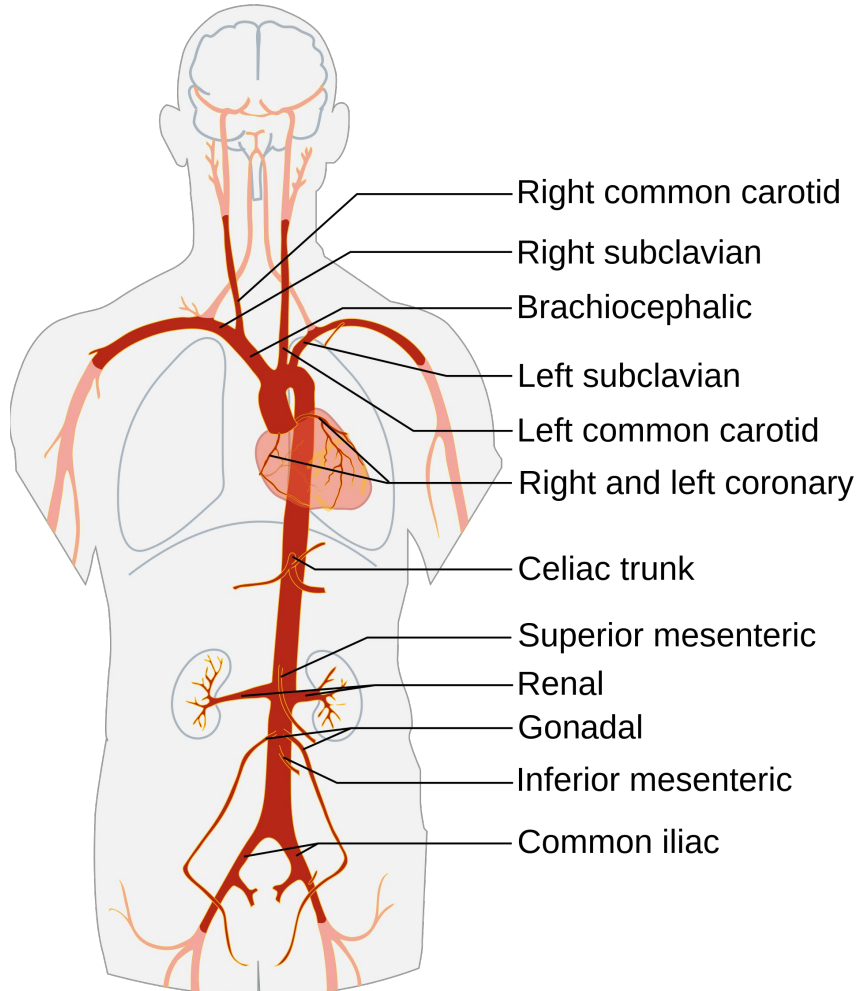
Blood vessels

- The aorta

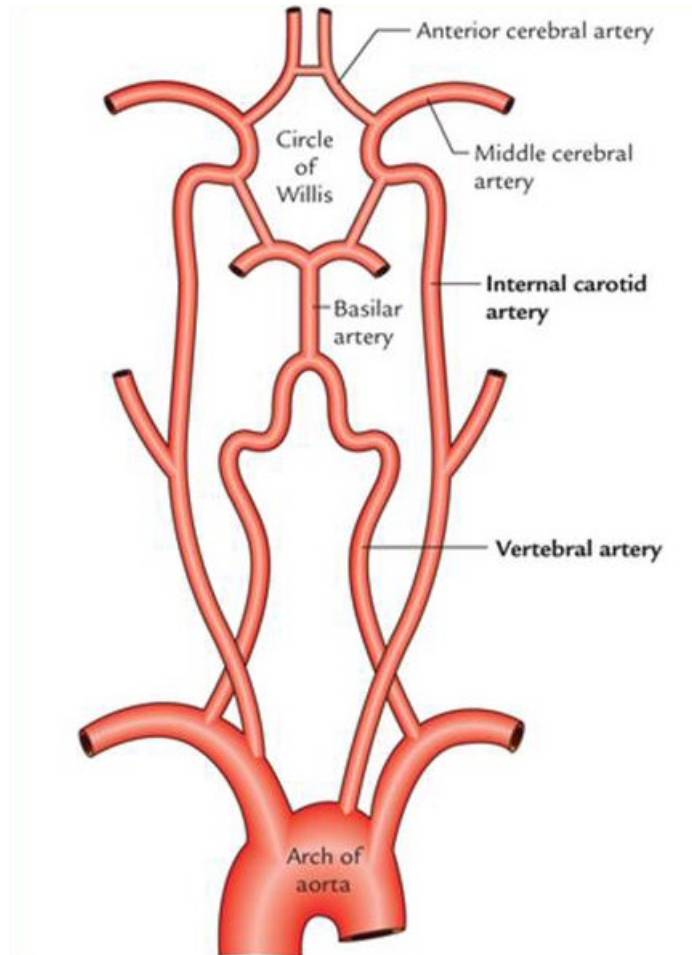


Blood vessels

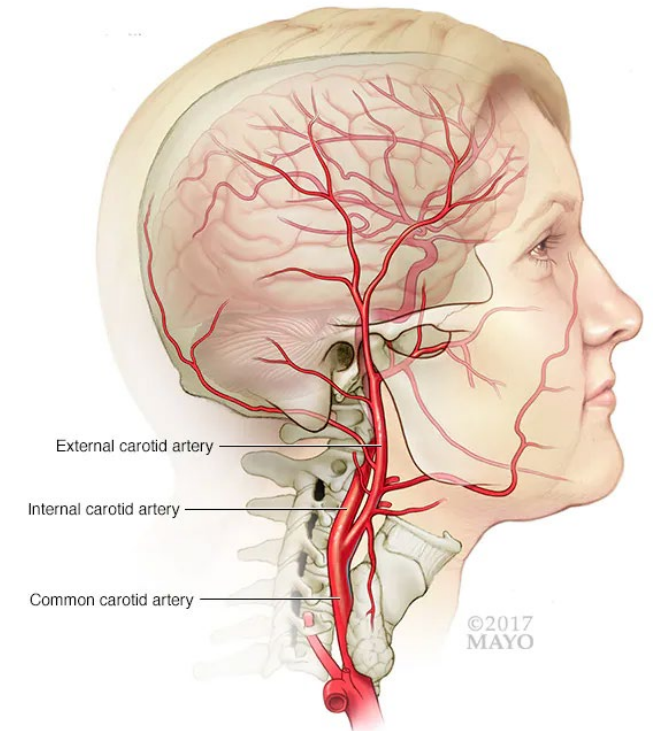
- Blood supply to the brain



https://commons.wikimedia.org/wiki/File:Aorta_branches.jpg



<https://doctorlib.info/anatomy/textbook-clinical-neuroanatomy/15.html>

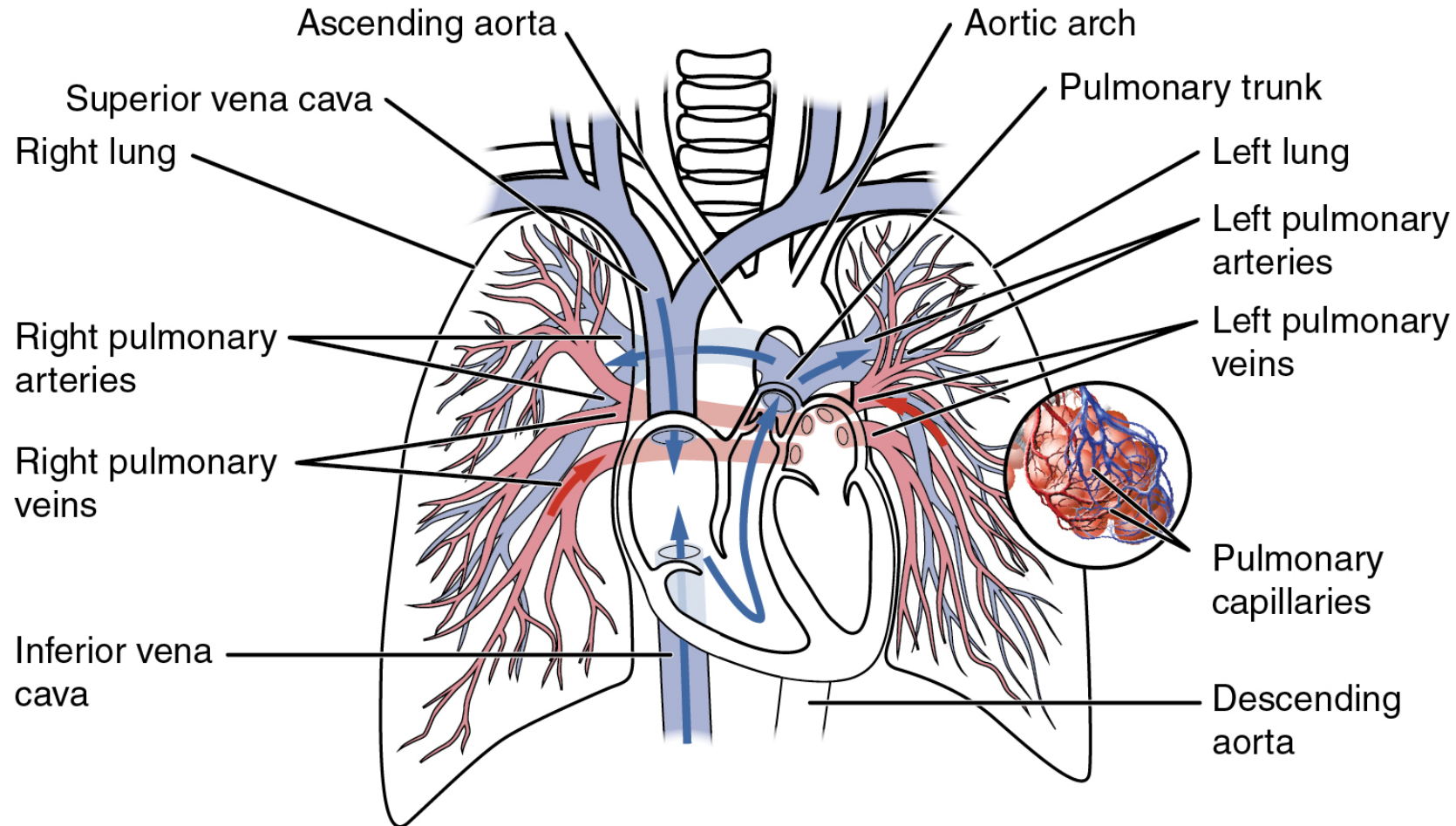


© MAYO FOUNDATION FOR MEDICAL EDUCATION AND RESEARCH. ALL RIGHTS RESERVED.

https://www.mayoclinic.org/-/media/kcms/gbs/patient-consumer/images/2017/11/07/19/55/mcdc7_carotidartery-8col.jpg

Blood vessels

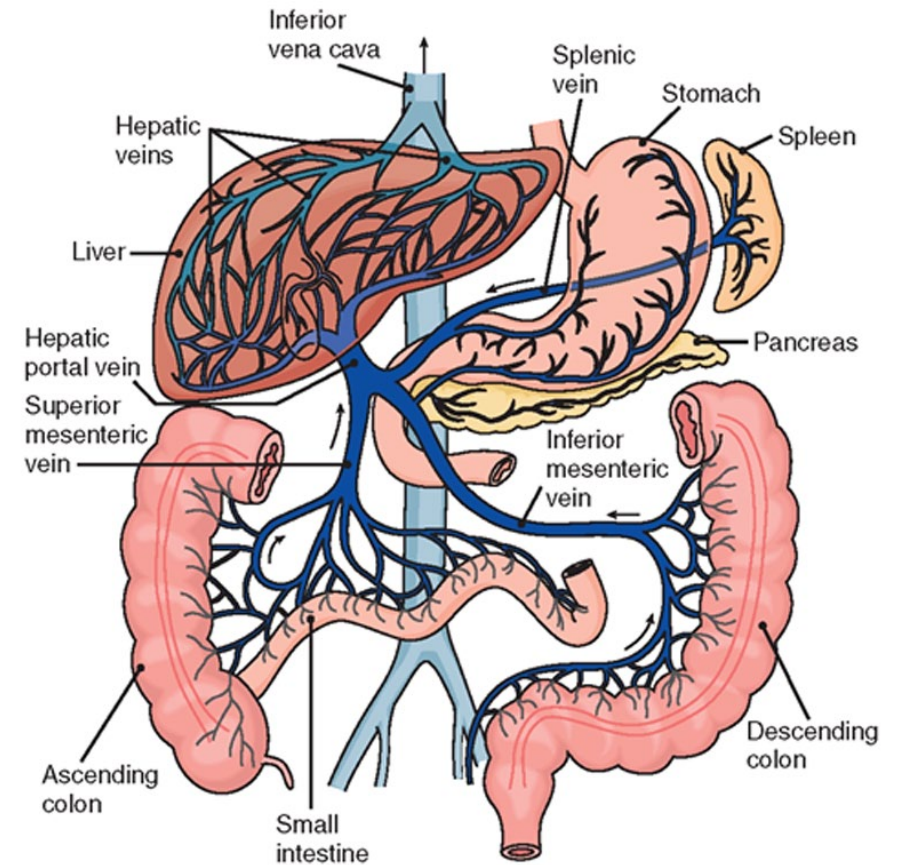
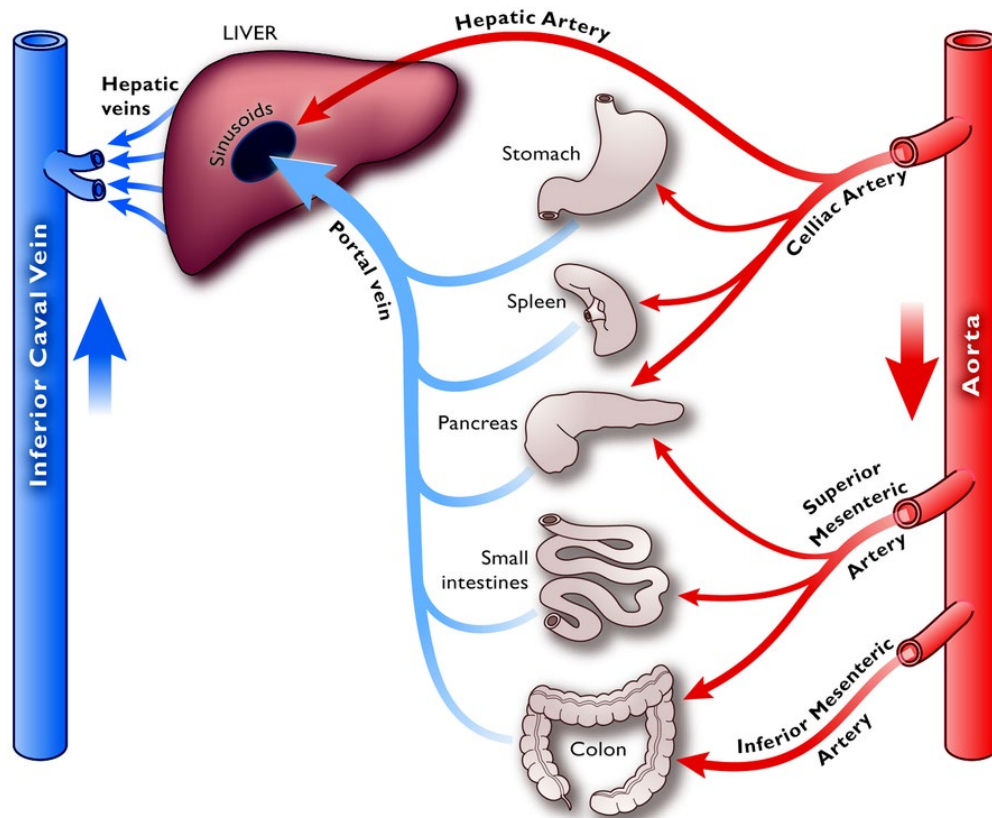
- Pulmonary circulation



Blood vessels

(Hepatic) Portal circulation

The portal vein does not carry blood from the organs towards the heart but to the next organ, which is the liver.



Blood vessels

- Internal structure
3-layered design

The Heart

Endocardium

Myocardium

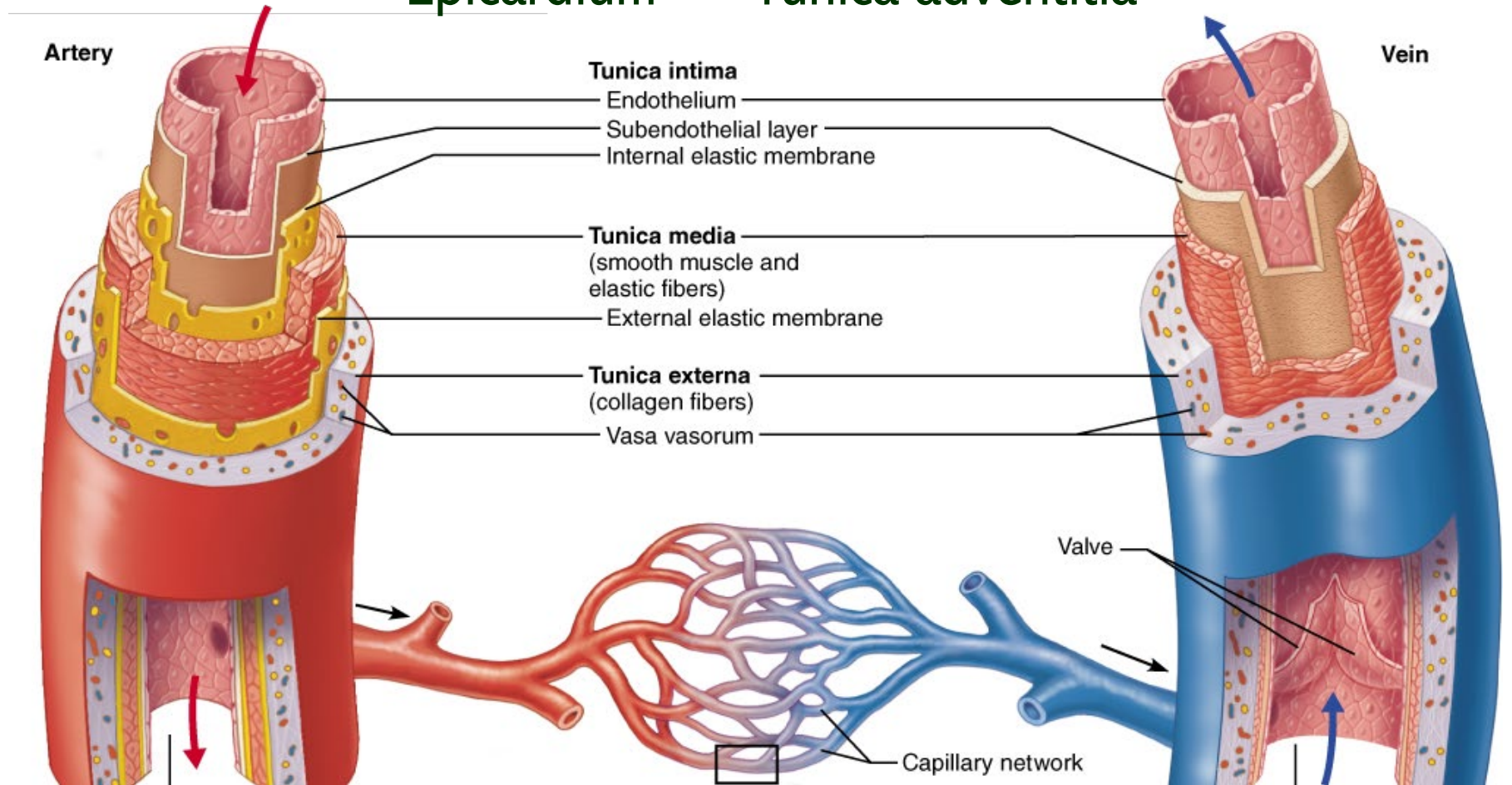
Epicardium

Arteries/Veins

Tunica intima

Tunica media

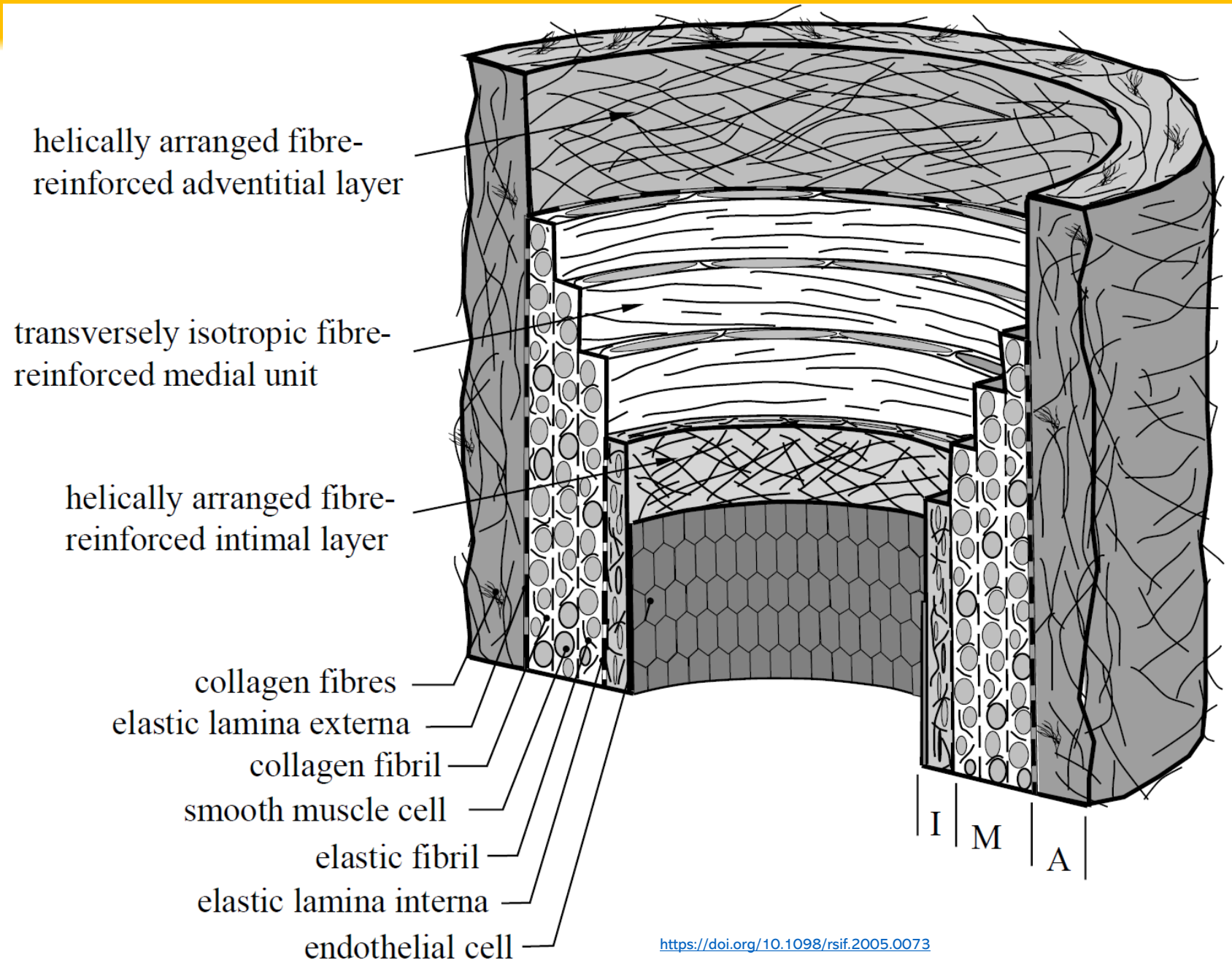
Tunica adventitia



Blood vessels

- **Internal structure**

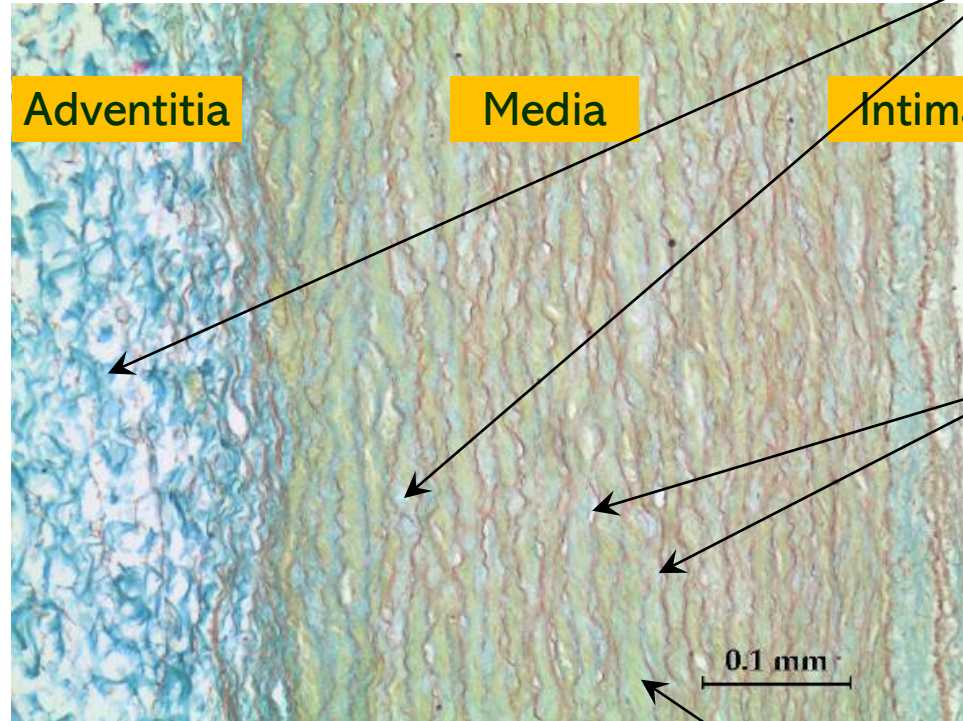
3-layered tube
-tunica intima
-tunica media
-tunica adventitia



Blood vessels

- Histology**

section stained by orcein - elastica



Adventitia

Media

Intima

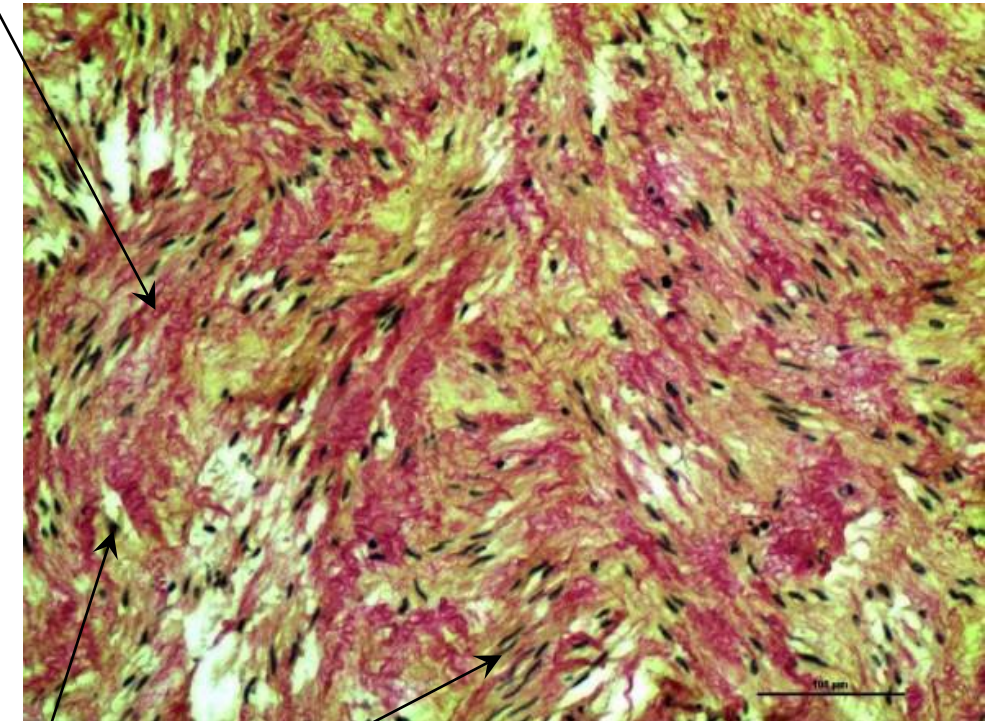
Section of the huma abdominal aorta
(out-of-plane dir = circumferential)

Approx. helically arranged bundles of collagen fibrils

(Fenestrated) Concentric elastic lamellas

Smooth muscle cells

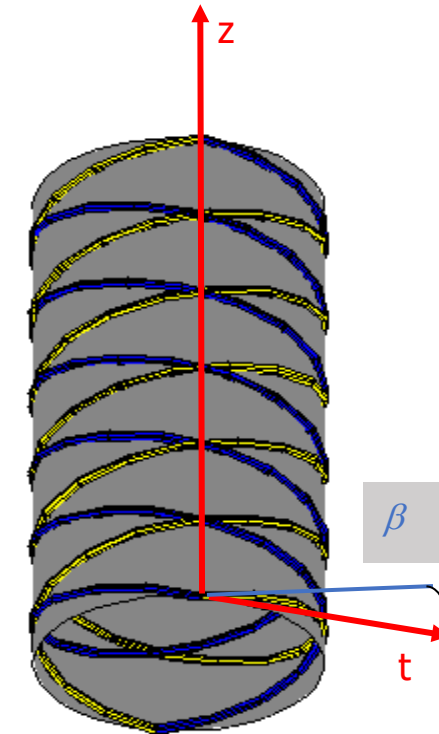
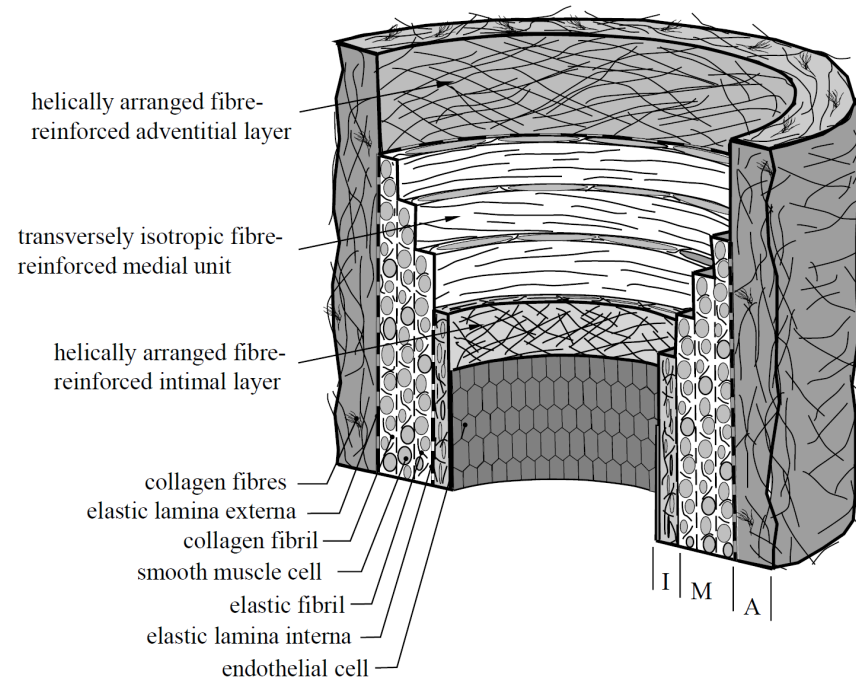
and by Weigert - van Gieson



Section of the huma abdominal aorta
(out-of-plane dir = radial)

Blood vessels

- **Internal architecture**
theoretical model simplifies complex arrangement

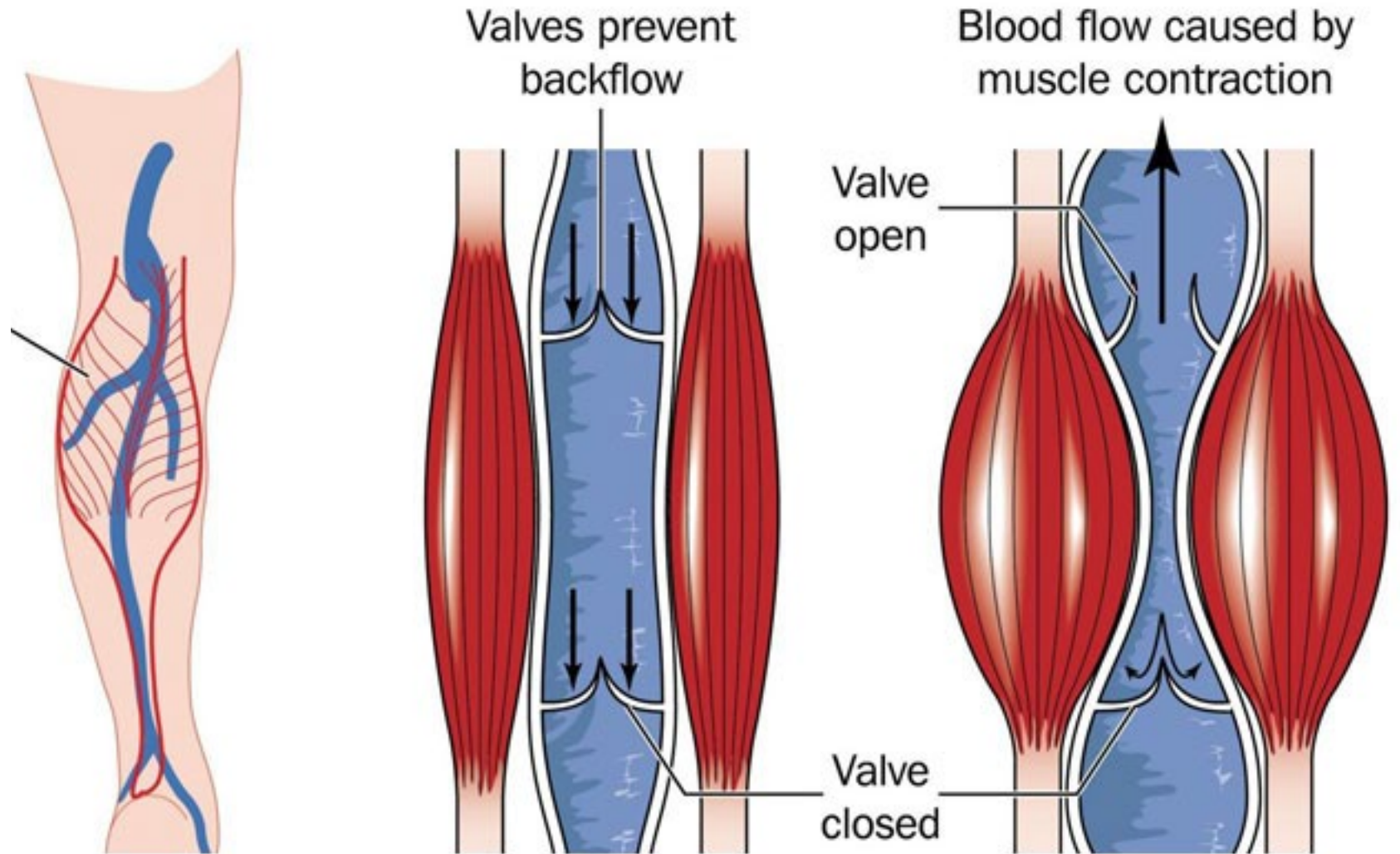


Blood vessels

- Vein valves

The veins are thin and highly compliant so that they can collapse under the external pressure of the muscles in the pump mechanism.

<https://classnotes123.com/wp-content/uploads/2023/03/chronic-venous-insufficiency-.jpg>



Cells

- **Cardiomyocyte**
- contractile cell
mechanical work

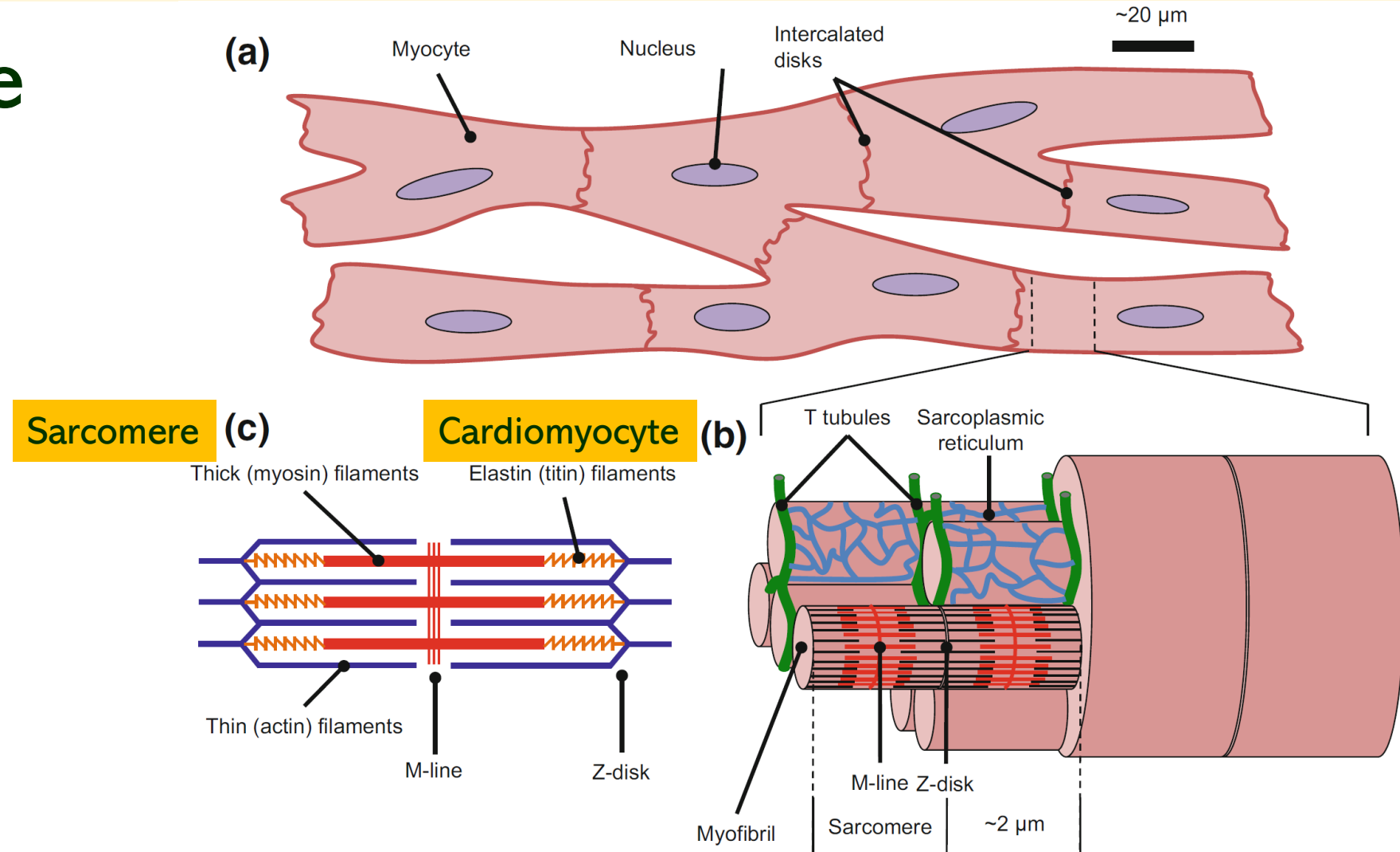
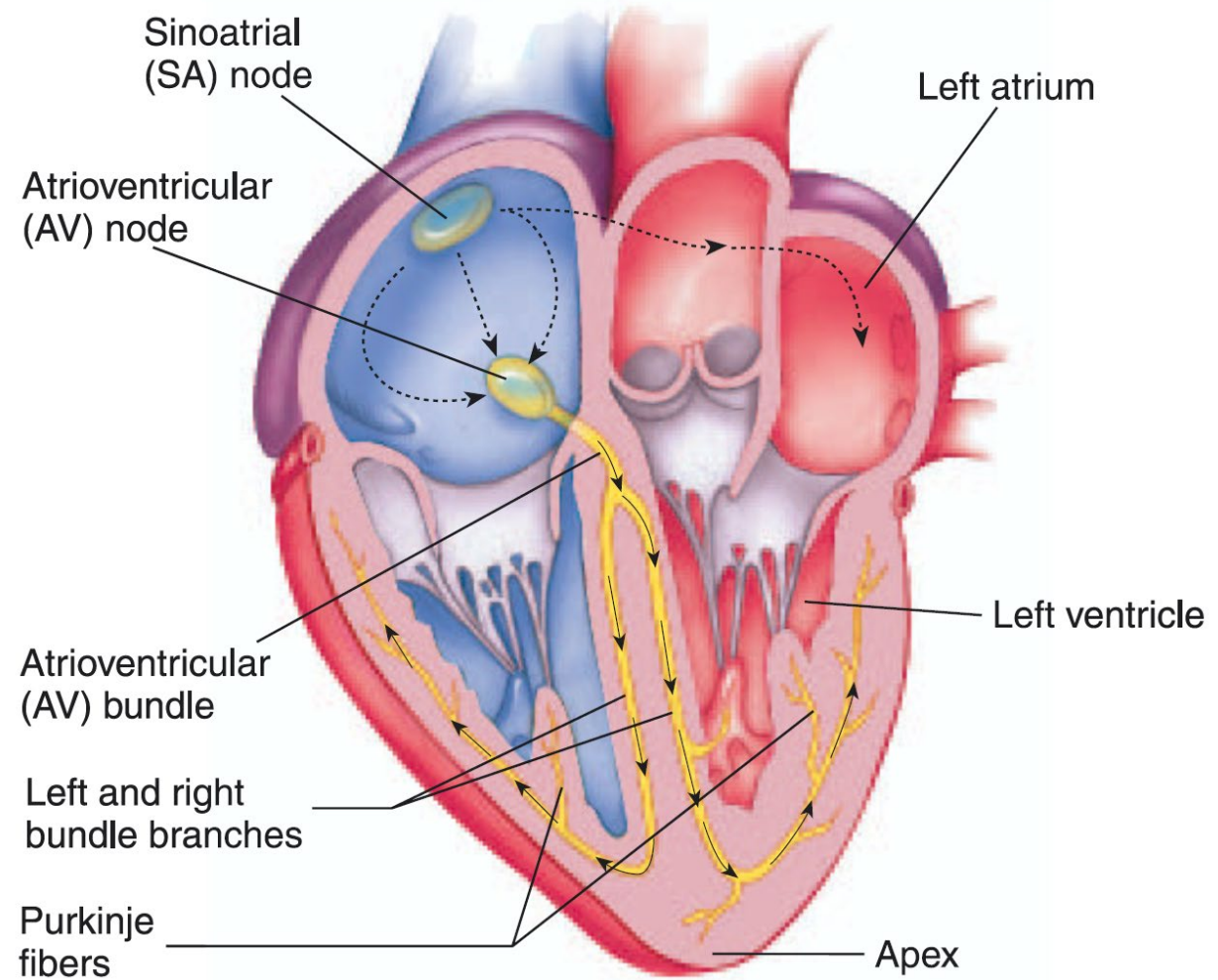


Fig. 6.3 Structure of cardiac tissue and myocytes. **a** Arrangement of cardiac myocytes and connections between them. **b** Internal structure of myocyte. **c** Diagram showing the contractile apparatus within a myofibril

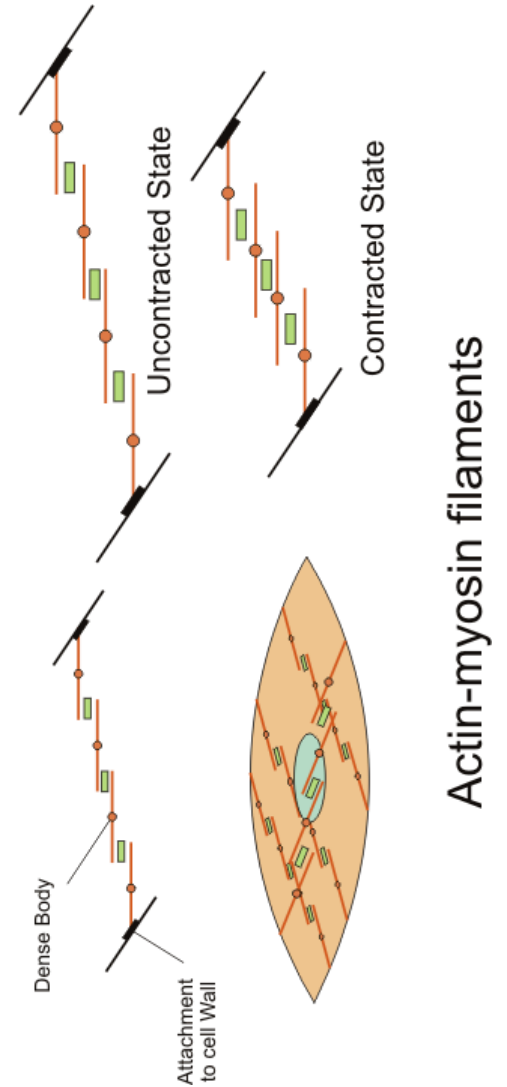
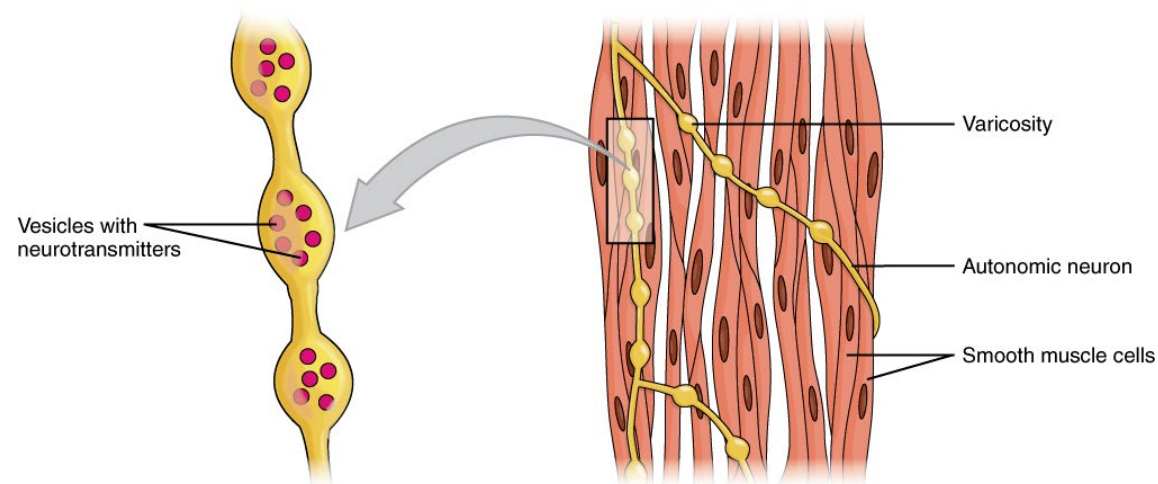
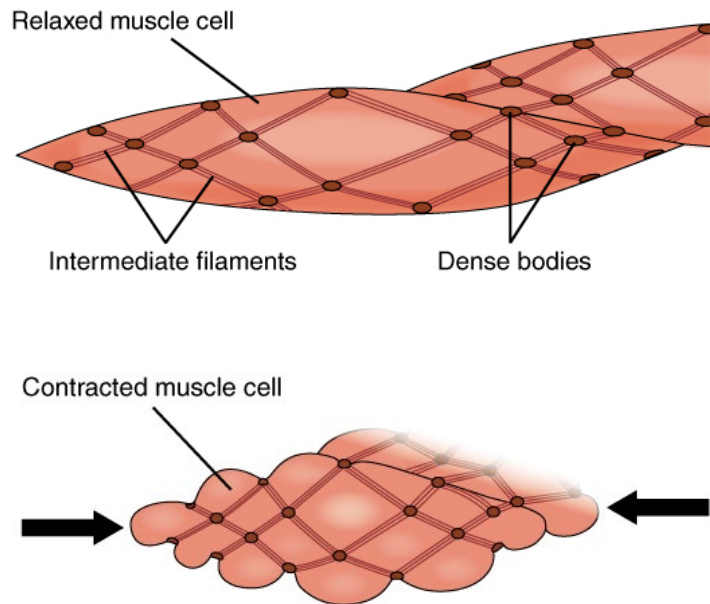
Cells

- **Cardiomyocyte**
 - **pacemaker**
(conductor) cell
signal transfer



Cells

- Smooth muscle cell
 - in the tunica media
 - contractile
 - ECM synthesis

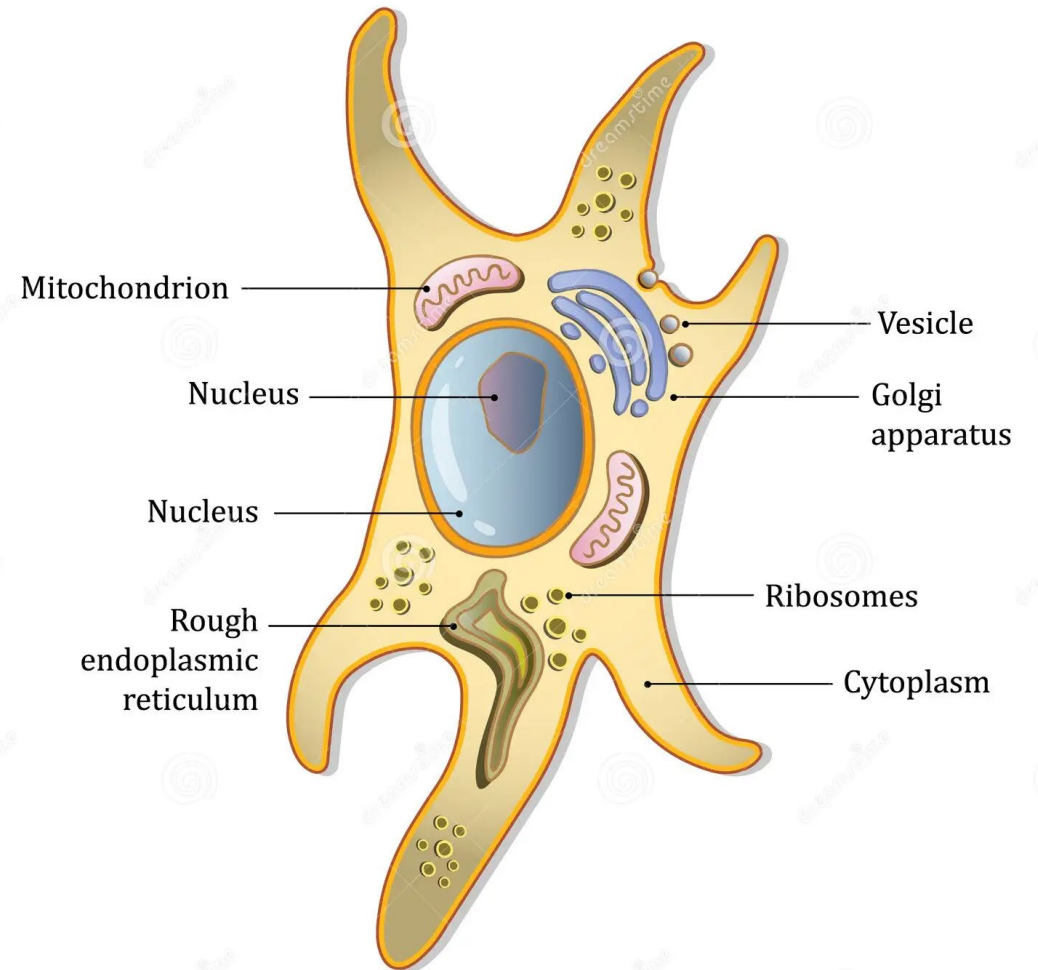


Cells

- **Fibroblast**
 - in the tunica adventitia
 - **synthesis of extracellular matrix** (building proteins)

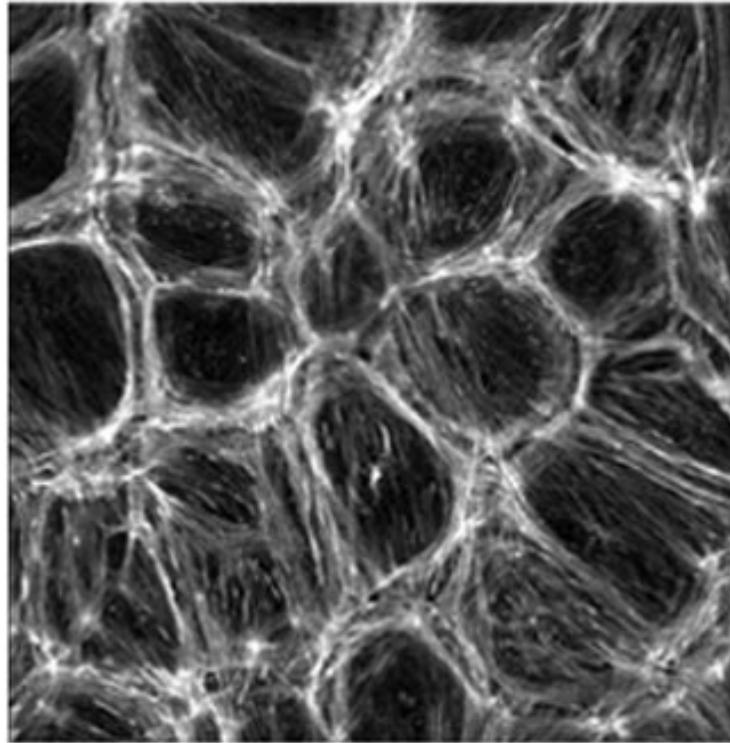
collagens
elastic fibers

FIBROBLAST

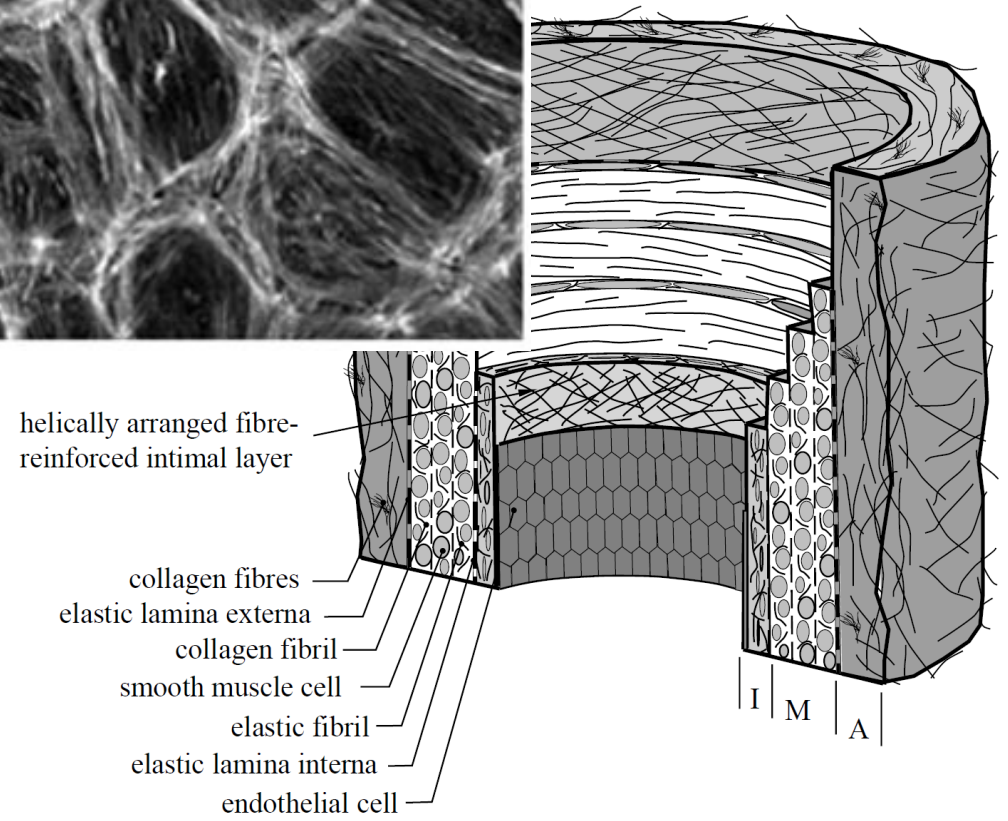


Cells

- Endothelial cell
 - mechano-sensitive element converts mechanical signal to chemical signal
 - communication element controls passage of substances from bloodstream into the wall



<https://www.sciencedirect.com/science/article/pii/S0002944010632099>



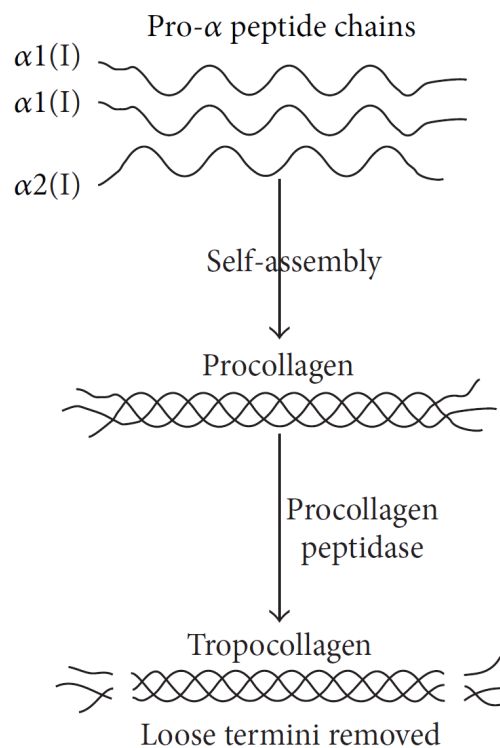
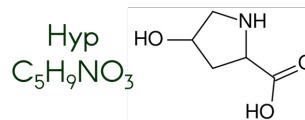
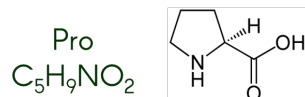
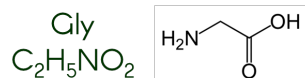
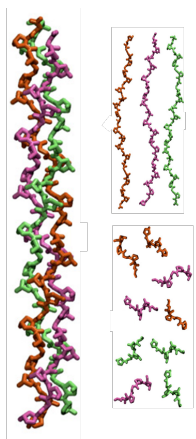
Extracellular matrix

- Networks of collagen fibers
- Elastic fibers and membranes
- Laminins and integrins
- Ground substance
gel-like mixture of various glycosaminoglycans, proteoglycans and glycoproteins
+ water

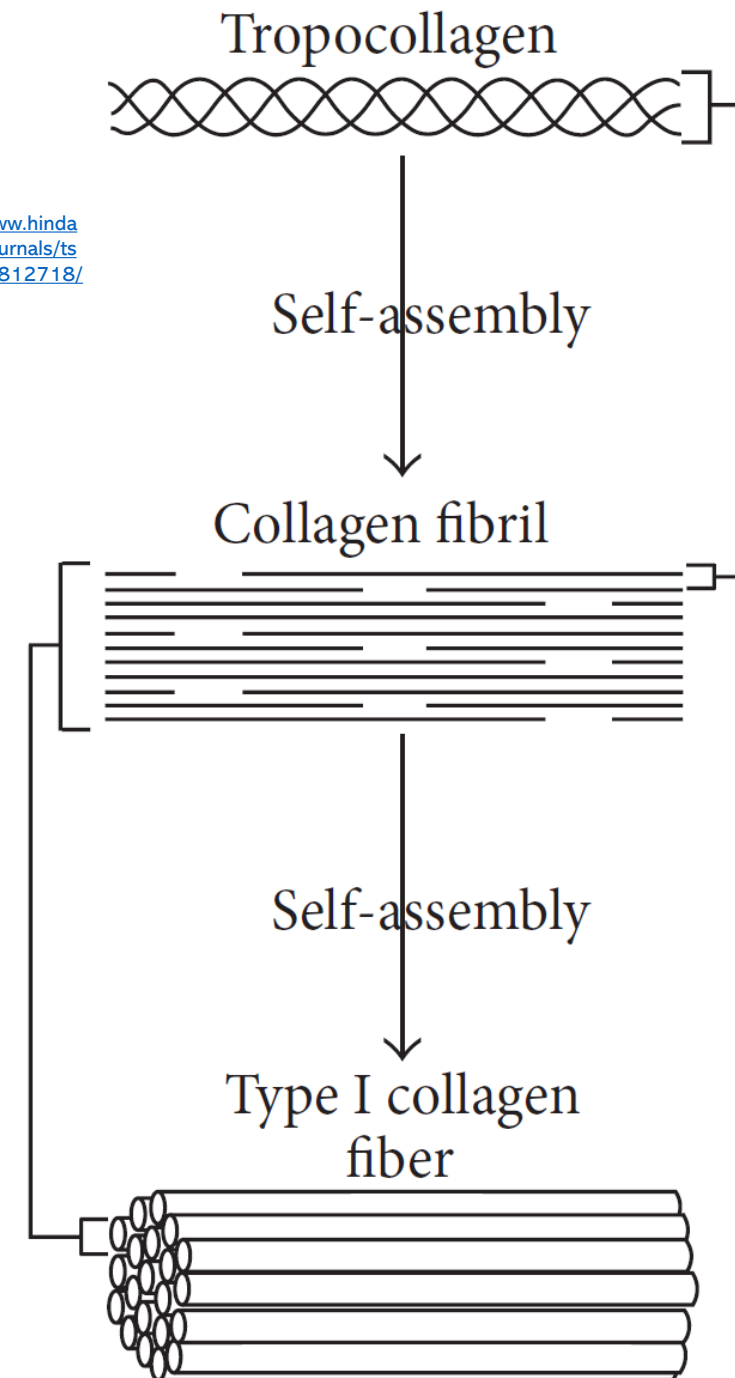
Collagen

- Forms Networks of fibers
- Collagen macromolecule = tropocollagen

3-helix chain of amino acids



<https://www.hindawi.com/journals/tswj/2013/812718/>



Collagen

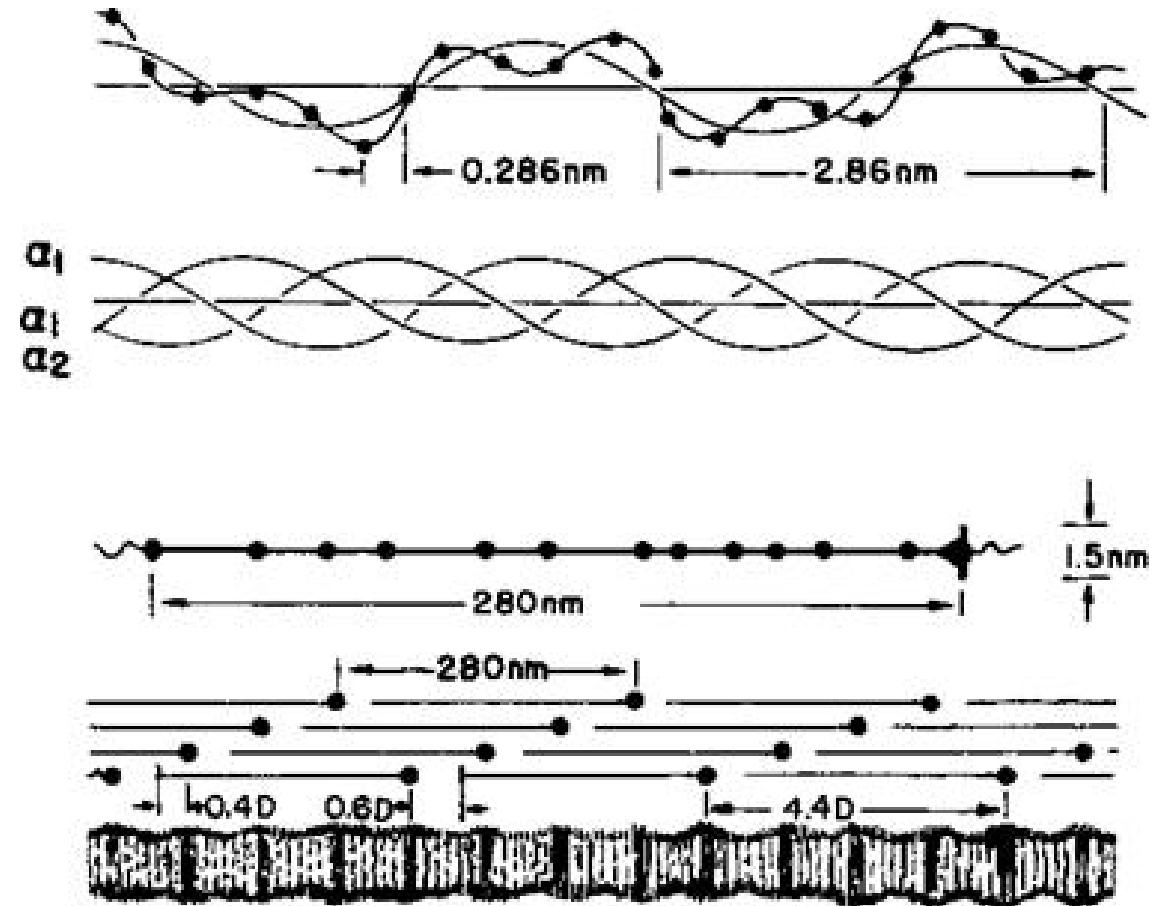
- Approx 30 isomers

collagen
molecular mass
 $\approx 300\ 000$ g/mole

Chained amino acids

Alpha chains
forming
(macro)molecule

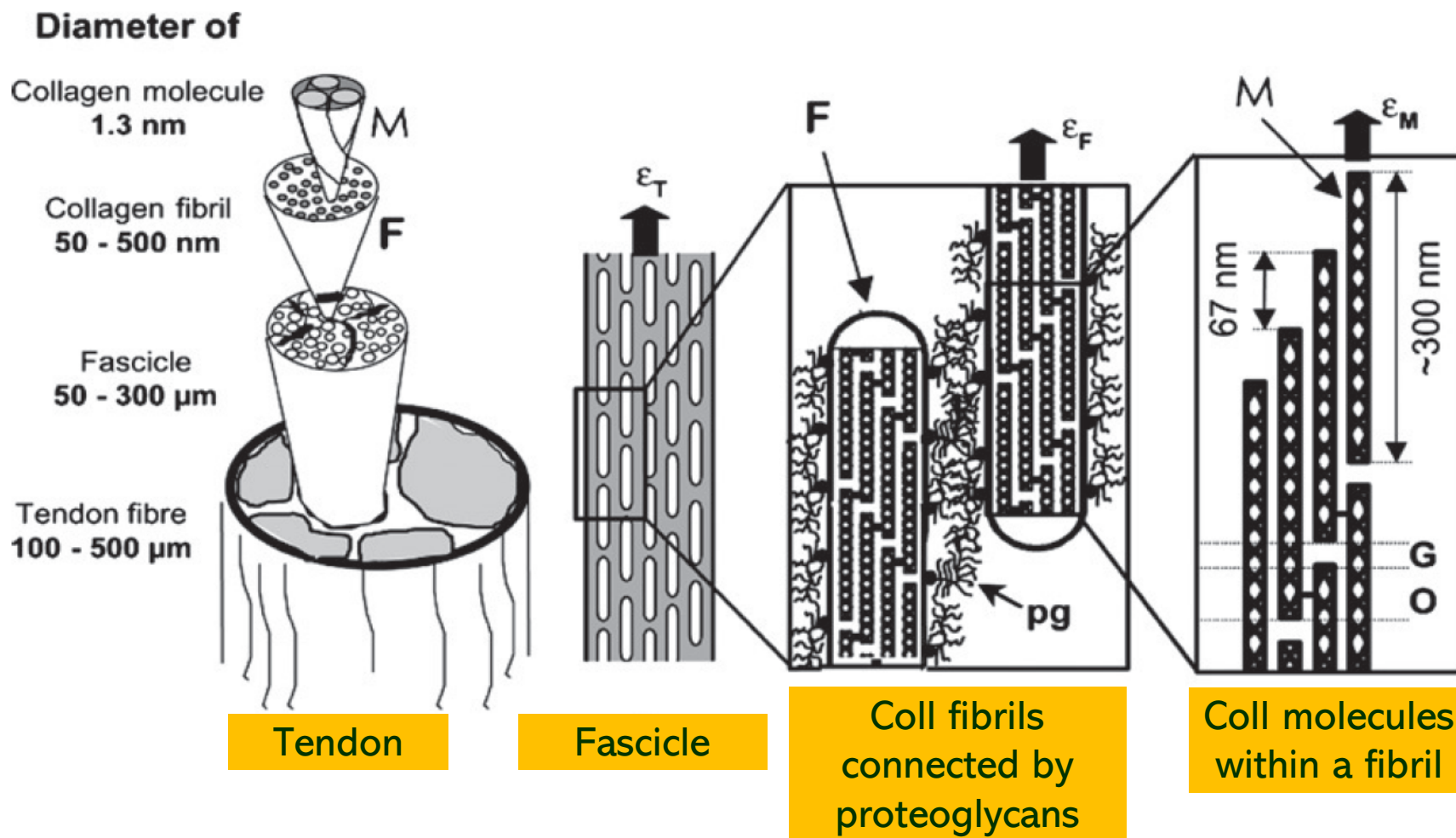
(Macro)Molecules
forming a fibril



Collagen

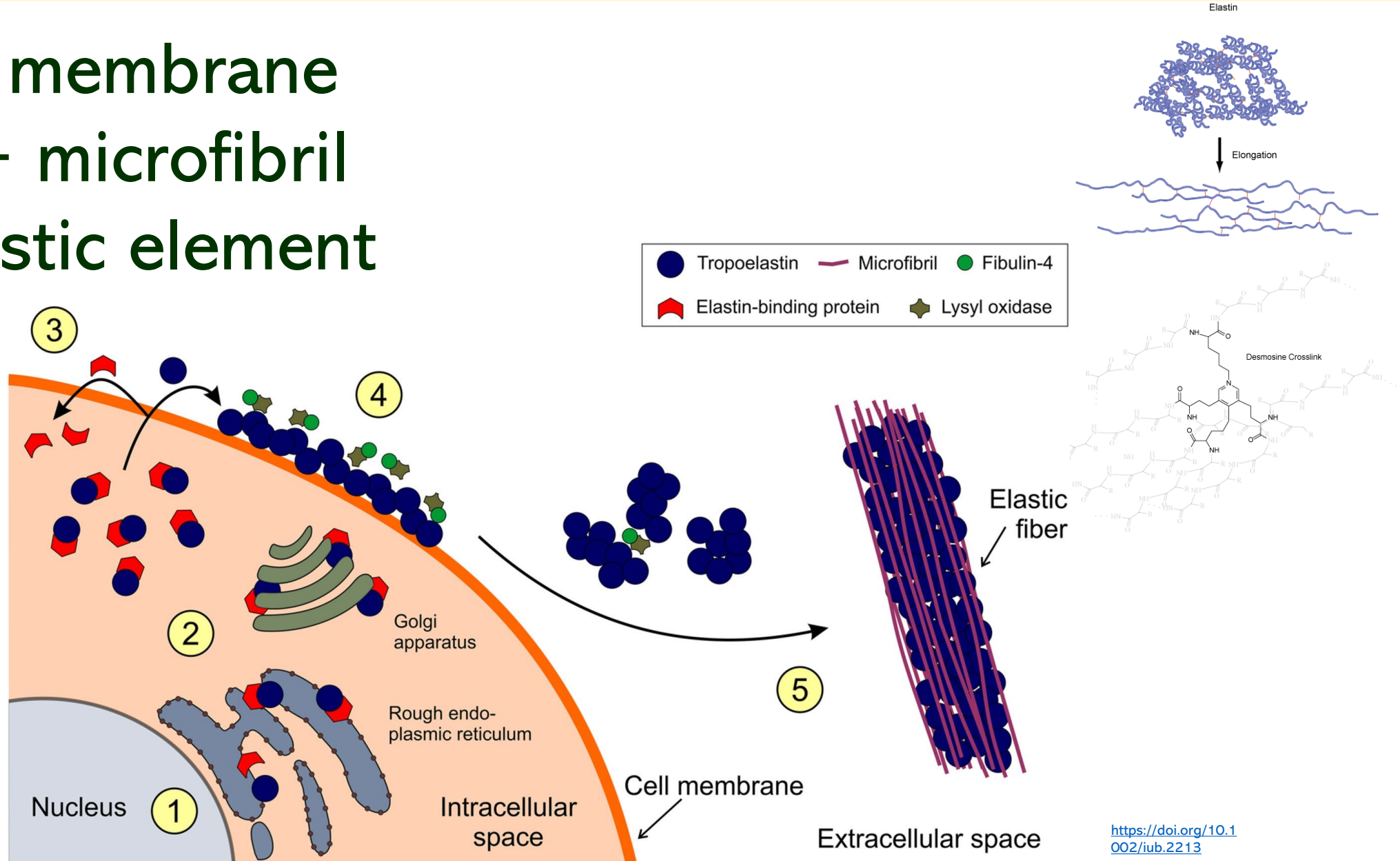
- Complex hierarchical arrangement into fibril

tendon as
an example



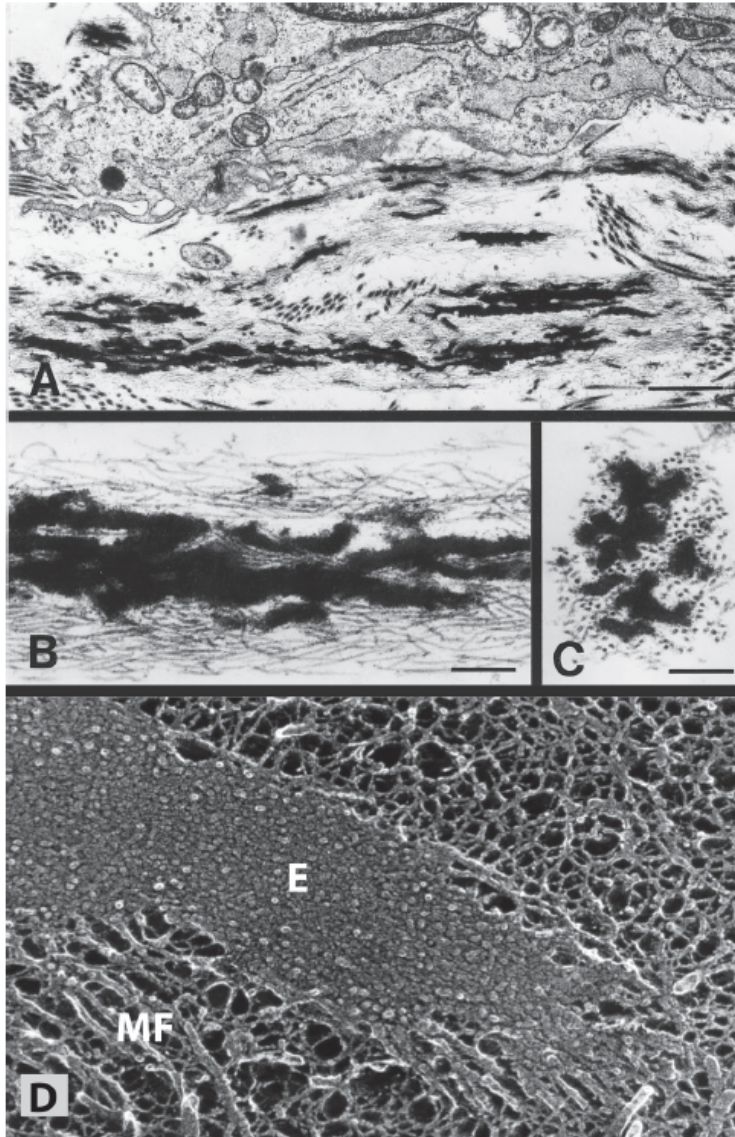
Elastic fiber

- Fiber or membrane
- Elastin + microfibril
- Main elastic element
- β -sheet



Extracellular matrix

Elastin
(β -sheet)

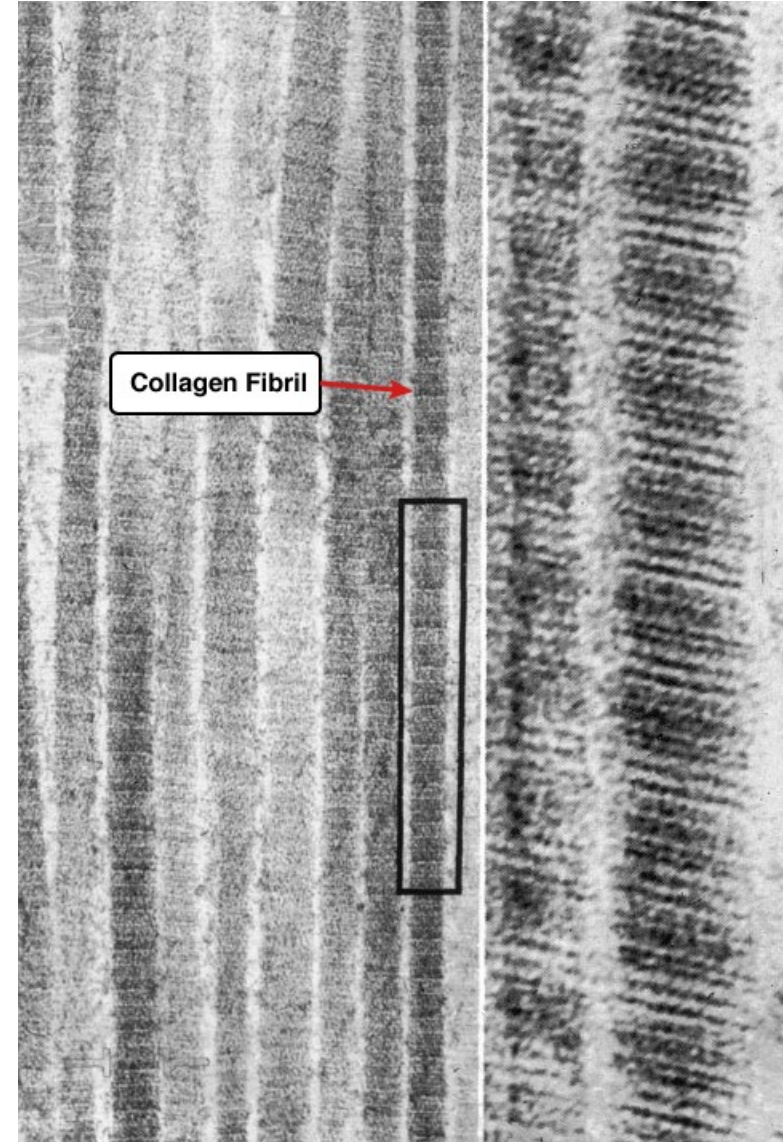


Collagen
(3 α -helix)

← 1 μ m

← 250 nm

← \approx 10 nm



Blood

- Blood is transporting medium for

O₂

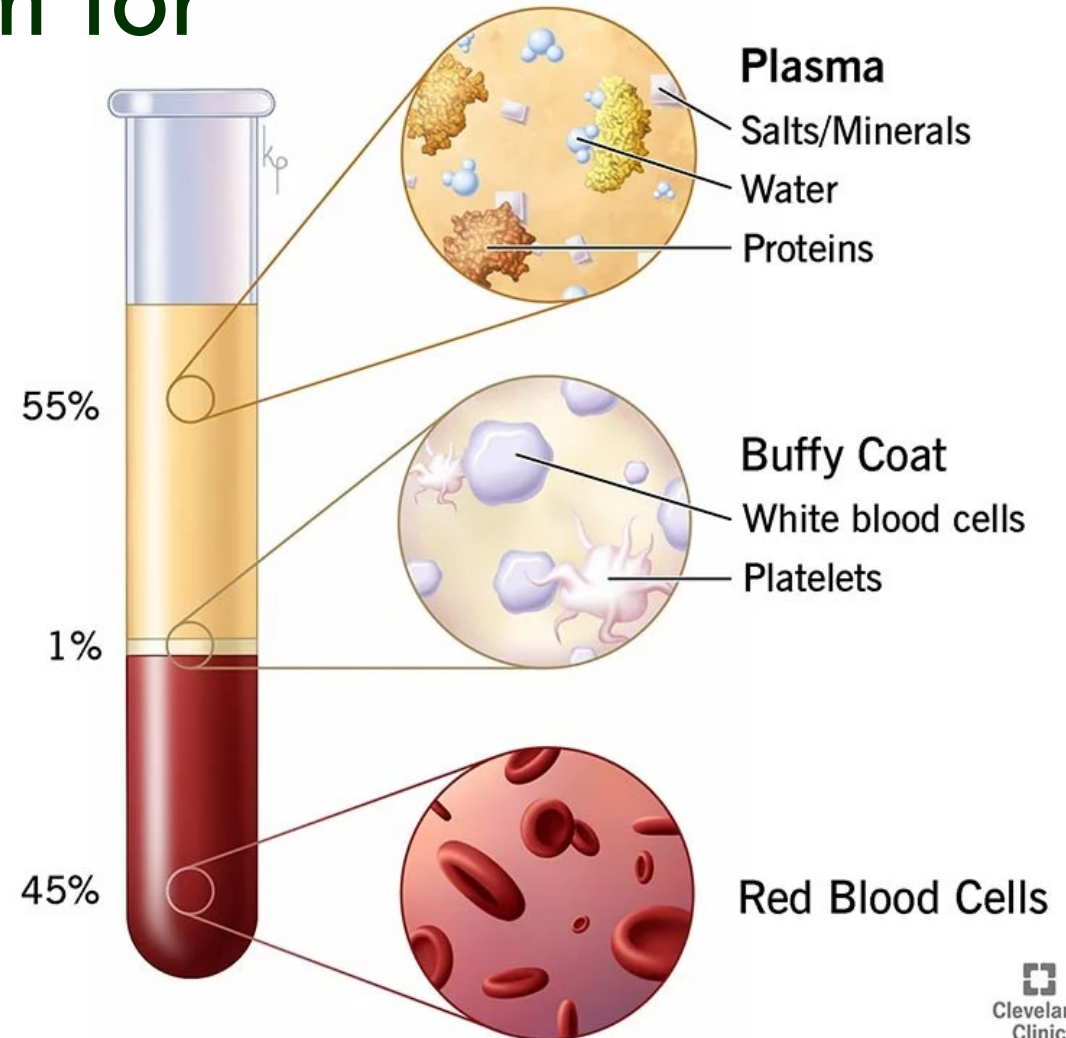
Nutrients and metabolic waste

Immune system reaction

Regulatory molecules

Heat

- The blood is a suspension of **solid particles** (approx. 45% vol.) and **blood plasma** (approx. 55% vol.) volume of 4.5 – 5.5 liters



Blood

- **Red blood cells**

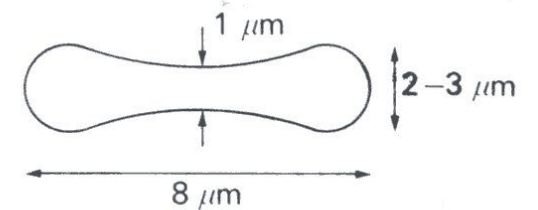
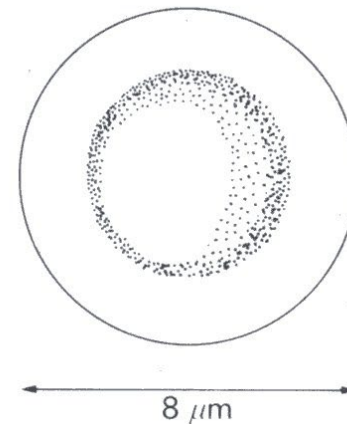
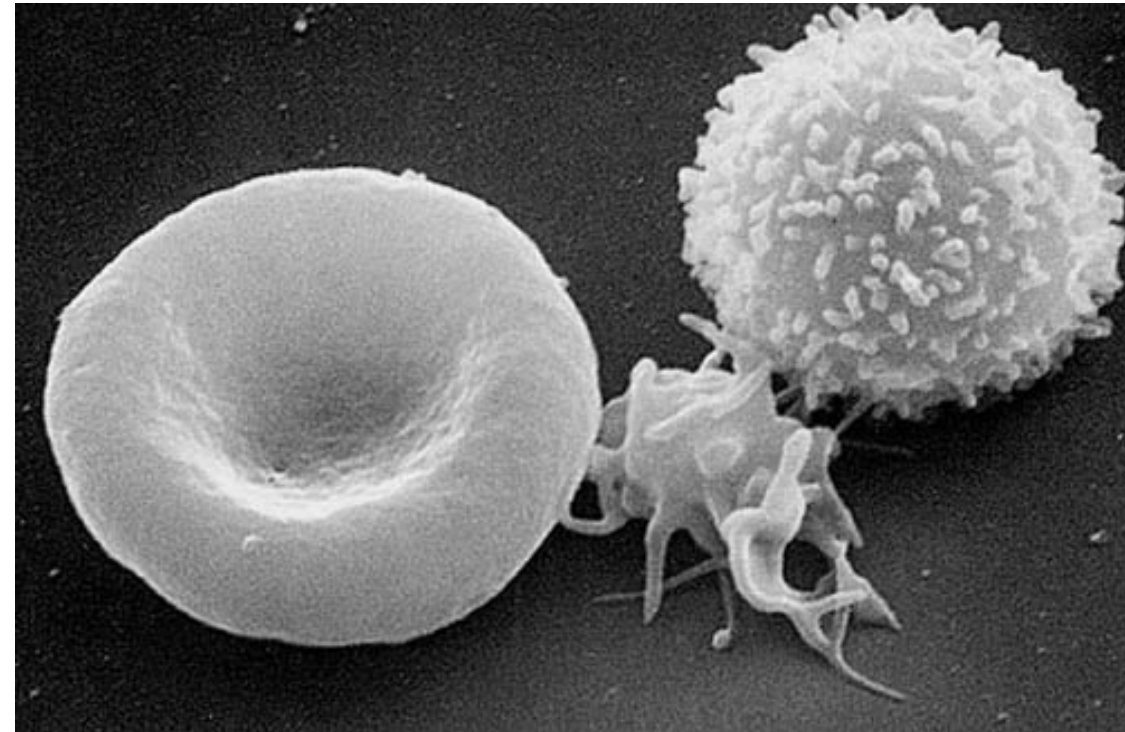
erythrocytes $\sim 5\,000\,000$ in mm^3
oxygen, lack nucleus

- **Platelets**

thrombocytes $\sim 250\,000$ in mm^3
ensure blood clotting (coagulation)
also lack nucleus

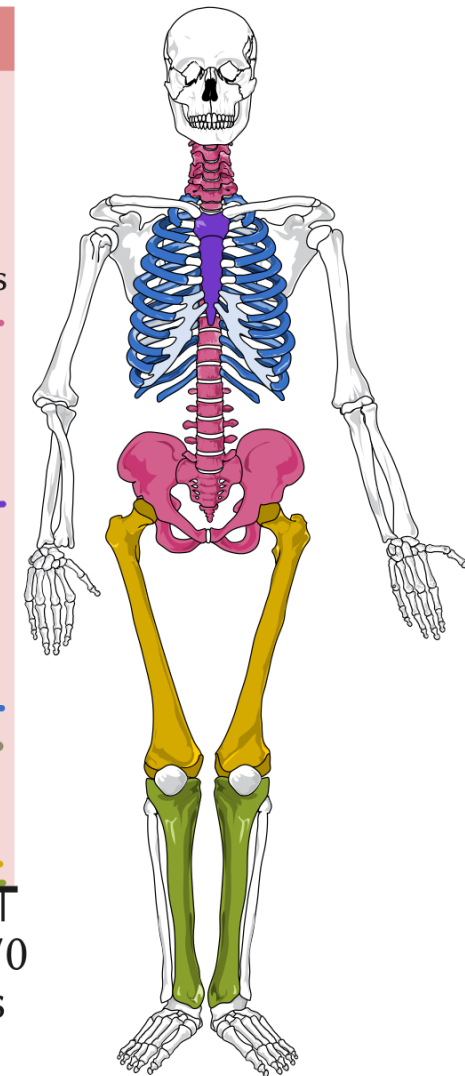
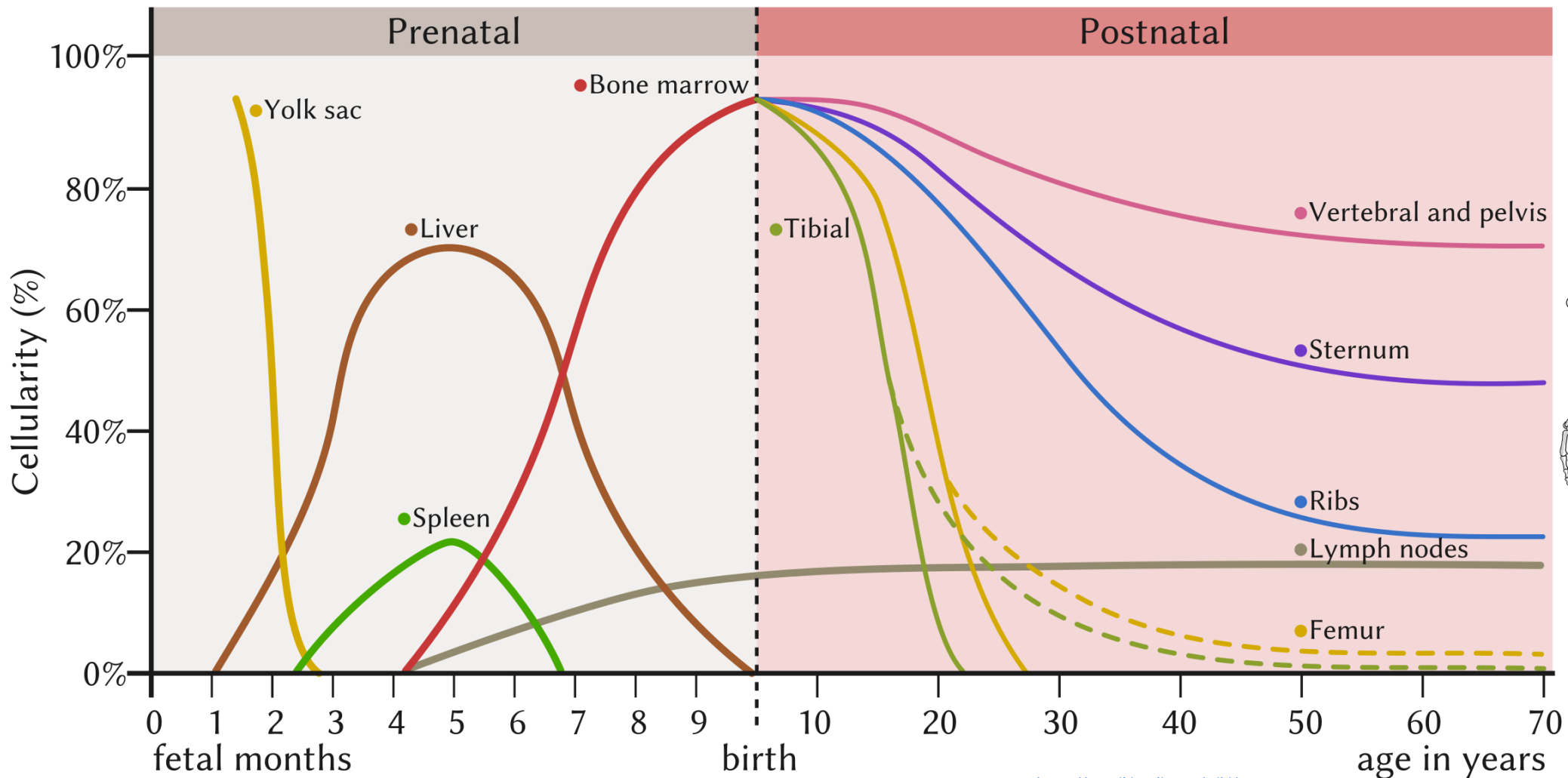
- **White blood cells**

leukocytes ~ 7000 in mm^3
immune reaction



Blood

HEMATOPOIESIS ●



Blood

- Blood plasma
 - 90% H₂O
 - 7% plasma proteins:
 - serum albumin +
 - globulins +
 - fibrinogen + ...
 - 2% hormones
 - 1% enzymes +
glucose +
minerals



Physiology of the Blood Circulation

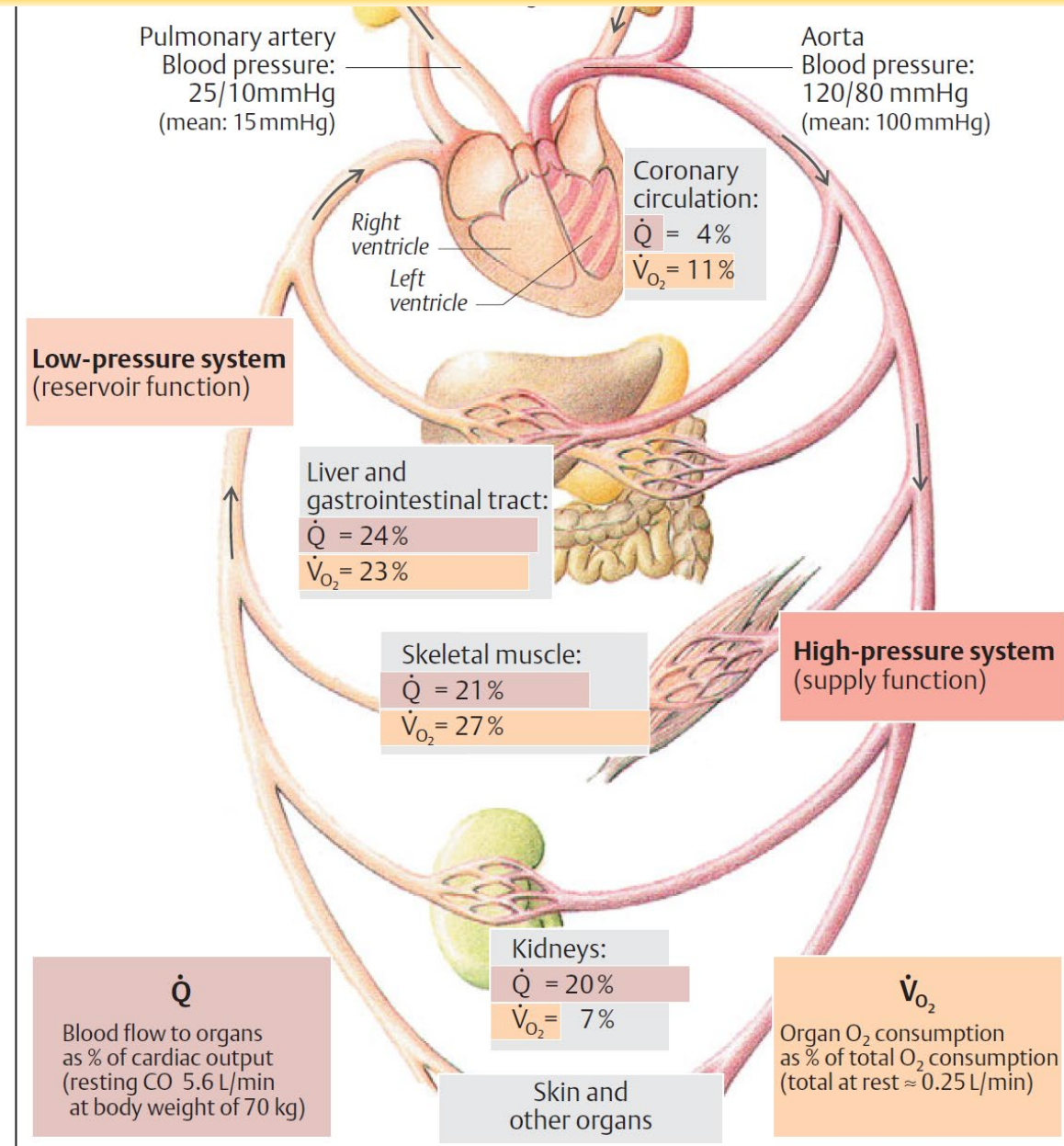
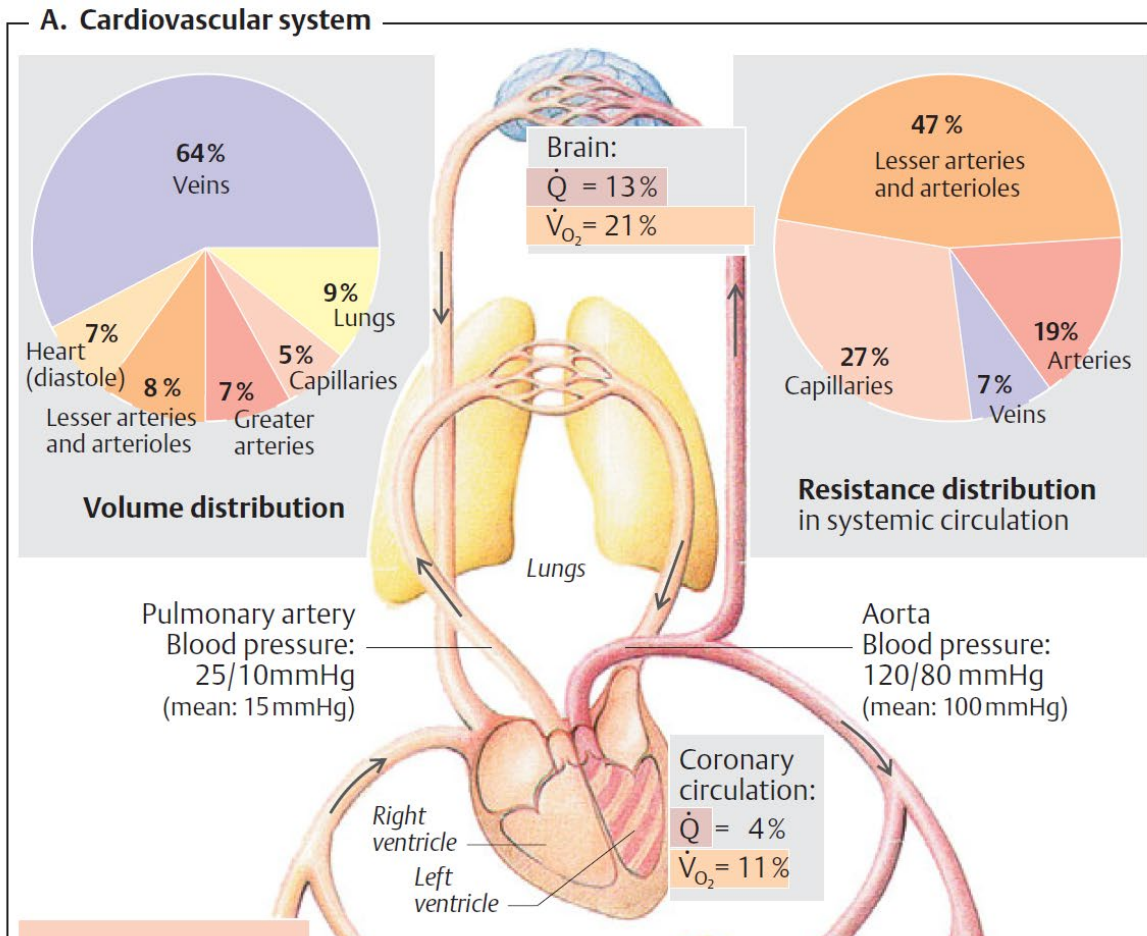
Physiology

Physiology, as the name suggests, deals with the physics of life processes in the human organism.

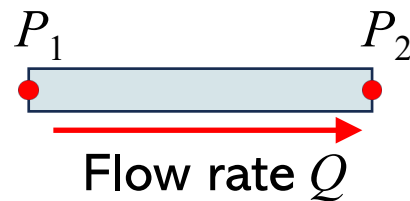
Since the purpose of the cardiovascular system is to transport blood, **the physiology of circulation is actually the essence of cardiovascular biomechanics.**

In addition to mechanics as the science of motion, another essential part is bioelectromagnetism, the electrophysiology of circulation, which deals with the electrical activity of the heart (cardiac conduction system).

General Physiology

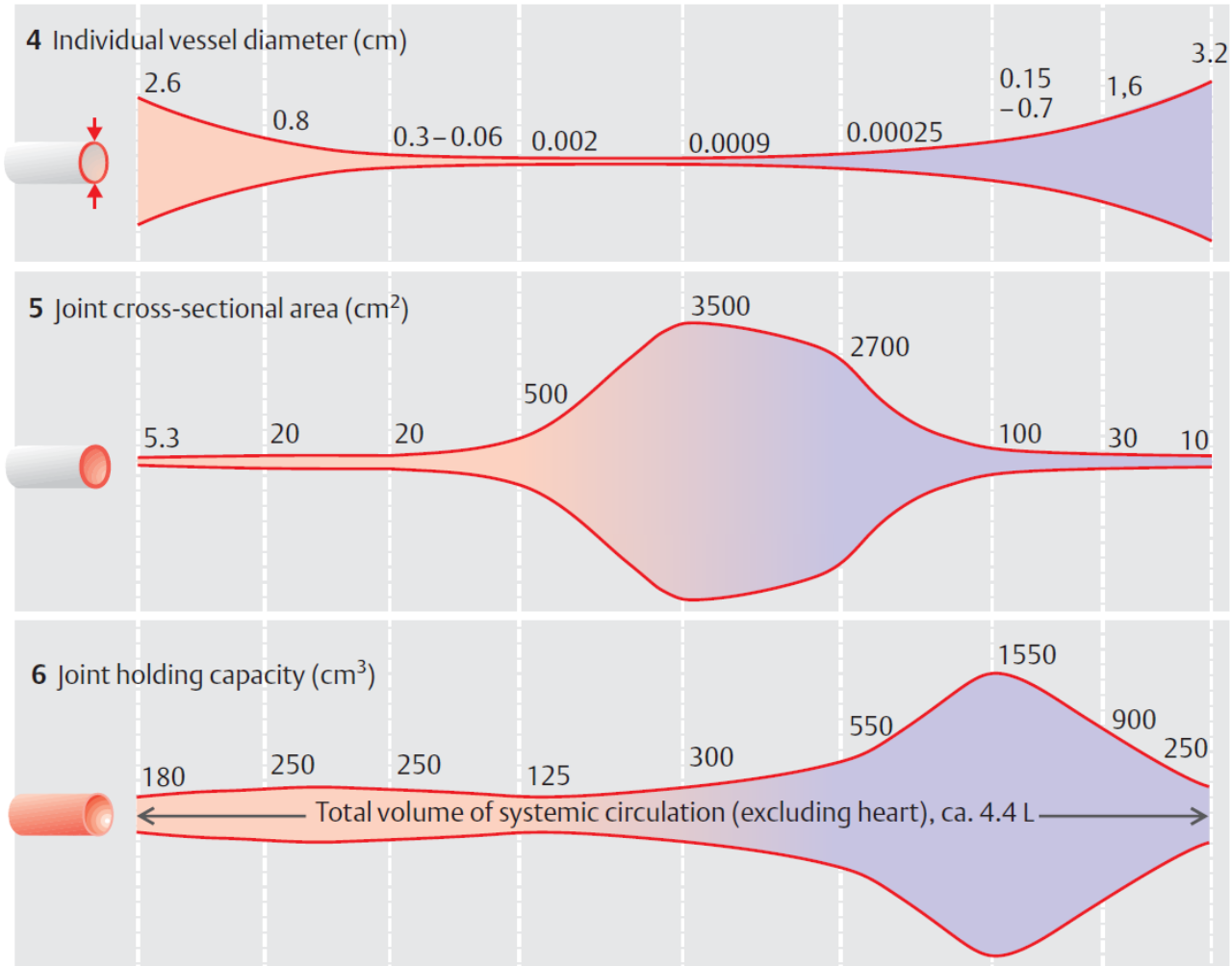
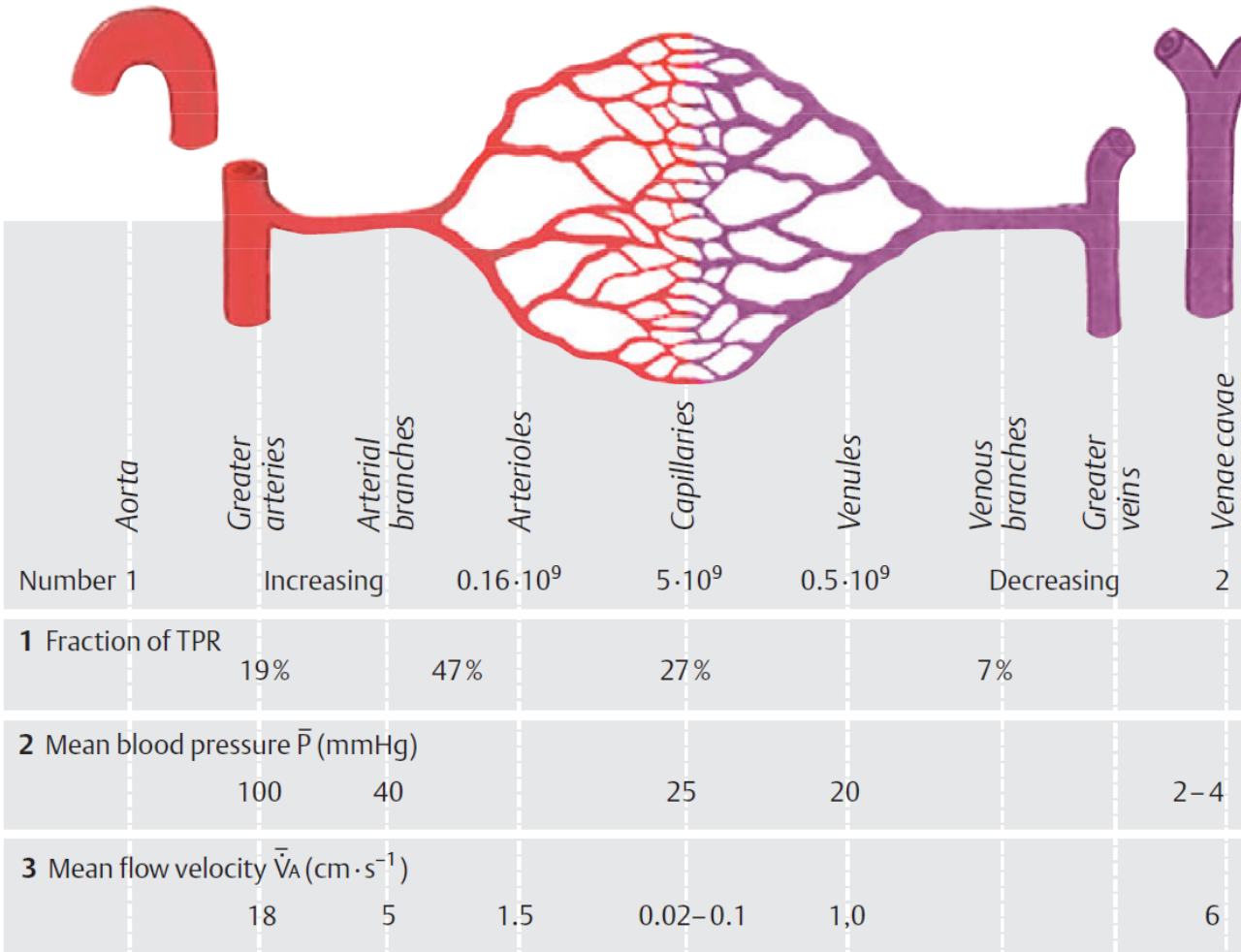


$$Q = \frac{\Delta P}{R} = \frac{P_1 - P_2}{R}$$

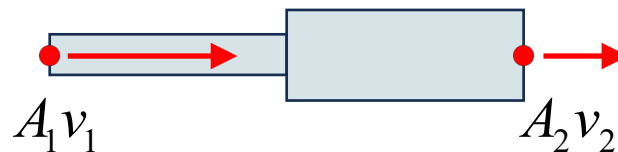


General Physiology

A. Characteristics of the vessel segments

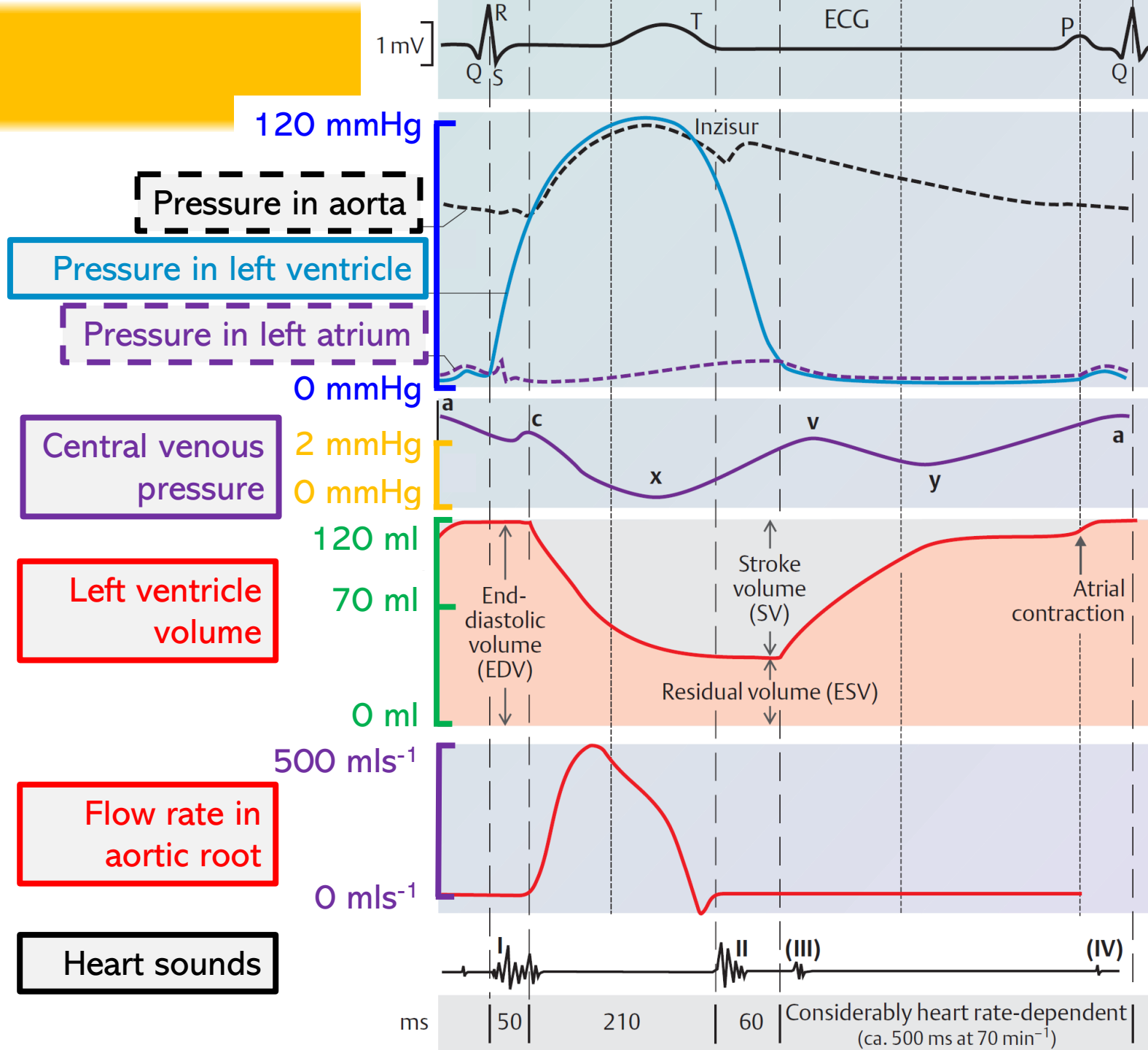
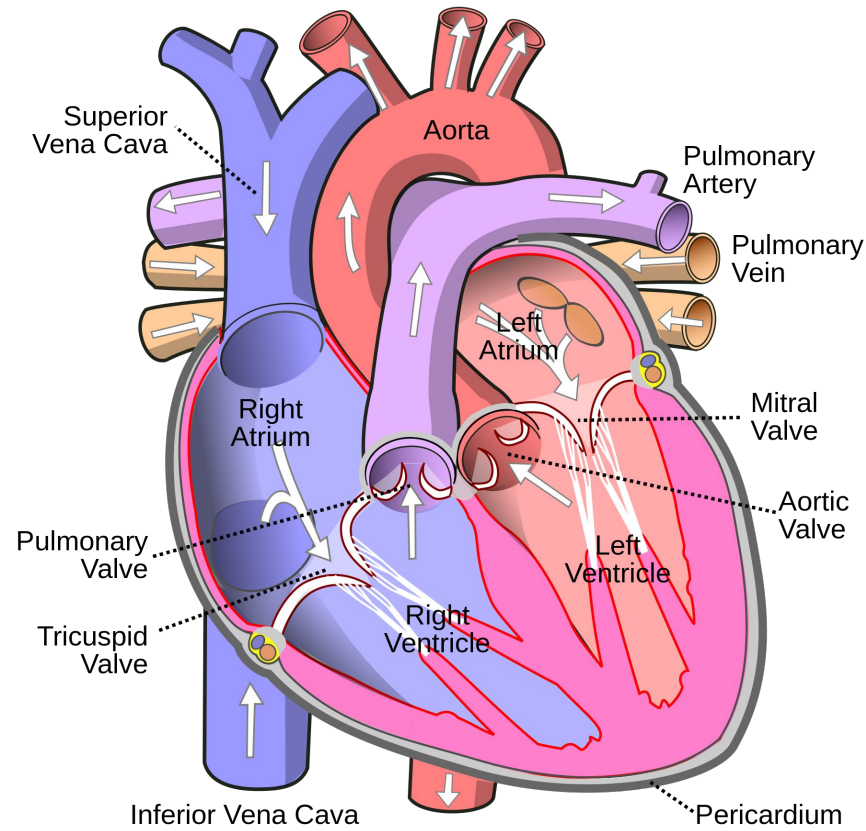


Continuity equation



$$A_1 v_1 = A_2 v_2 = Q$$

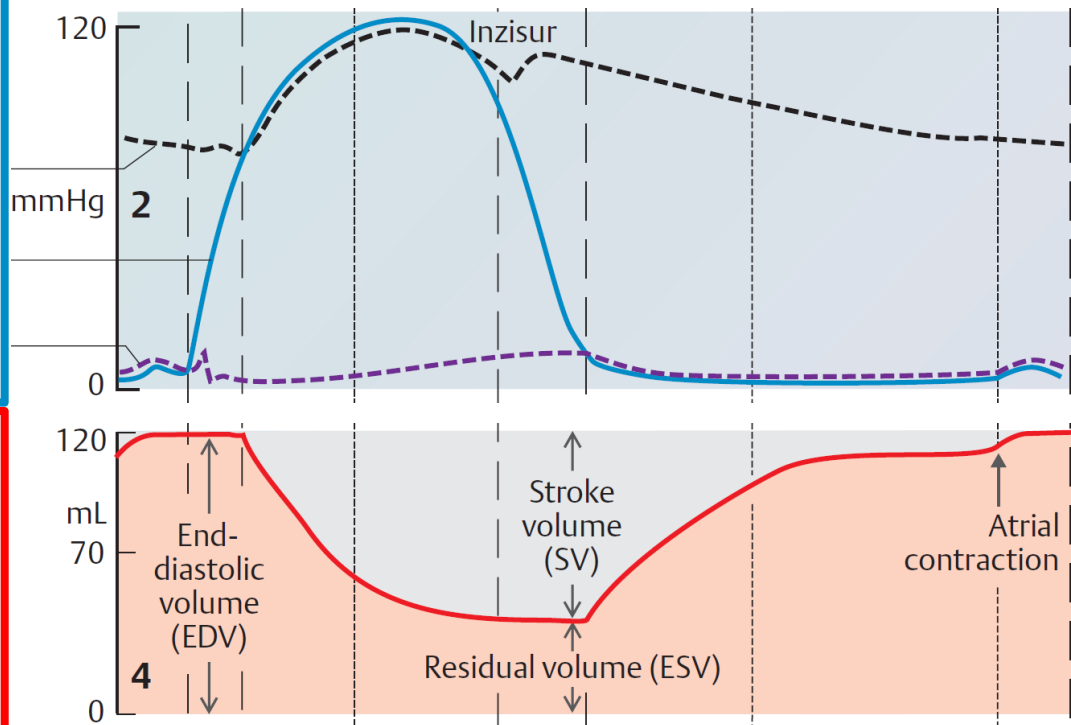
Cardiac Cycle



Cardiac Cycle

• P-V diagram

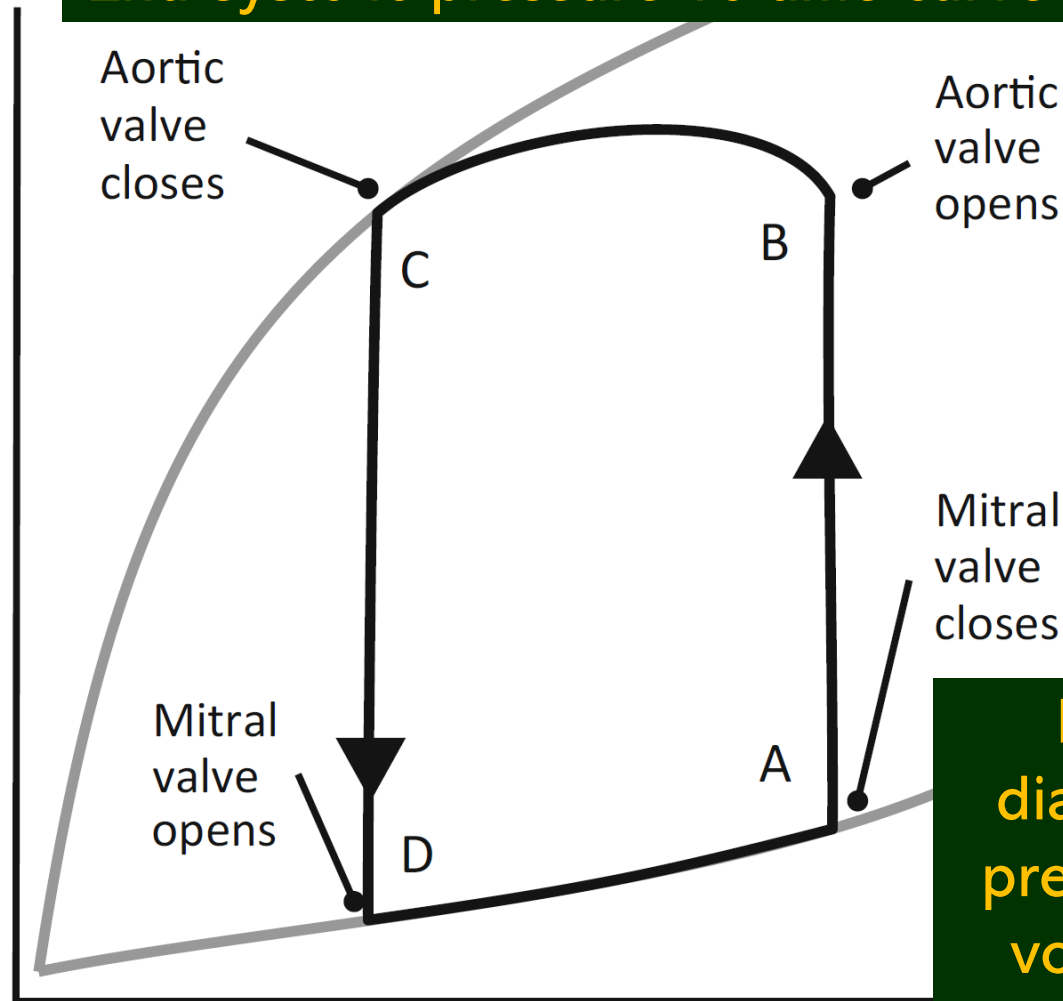
Pressure in left ventricle



Left ventricular pressure

Left ventricle volume

End systolic pressure-volume curve

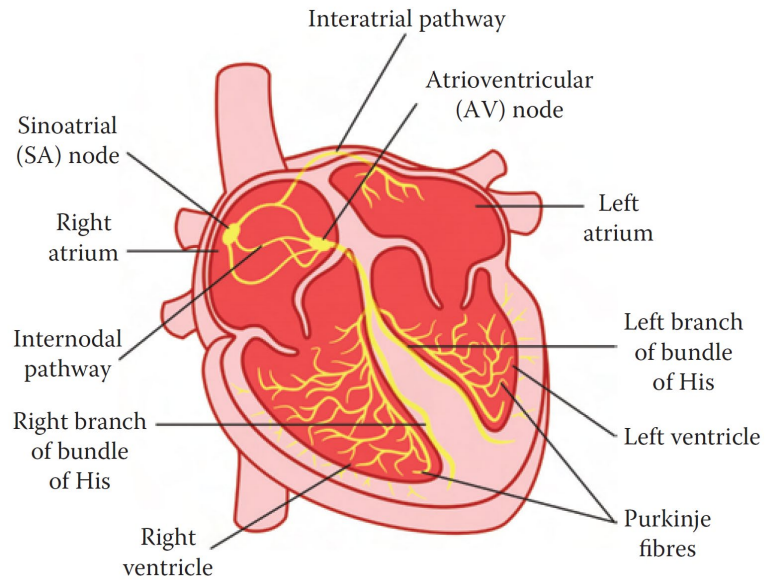


End diastolic pressure-volume curve

Left ventricular volume

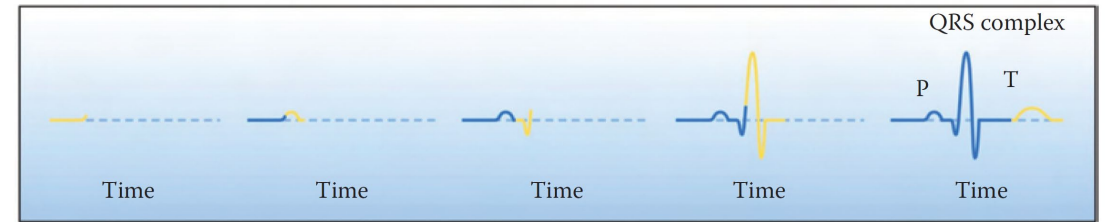
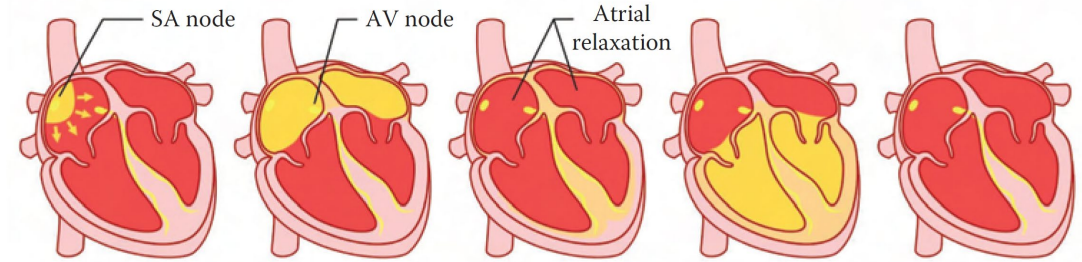
Cardiac Cycle

- Electrical events



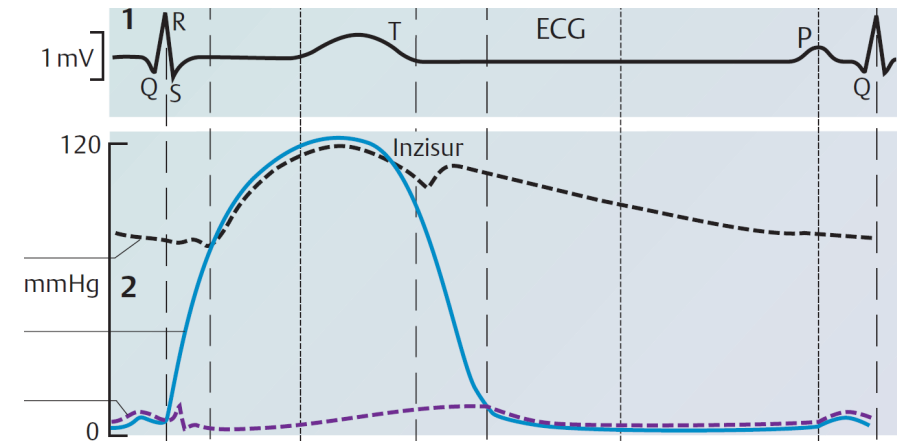
Conduction system

Atrial excitation		Ventricular excitation		Ventricular relaxation
Begins	Complete	Begins	Complete	



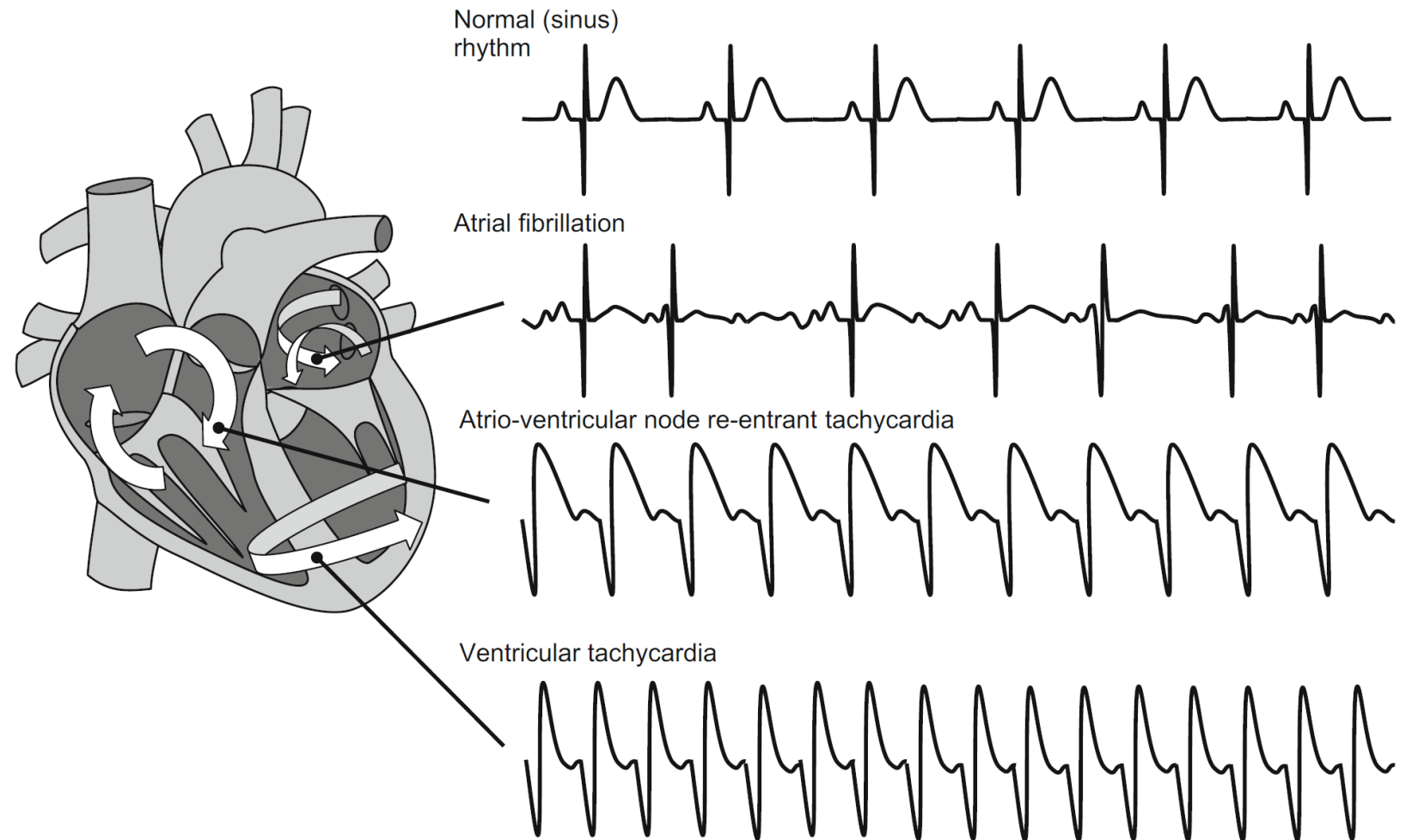
ECG wave generation

Correlation between mechanical and electrical events



Cardiac Cycle

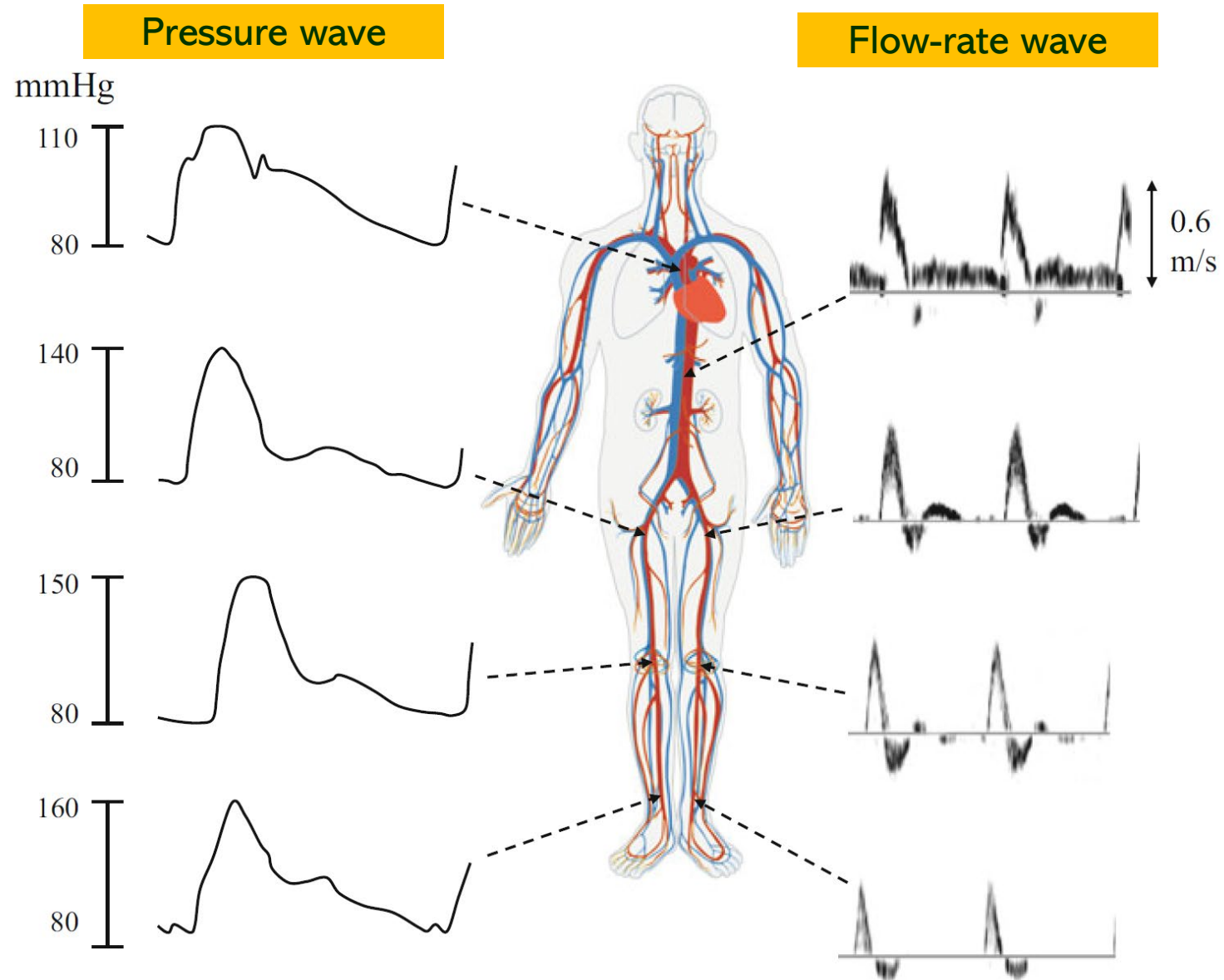
- ECG – recording electrical events
is important
diagnostic
instrument



Hemodynamic waves

- The heart pumps and the blood pulsates

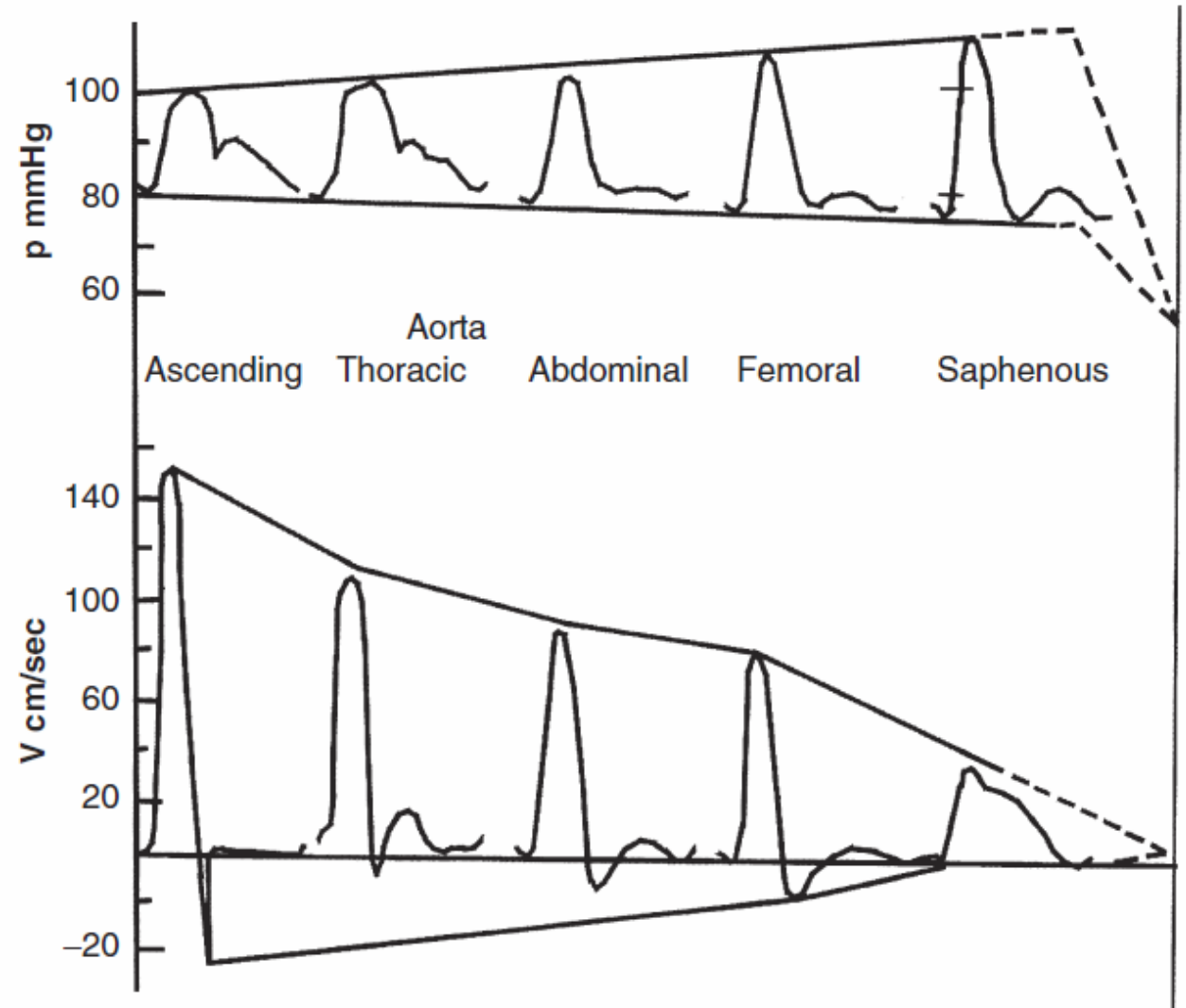
Pressure pulse wave
vs.
flow-rate wave



Pressure pulse wave

- Energy conversion

blood flow kinetic energy
and blood pressure
potential energy



Pressure pulse wave

- Energy conversion

blood flow kinetic energy
and blood pressure
potential energy

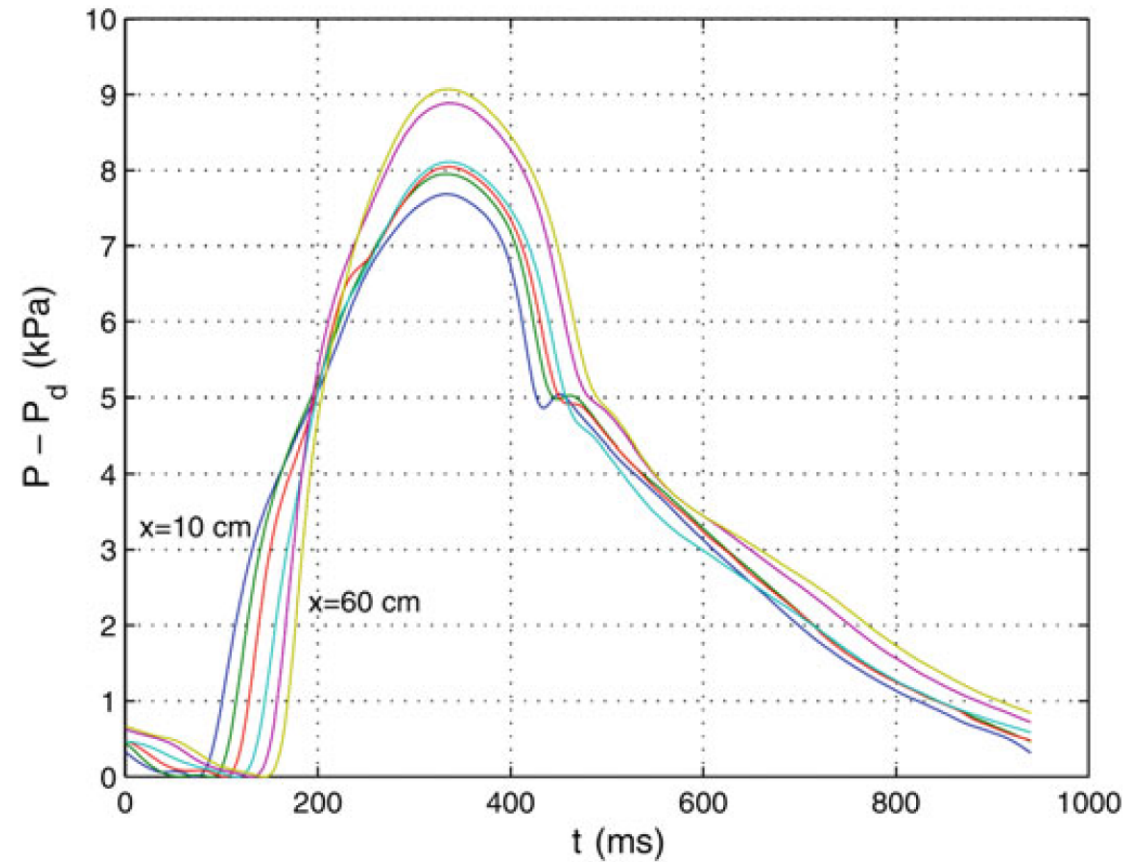
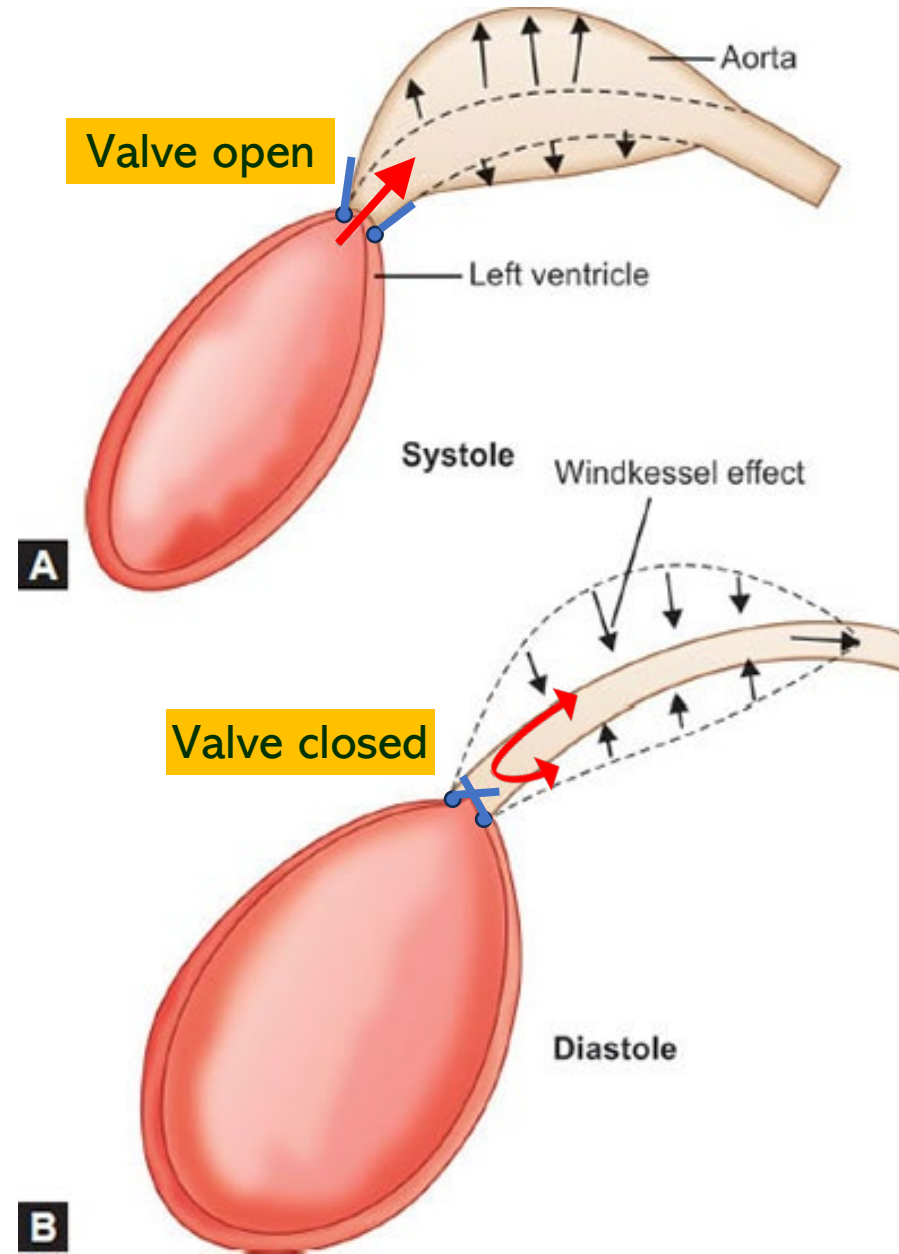


Fig. 4.7 Aortic pressure measured 10, 20, 30, 40, 50 and 60 cm downstream from the aortic valve plotted on as a function of time at different distances. The increase in pressure at the beginning of the waveform occurs at increasingly later times with distance demonstrating that the pressure propagates as a wave down the arterial tree. From *Medical and Biological Engineering and Computing, An introduction to wave intensity analysis*, Vol. 47, 2009, pp. 175–180, Parker KH, © International Federation for Medical and Biological Engineering 2009, with permission of Springer

Pressure pulse wave

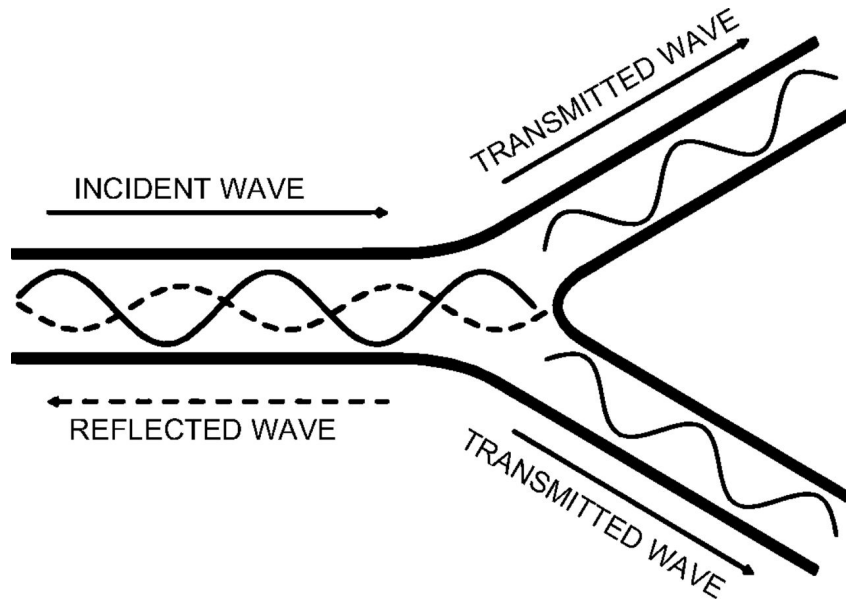
- Windkessel effect

smoothing (flow-rate)
and prolonging (pressure)
of the waves
by releasing
of the elastic energy
stored in arteries
within the
deformation

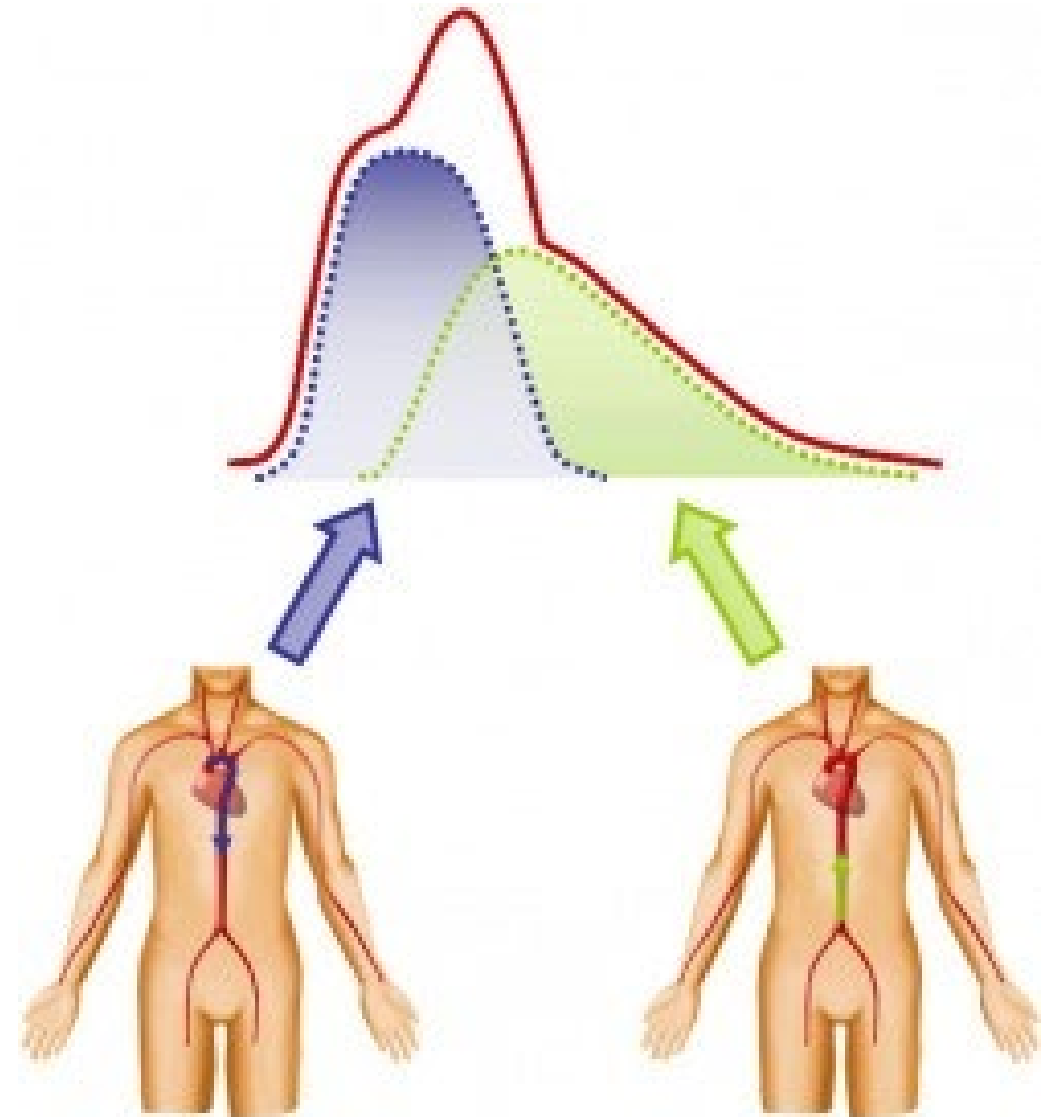


Pressure pulse wave

- Reflected waves pressure augmentation



<http://advan.physiology.org/content/37/4/321>

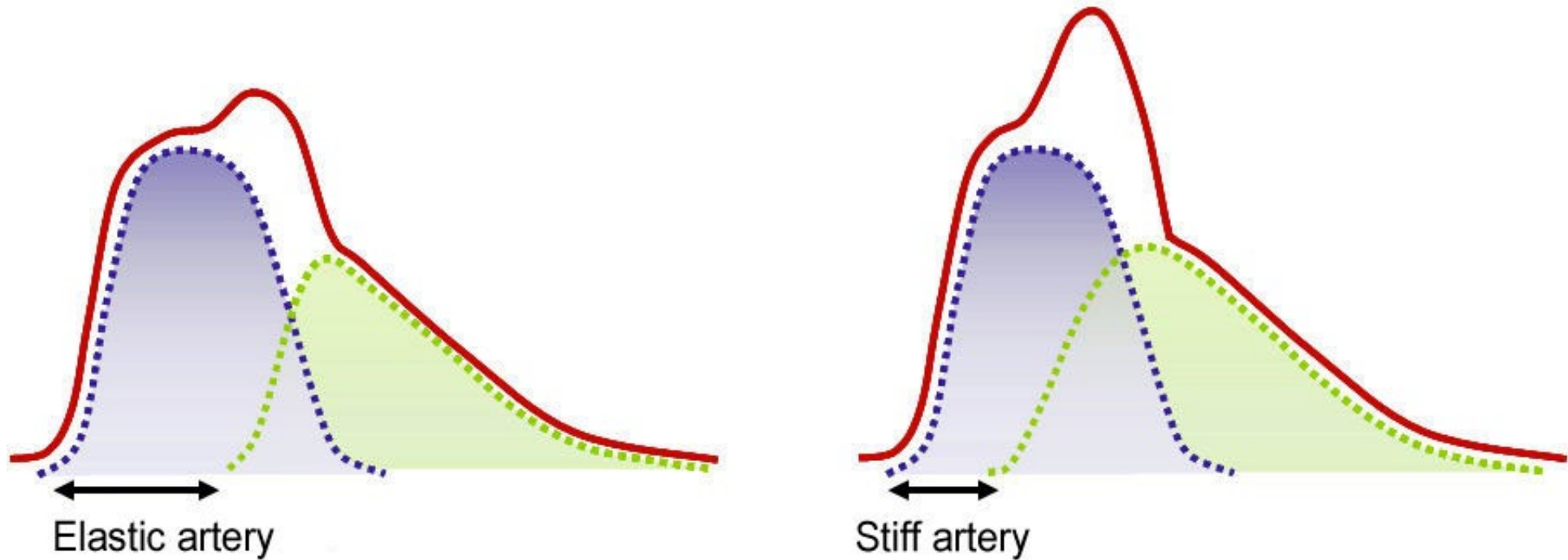


<http://www.complior.com/info-center>

Pressure pulse wave

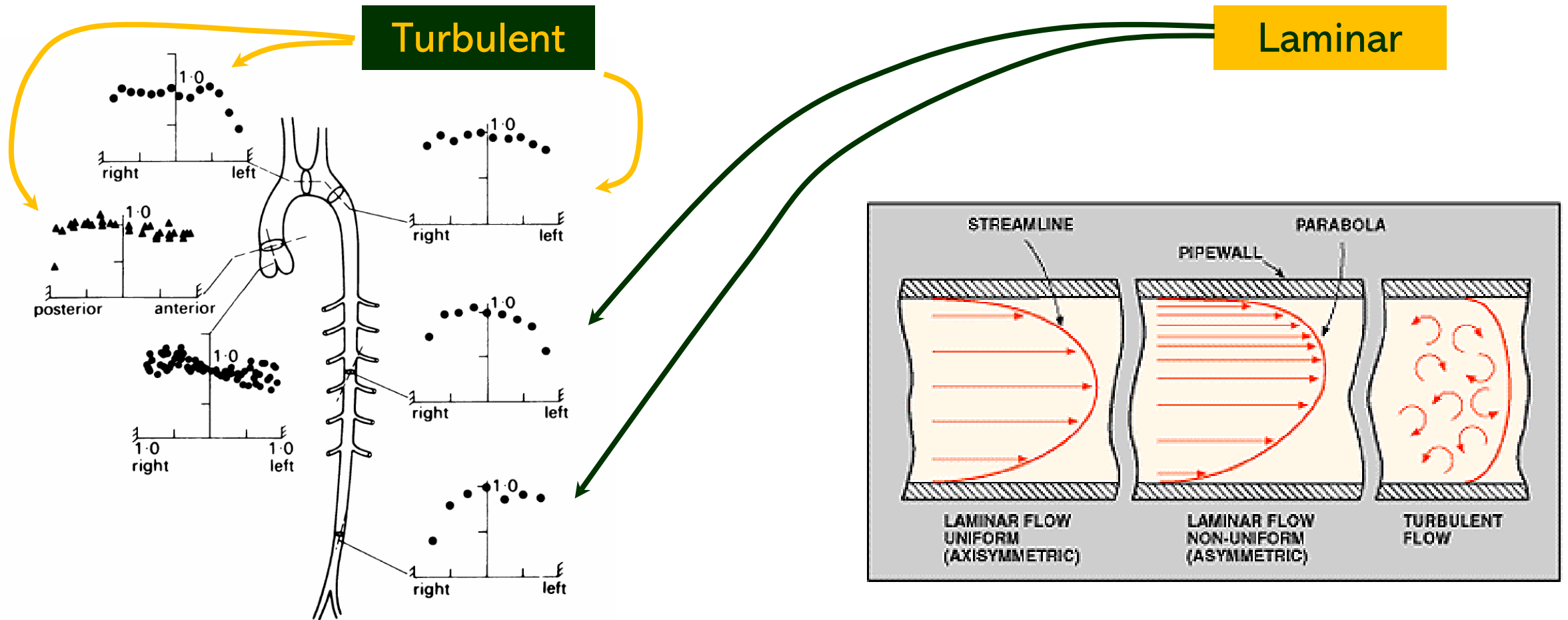
- Reflected waves

effect of age-related stiffening \Rightarrow blood pressure elevation



Blood flow

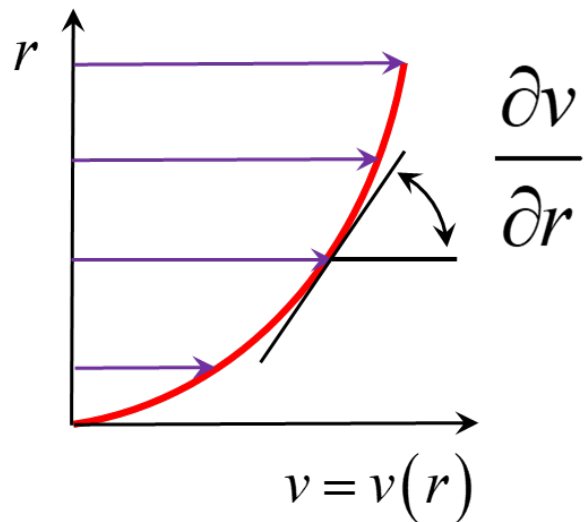
- Compliant system converts turbulent flow to laminar



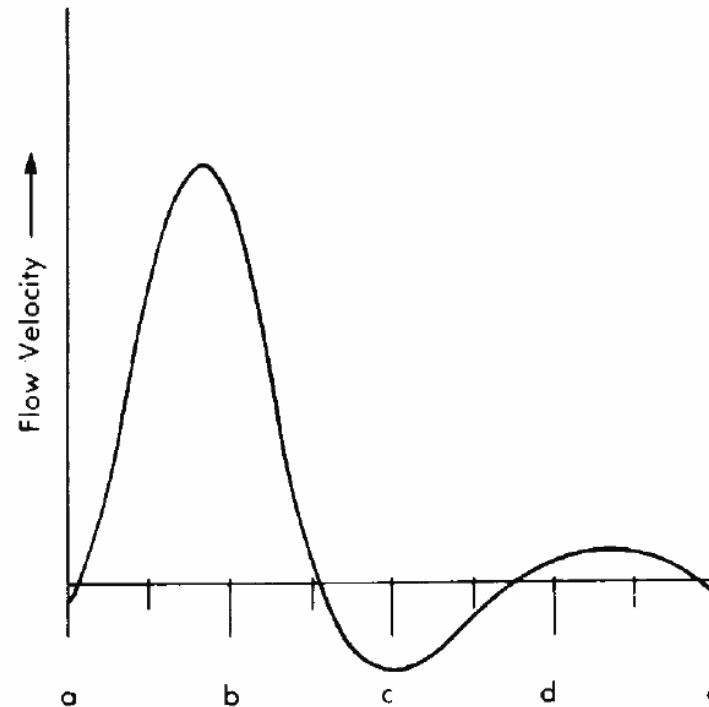
Blood flow

- **Flow-rate and velocity oscillations**

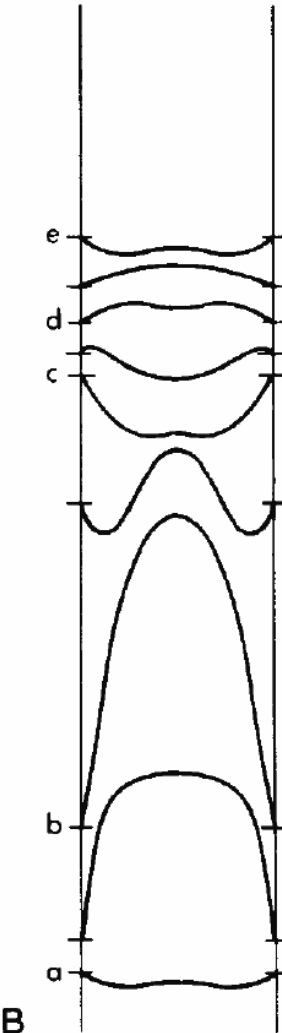
The velocity or flow rate per se is not as important as the shear stress exerted by the blood flow on the arterial wall (endothelial cells).



$$\sigma = \mu \frac{\partial v}{\partial r}$$



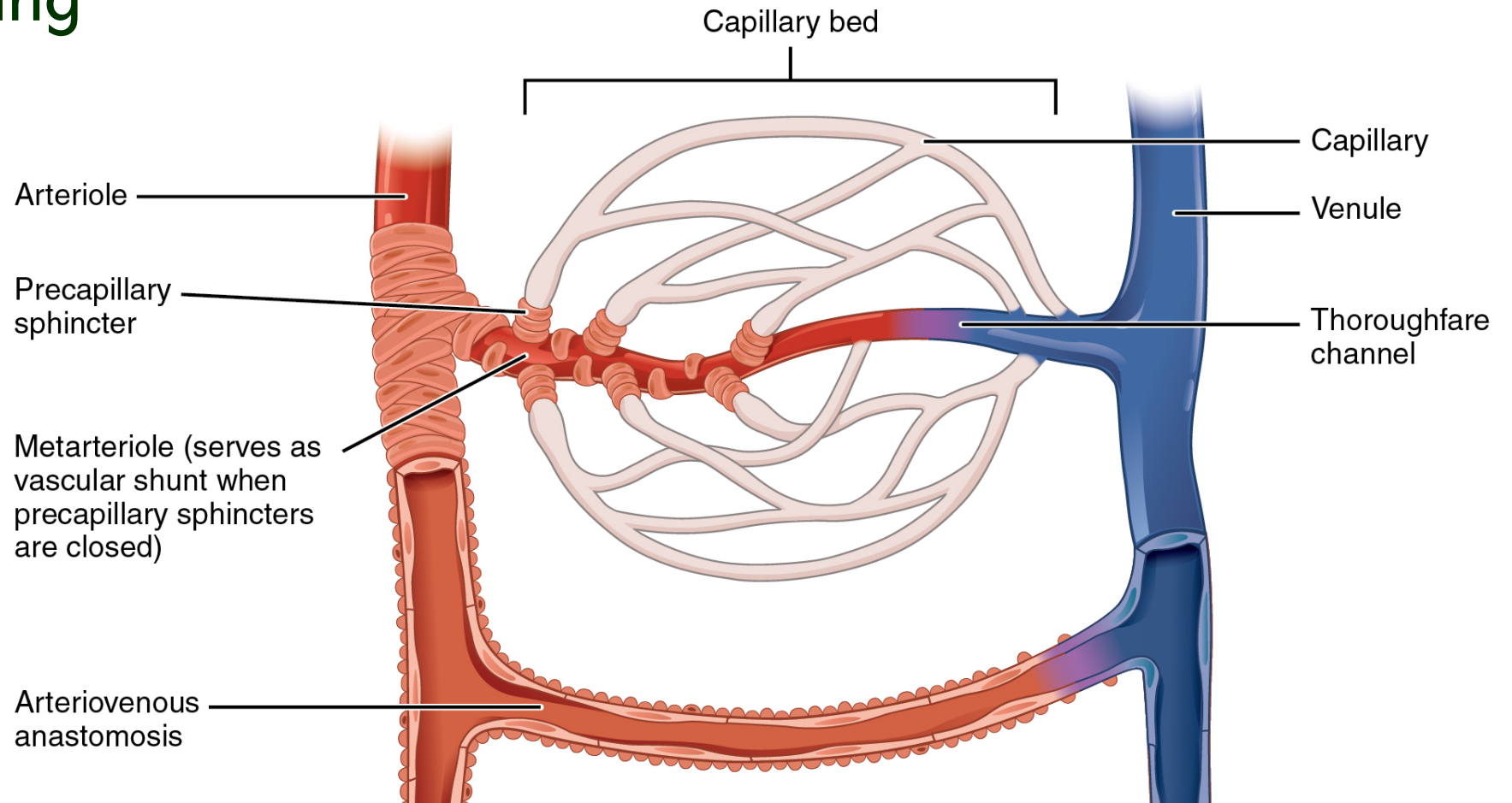
A



B

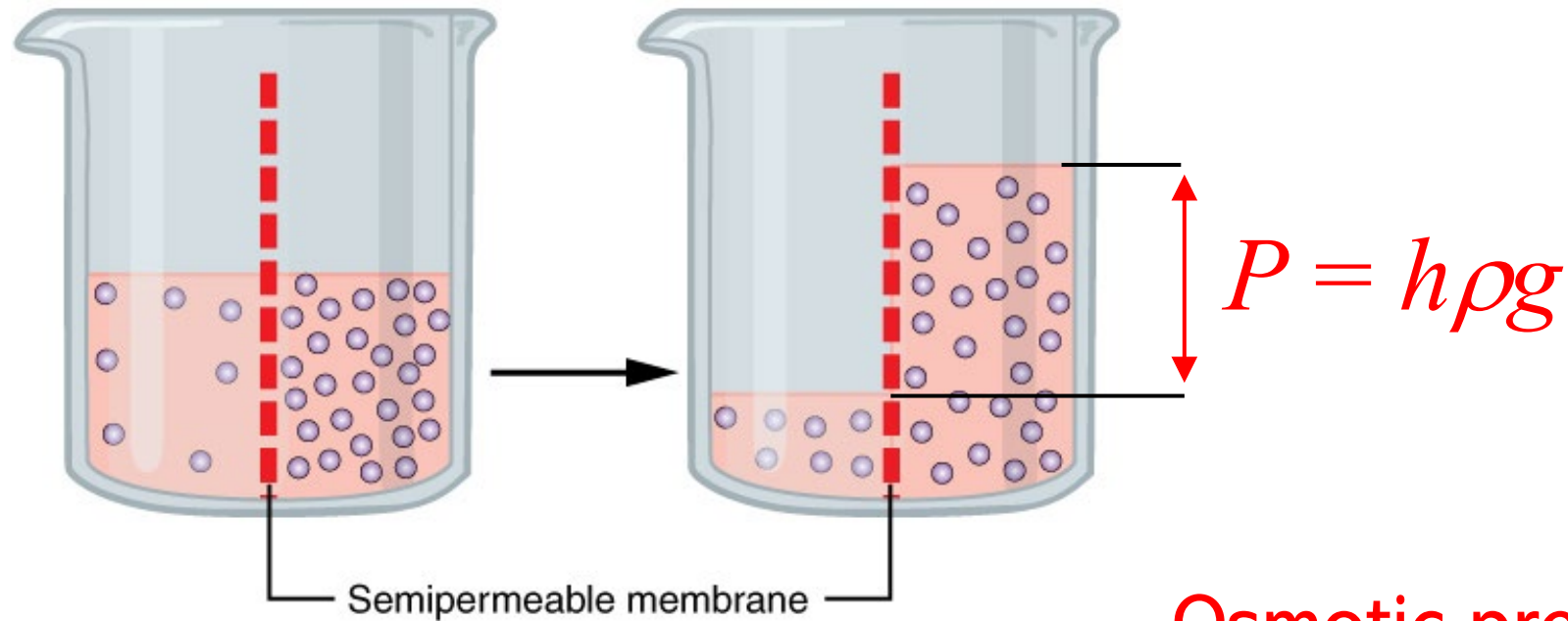
Microcirculation

- **Capillary blood flow**
capillaries allow the passage of substances from the blood vessel to the surrounding tissue and vice versa.



Microcirculation

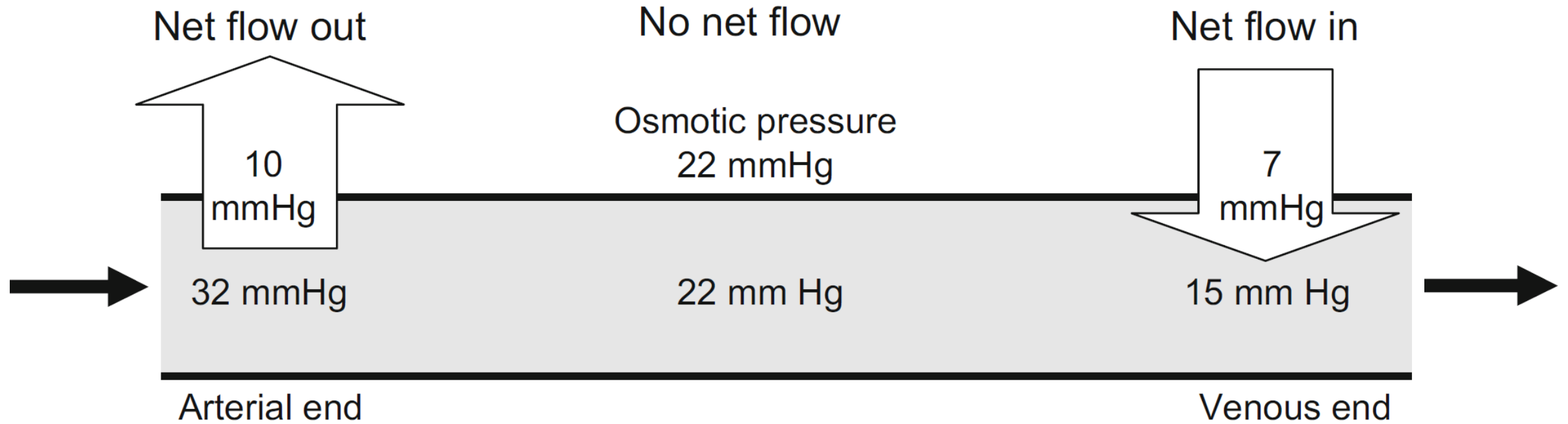
- **Capillary blood flow**
the flow is driven by **osmosis**



Osmotic pressure = hydrostatic pressure that leads to equilibration of solution concentrations.

Microcirculation

- Capillary blood flow



$$32 \text{ mmHg} = 4.3 \text{ kPa}$$

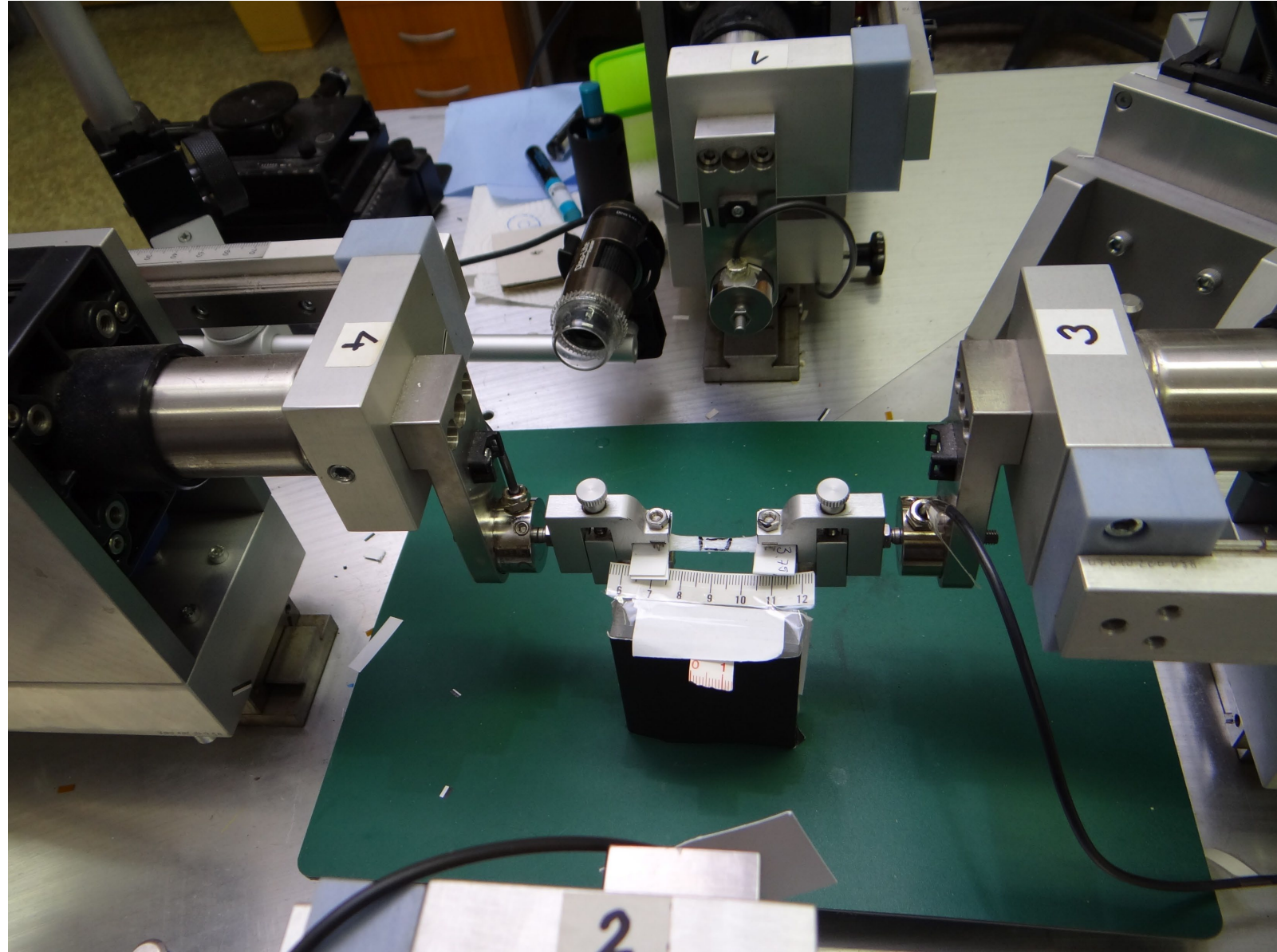
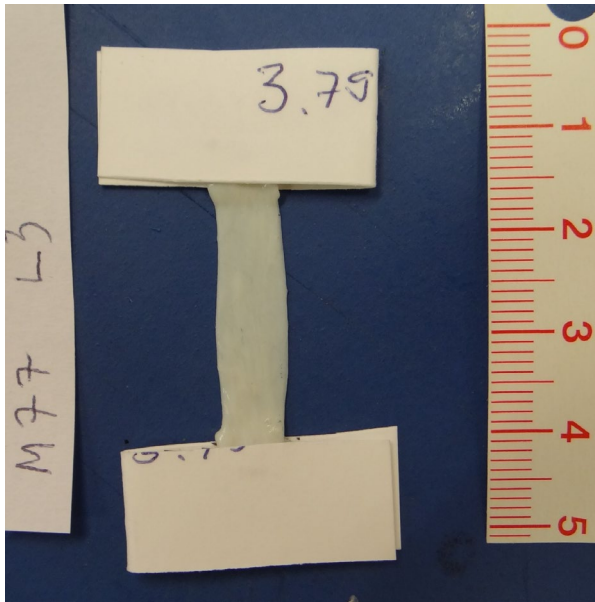
$$22 \text{ mmHg} = 2.9 \text{ kPa}$$

$$15 \text{ mmHg} = 2 \text{ kPa}$$

Biomechanics of the Blood Vessels

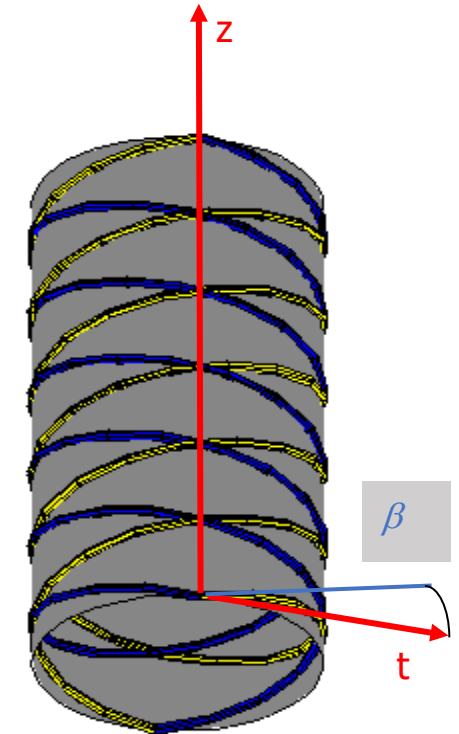
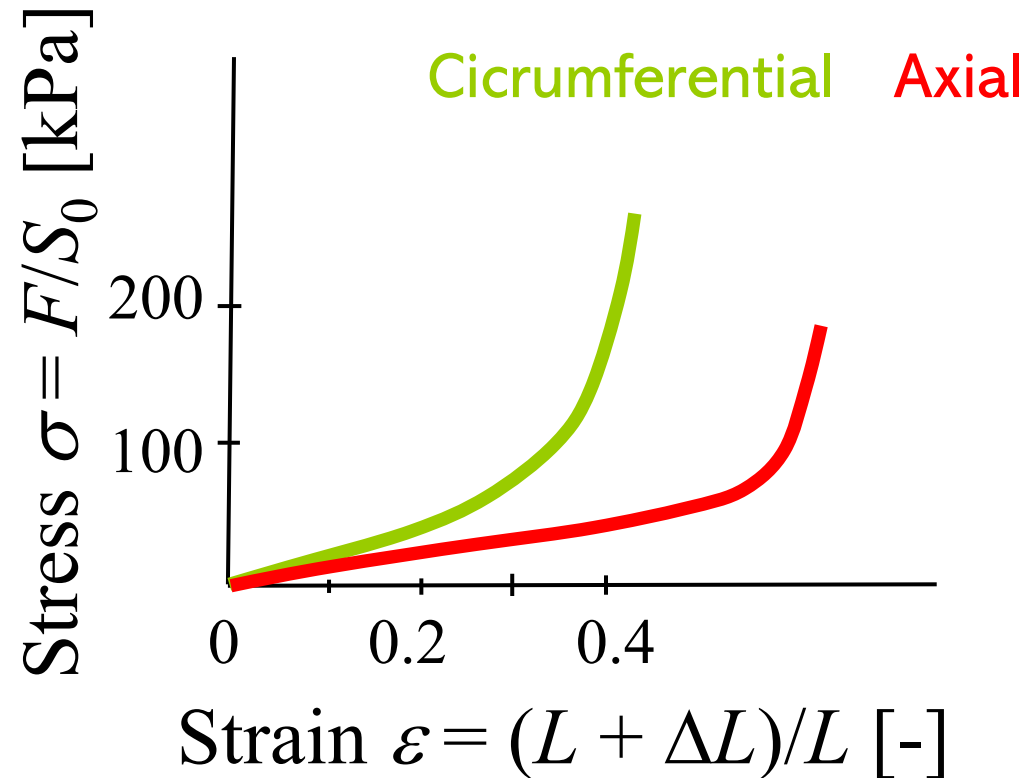
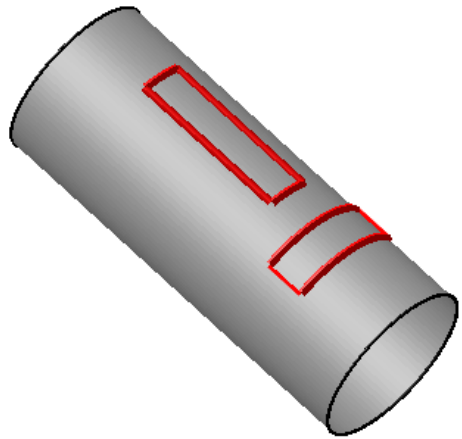
Mechanical behavior of arteries

- Tensile test
response
experimental
setup



Mechanical behavior of arteries

- Tensile test response
nonlinear and anisotropic behavior

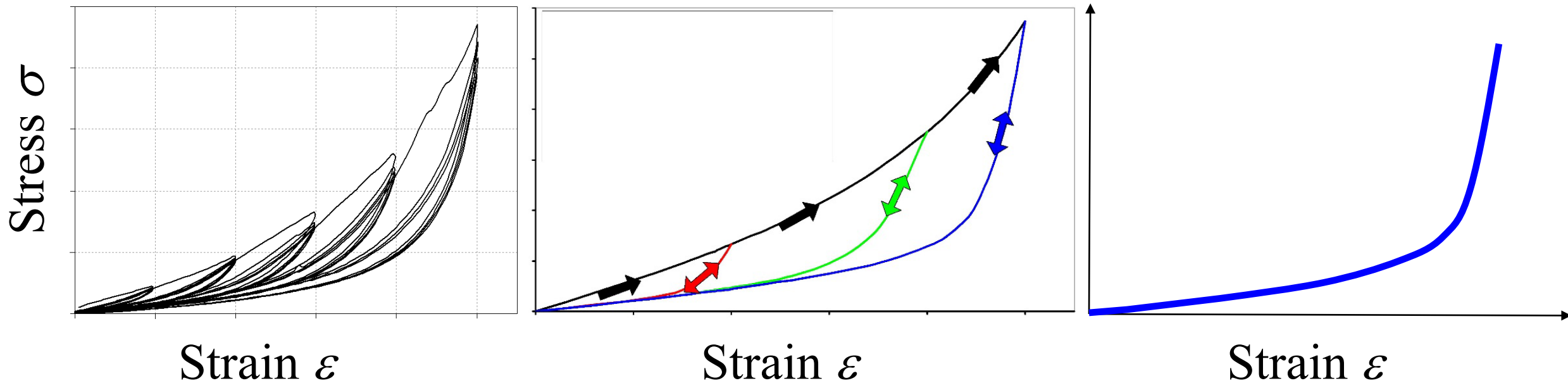


Example: Healthy young human abdominal aorta

Mechanical behavior of arteries

- **Tensile test response**

inelastic phenomena are attenuated when repeating the same deformation history

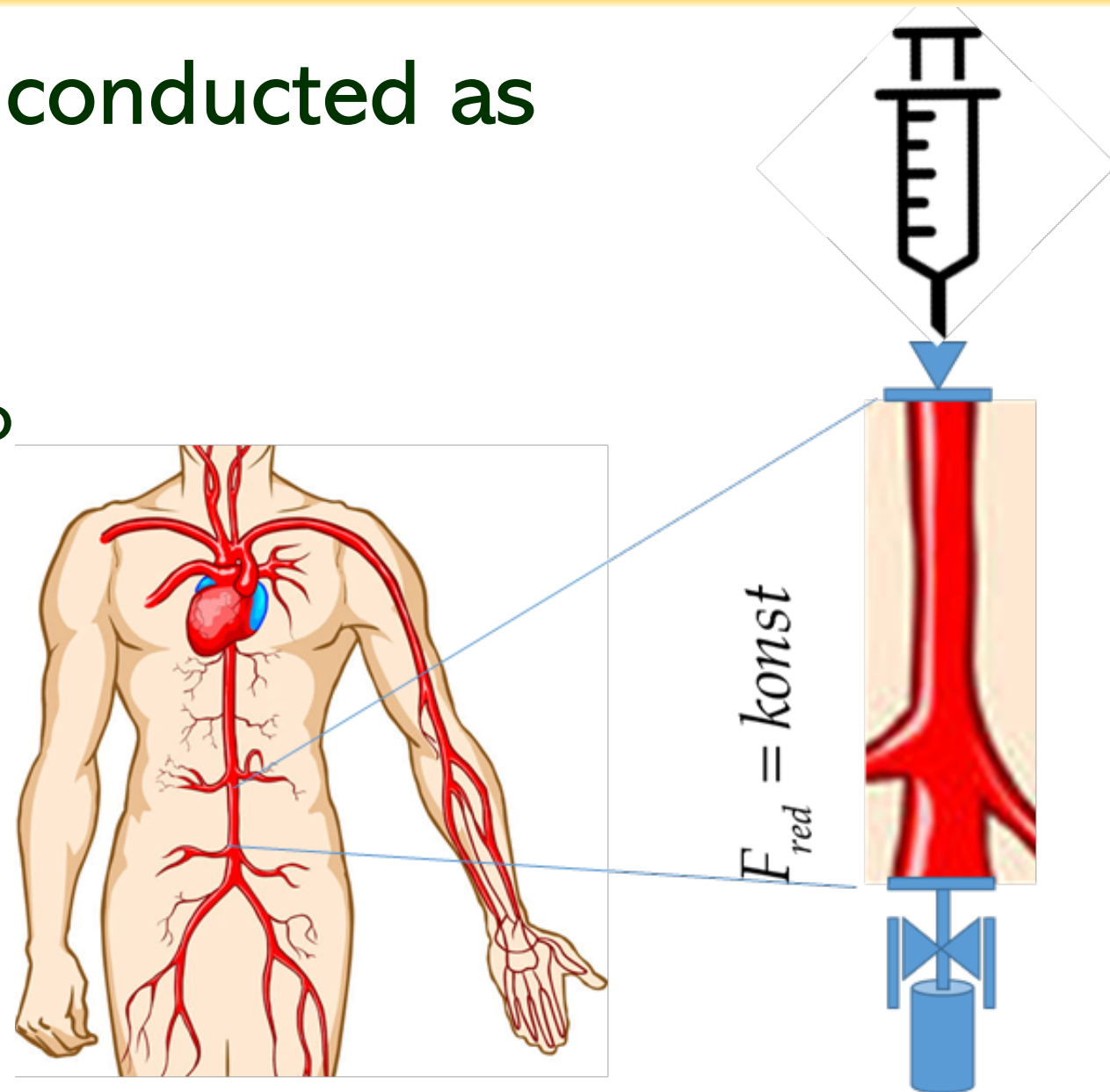


Mechanical behavior of arteries

- In vitro pressurization is conducted as inflation-extension test

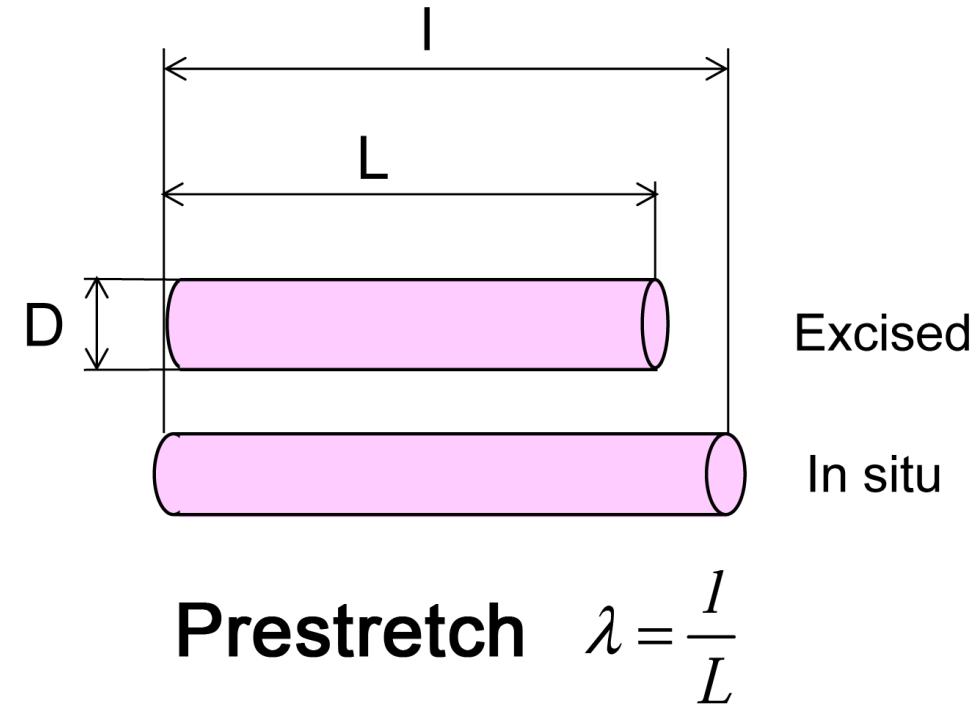
that mimics artery loading in vivo

because arteries grow axially pre-stretched



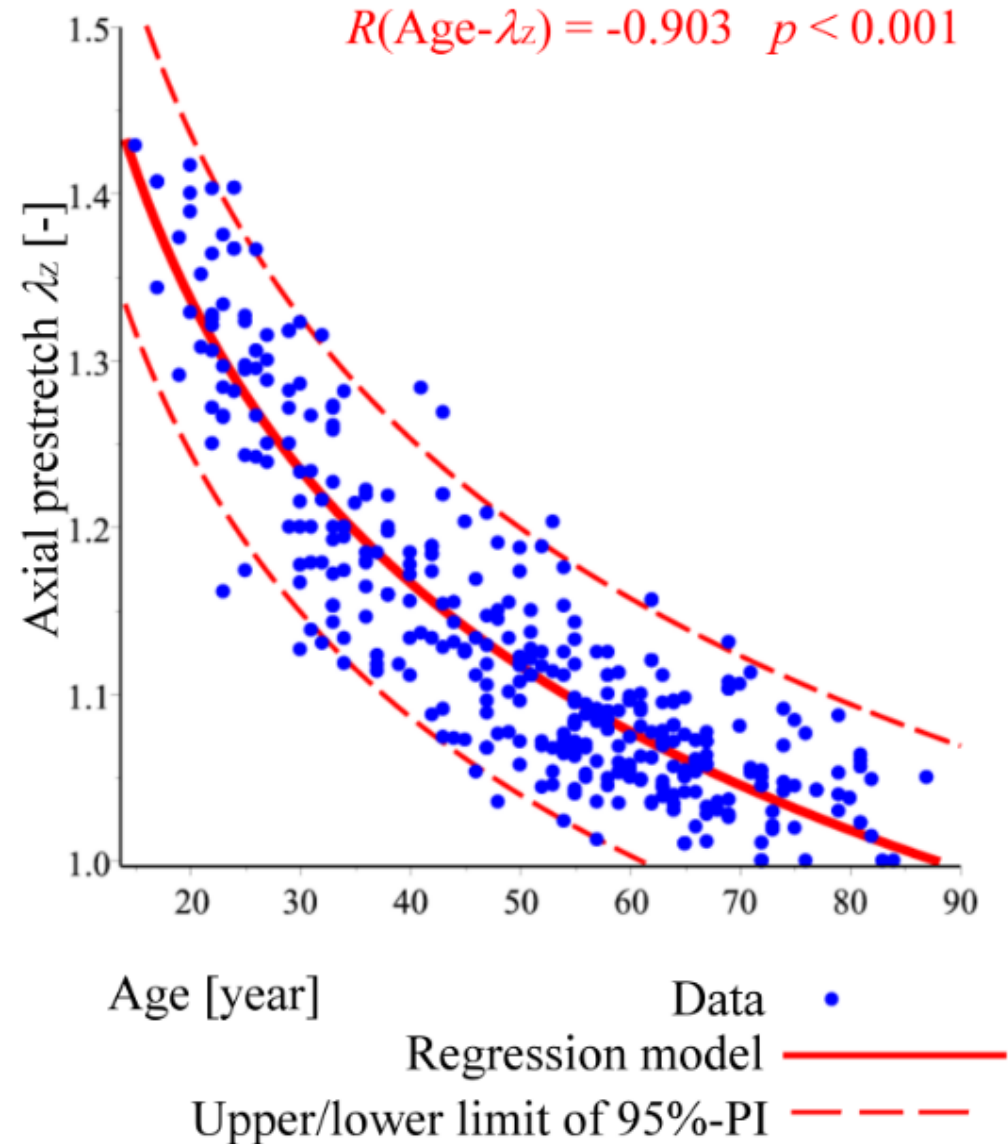
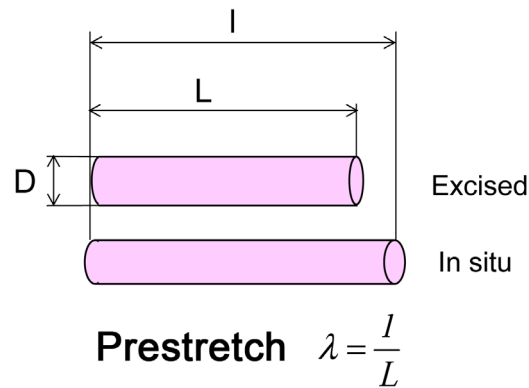
Mechanical behavior of arteries

- Blood vessels in situ are longitudinally pre-stretched



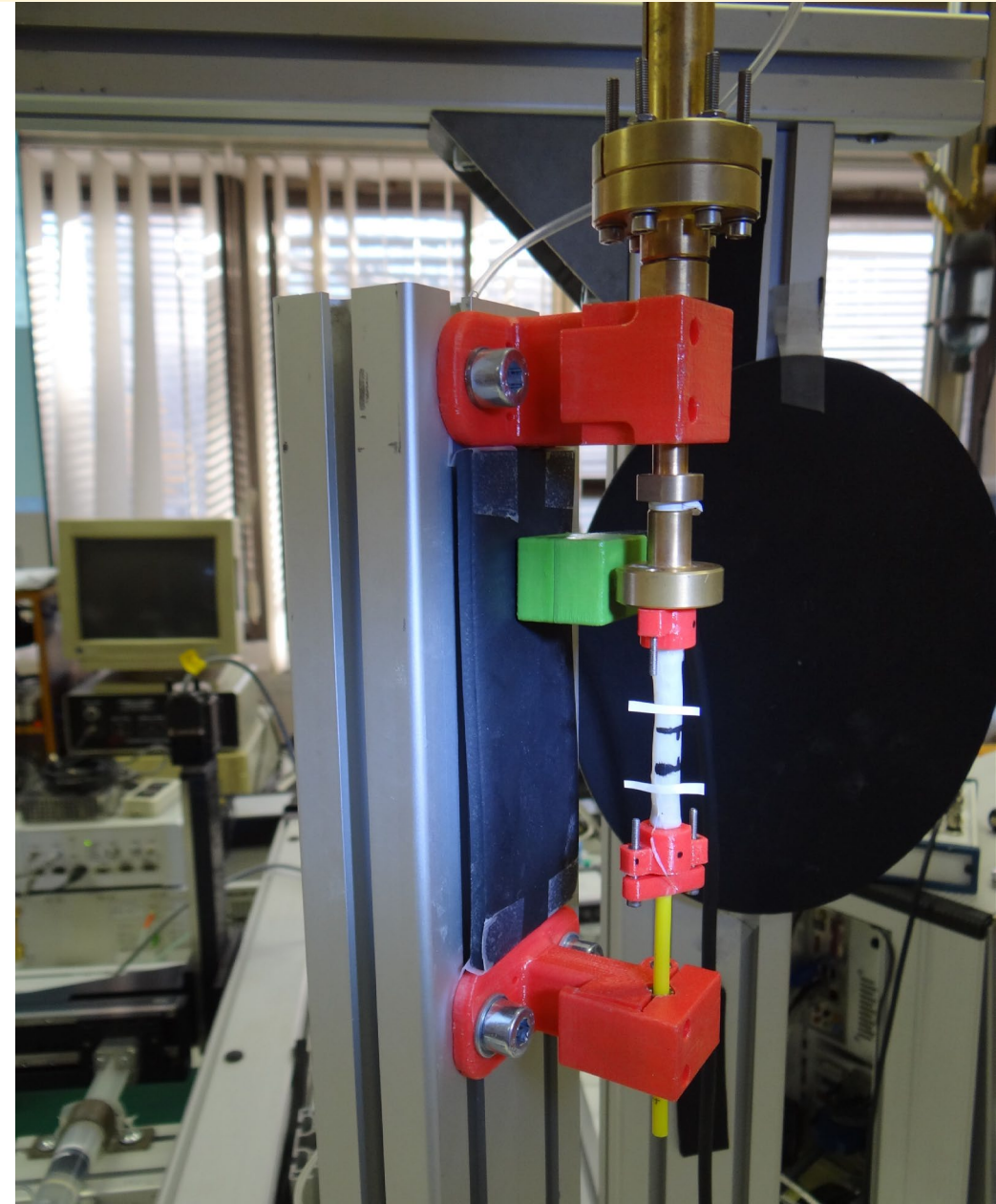
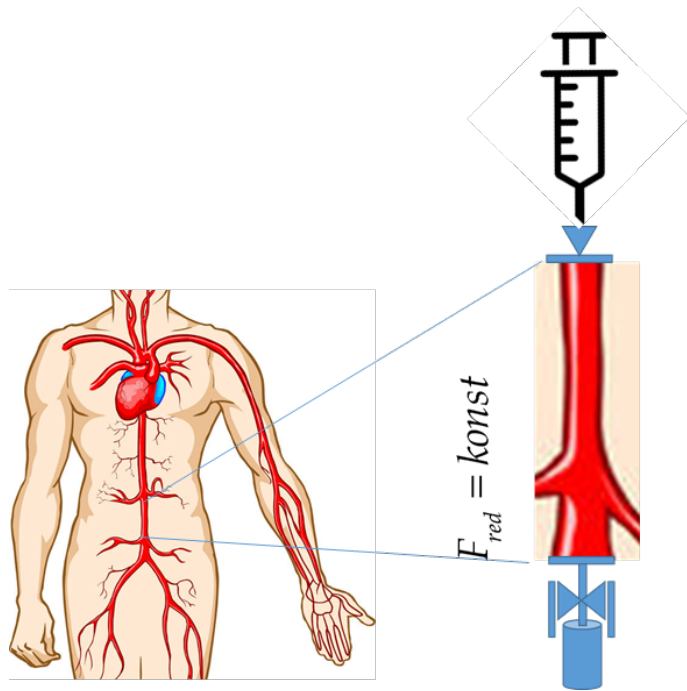
Mechanical behavior of arteries

- Blood vessels in situ are longitudinally pre-stretched



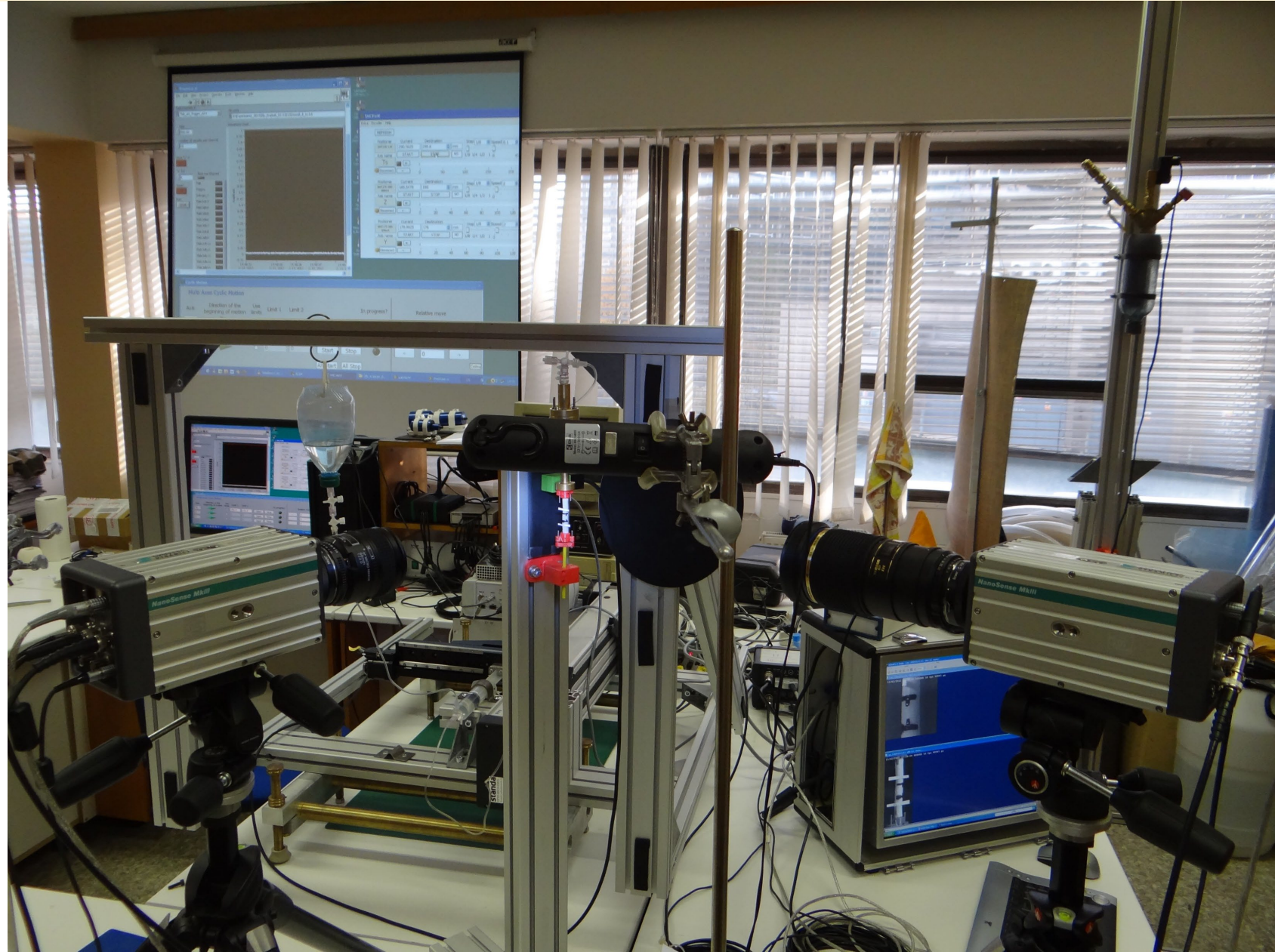
Mechanical behavior of arteries

- In vitro pressurization as inflation-extension test



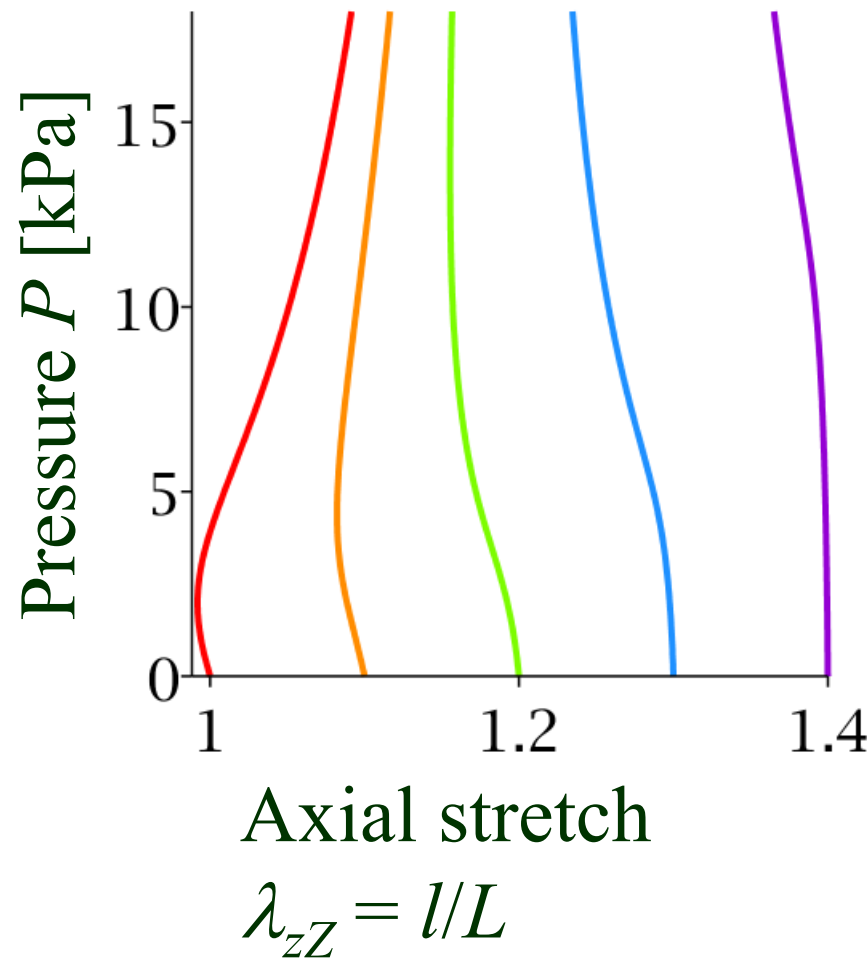
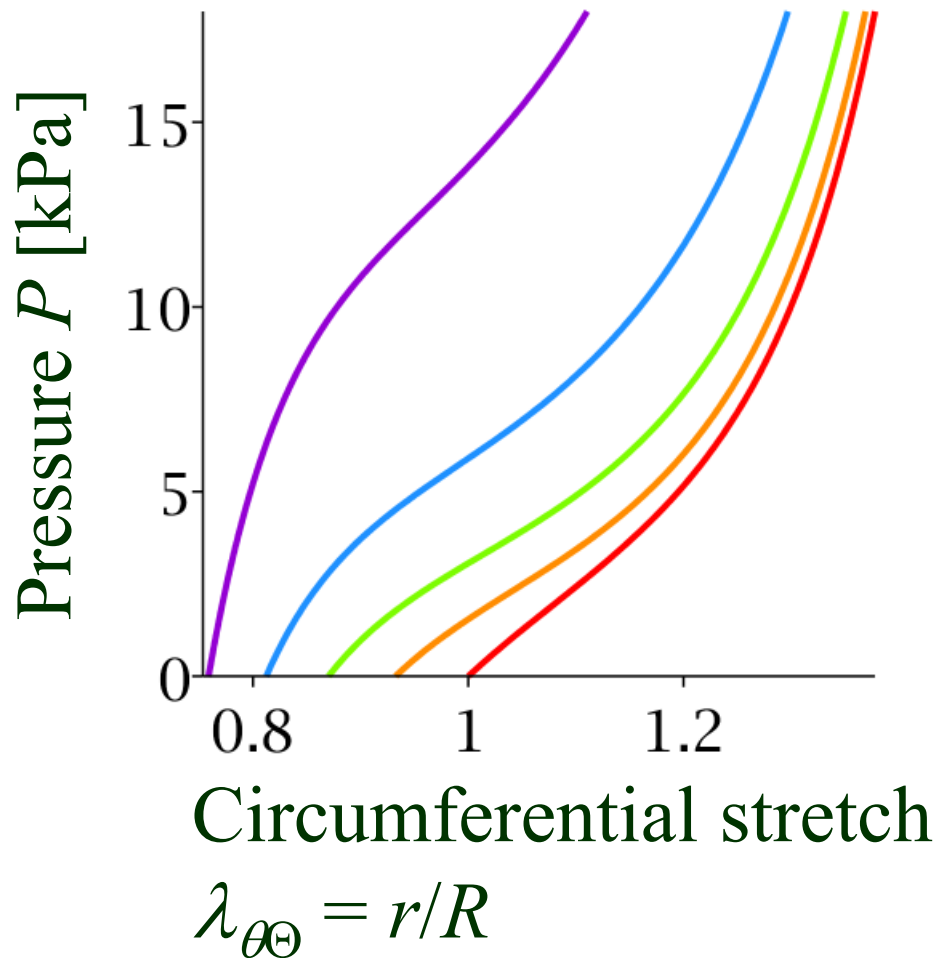
Mechanical behavior of arteries

- In vitro pressurization as inflation-extension test

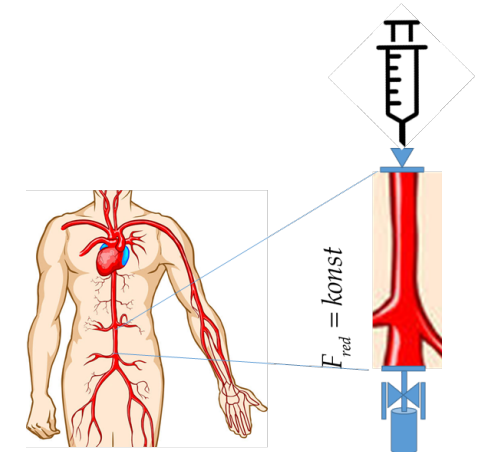


Mechanical behavior of arteries

- Inflation-extension response

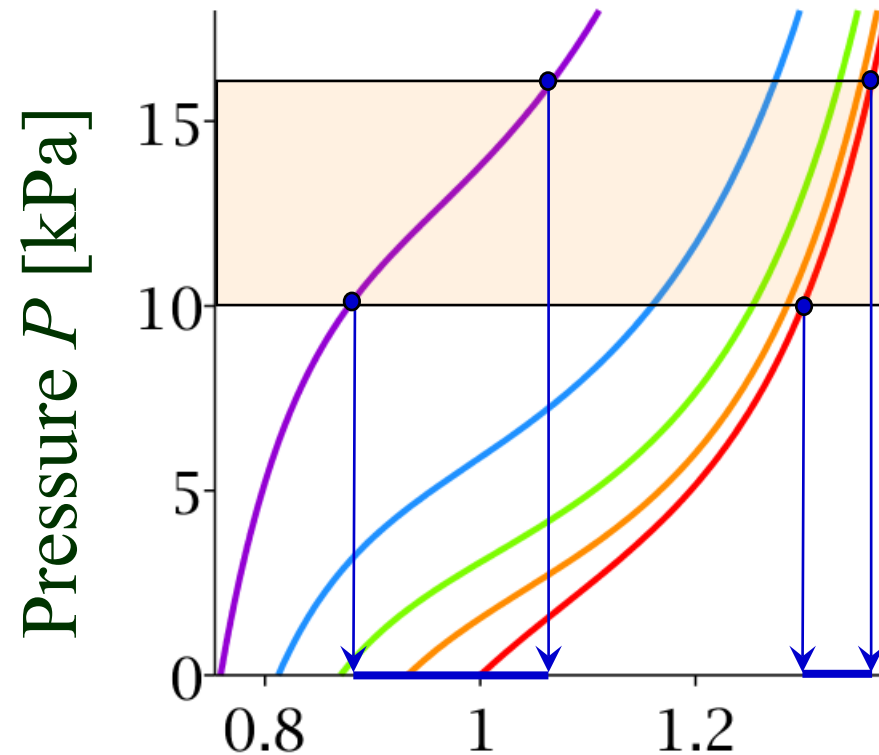


$$F_{red}(\lambda_{zZ} = 1) = 0 \text{ N}$$
$$F_{red}(\lambda_{zZ} = 1.1) = 0.74 \text{ N}$$
$$F_{red}(\lambda_{zZ} = 1.2) = 2.2 \text{ N}$$
$$F_{red}(\lambda_{zZ} = 1.3) = 6.4 \text{ N}$$
$$F_{red}(\lambda_{zZ} = 1.4) = 22 \text{ N}$$

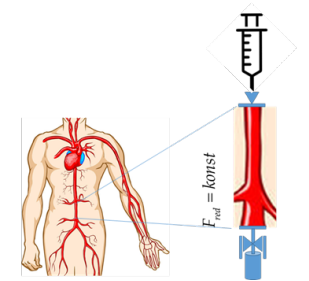


Mechanical behavior of arteries

- Results explain why arteries are pre-stretched
- Axially pre-stretched arteries are **more compliant during pressurization**



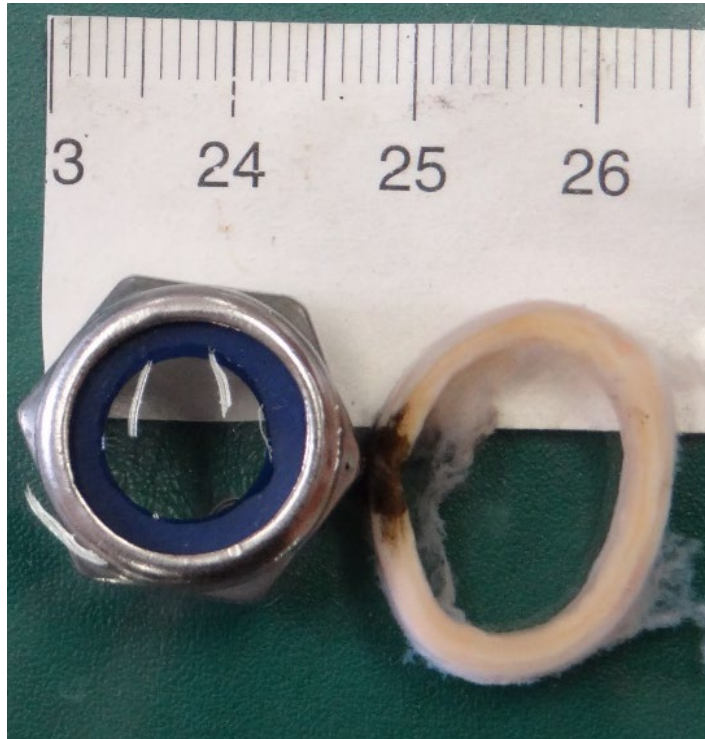
$$F_{red}(\lambda_{zz} = 1) = 0 \text{ N}$$
$$F_{red}(\lambda_{zz} = 1.1) = 0.74 \text{ N}$$
$$F_{red}(\lambda_{zz} = 1.2) = 2.2 \text{ N}$$
$$F_{red}(\lambda_{zz} = 1.3) = 6.4 \text{ N}$$
$$F_{red}(\lambda_{zz} = 1.4) = 22 \text{ N}$$



Mechanical behavior of arteries

- Tissues grow residually stressed
arteries are excellent example

No load \neq no stress

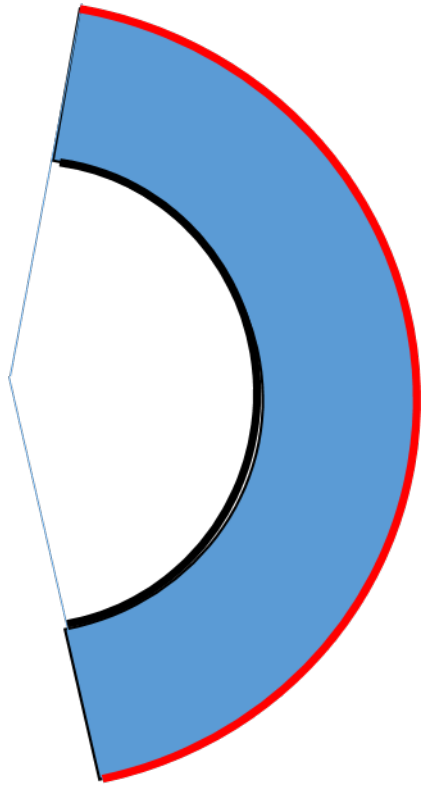


No load and no stress

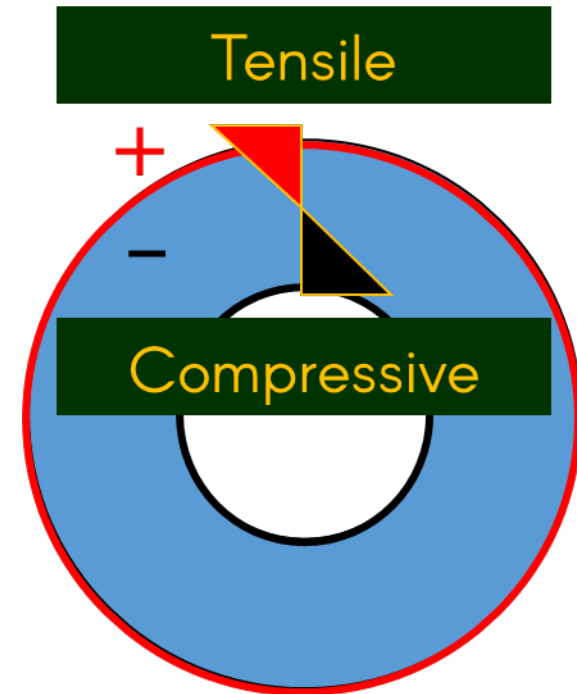


Mechanical behavior of arteries

- Tissues grow residually stressed



Bending moment will close the ring and will induce bending-like distribution of internal forces



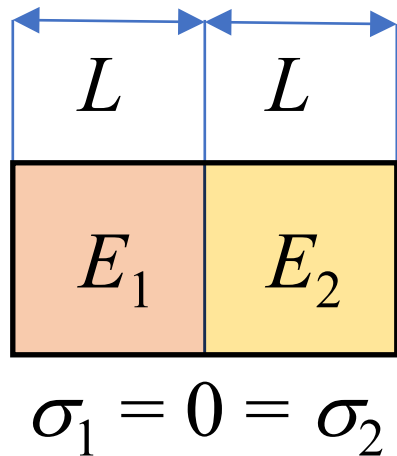
Mechanical behavior of arteries

- Residual stresses are the result of the growth of tissue that has constituents with different properties but which in the continuous body carry the same macroscopic deformation

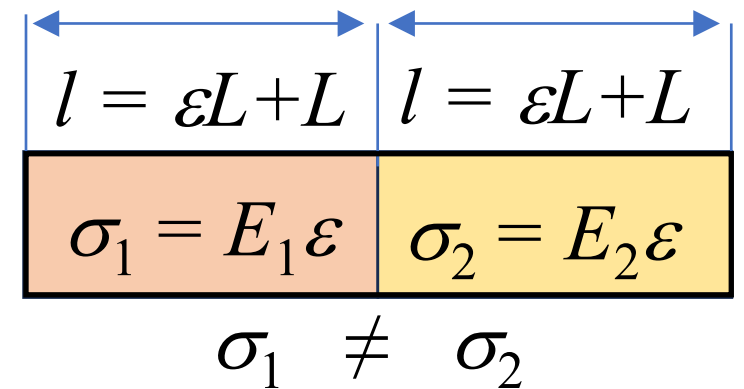
residual stress balances simple fact that different properties would result in the different deformation – there must be force which holds components together

Mechanical behavior of arteries

- Residual stress: simplified picture
2 constituents in 1 body



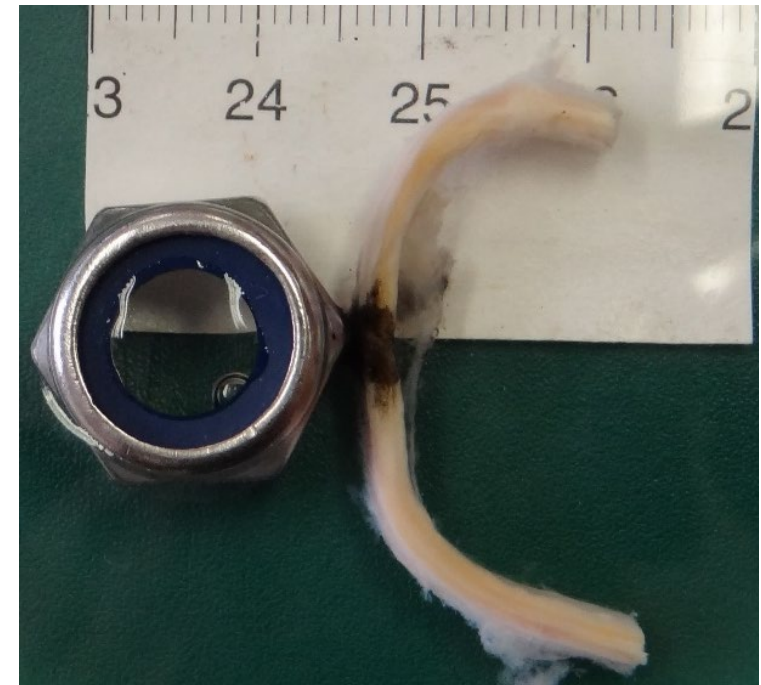
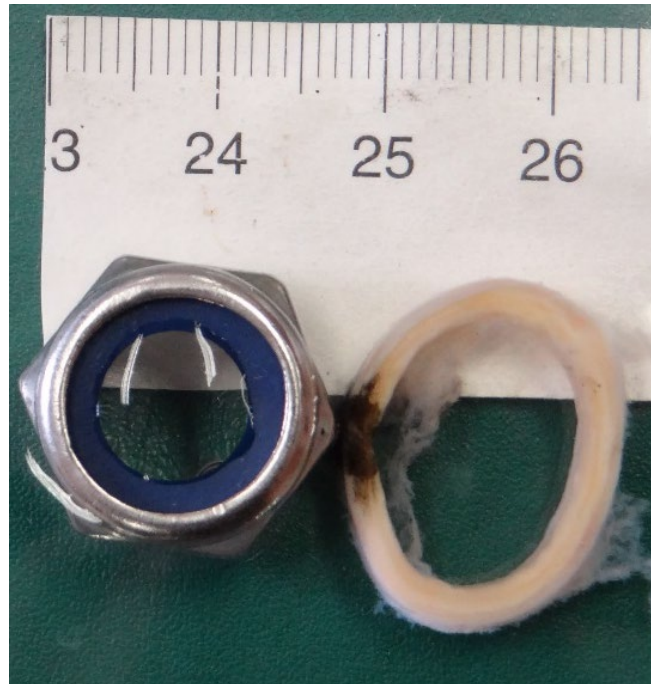
Deformation ε induced by growth or by external force



residual stress balances the force at the boundary of the mixture components

Mechanical behavior of arteries

- Residual stress holds constituents of the different properties in one continuous solid body. If continuity of the body is broken, the residual stress is released by the deformation:



arterial ring opens

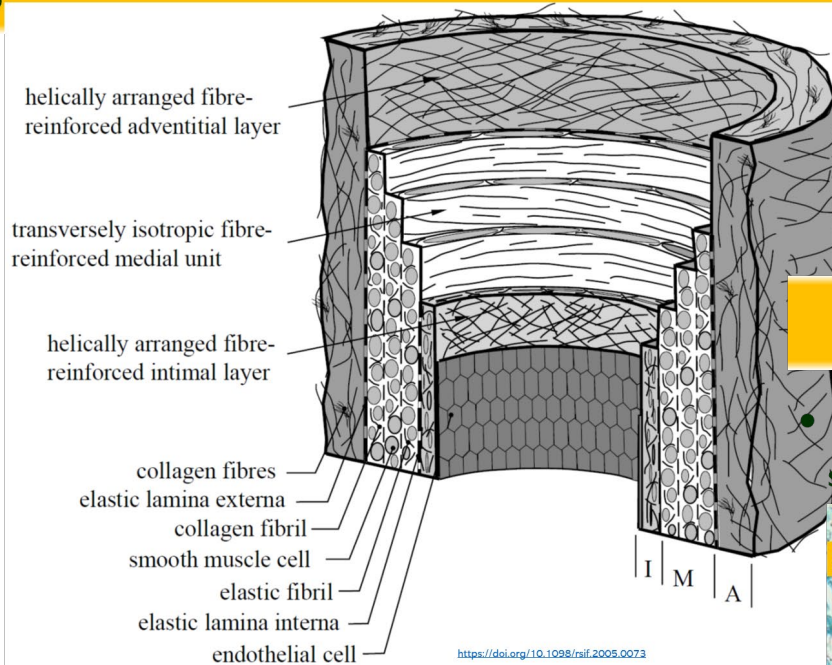
Mechanical behavior of arteries

- Remember the internal structure...

Blood vessels

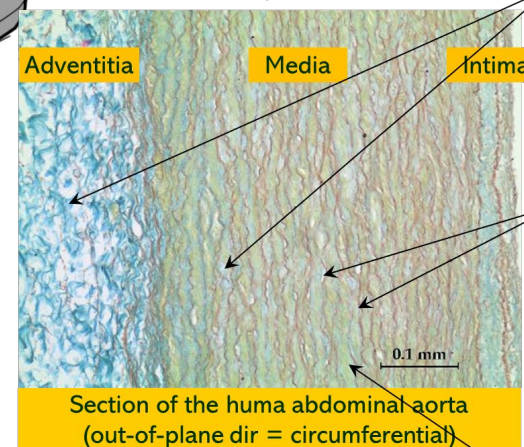
- Internal structure

3-layered tube
-tunica intima
-tunica media
-tunica adventitia



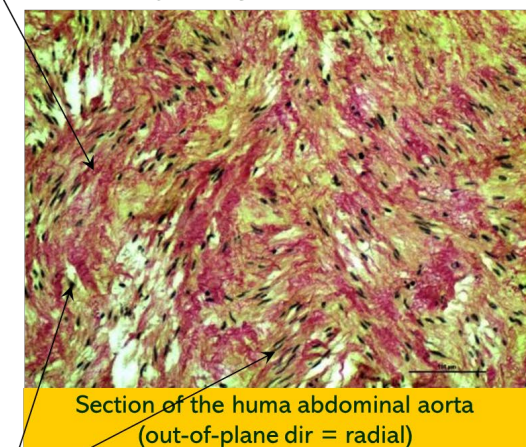
Histology

section stained by orcein - elastica



Approx. helically arranged bundles of collagen fibrils

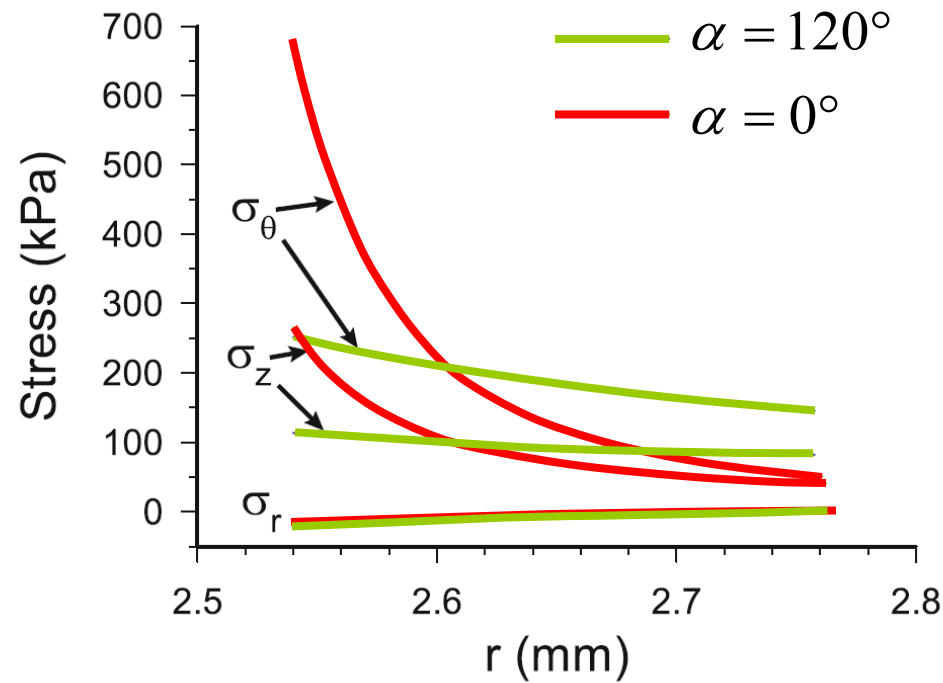
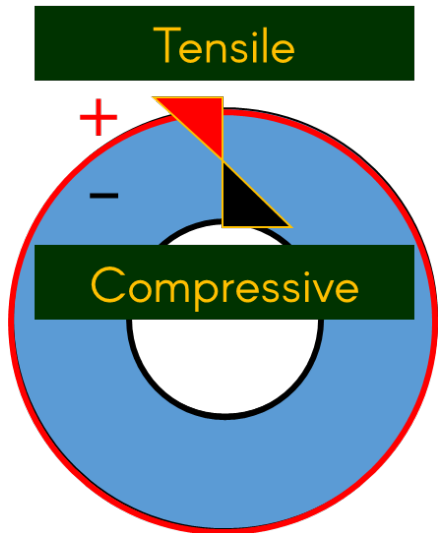
and by Weigert - van Gieson



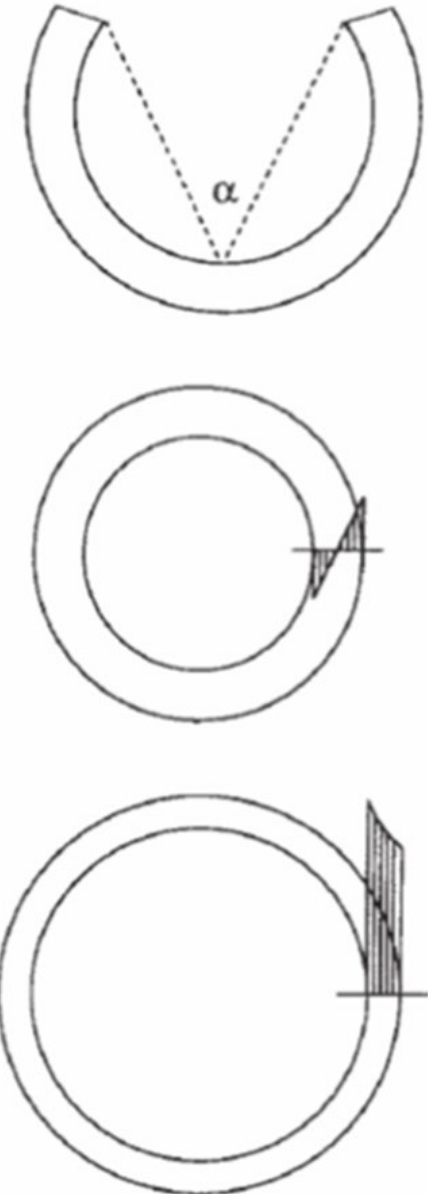
Blood vessels

Mechanical behavior of arteries

- Residual stress also has a physiological function It reduces stress peak at the inner radius



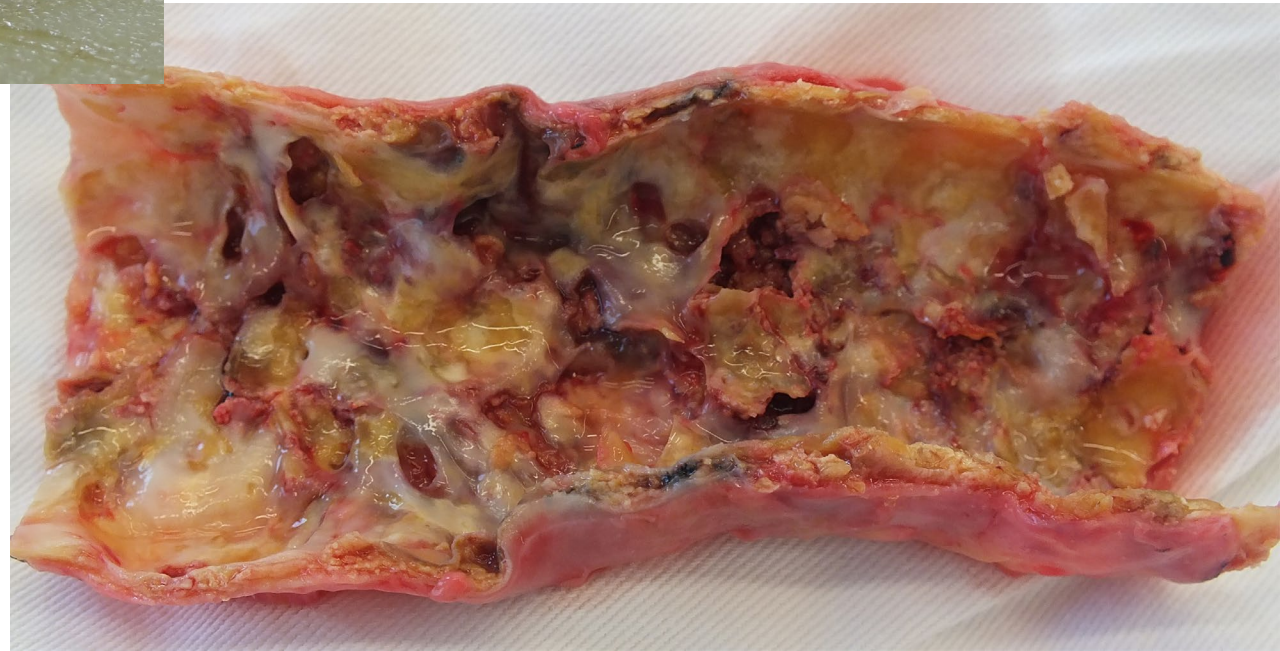
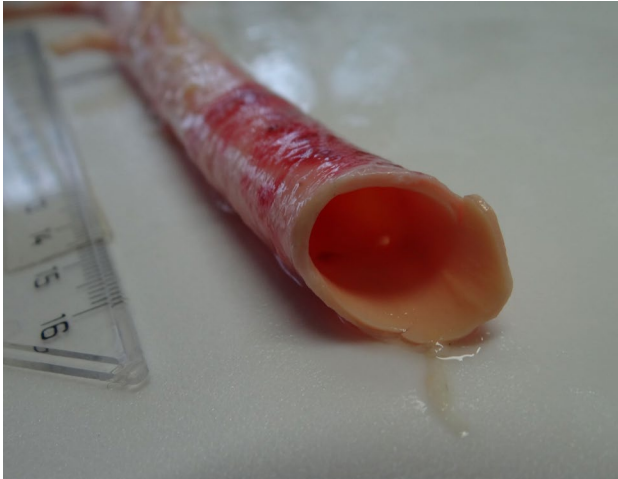
Residual stress brings about the conditions of pre-compressed state at the place of maximum tensile stress



Treatment of circulatory diseases and the contribution of mechanical engineering

Atherosclerosis (ATH)

- Plaque formation on the inner surface of arteries



develops on time scale
of decades

Atherosclerosis

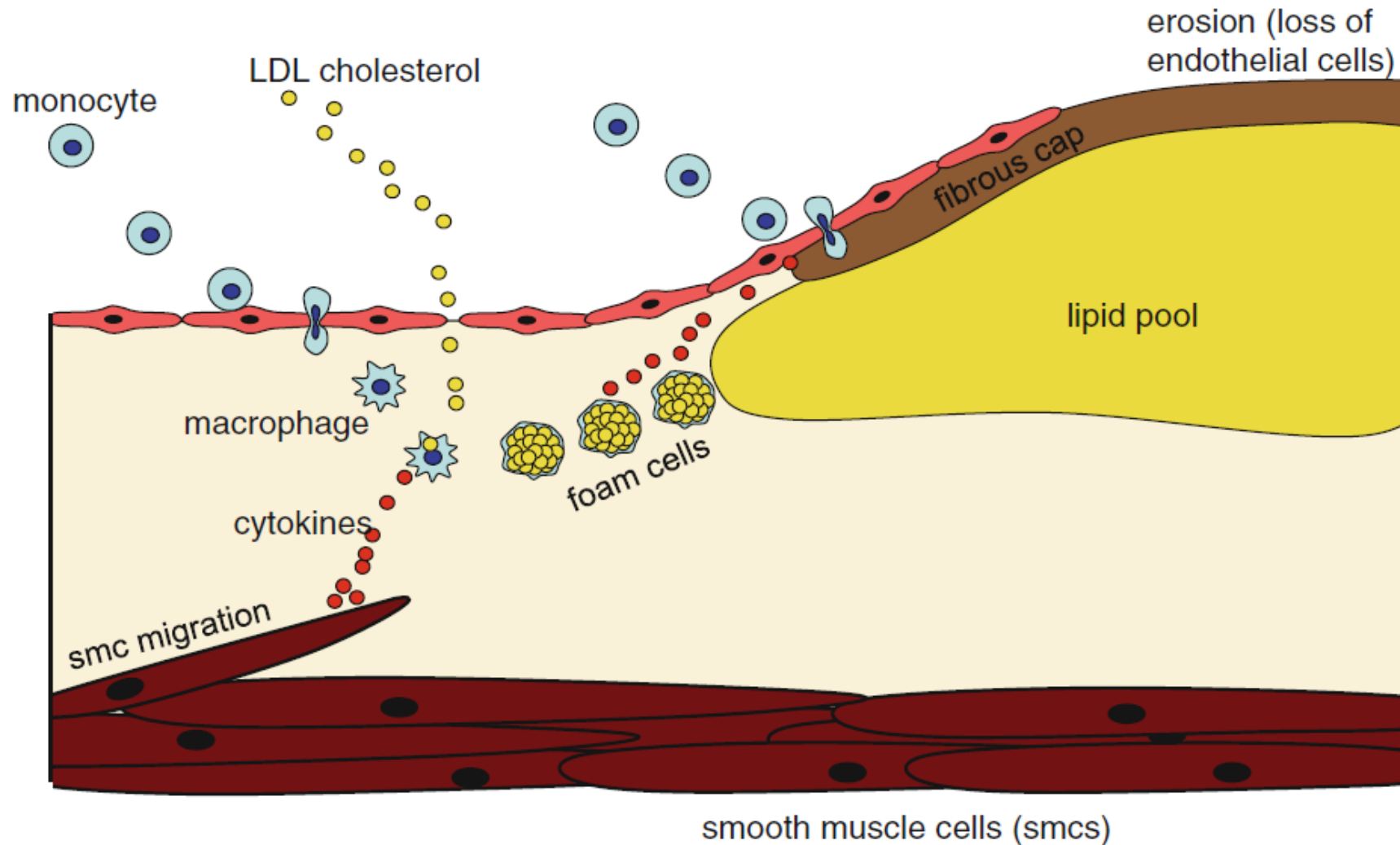
- ATH develops as a consequence of endothelial damage or dysfunction

damage can be **mechanical** → shear stress out of physiological limits
damage can be **chemical** → oxidization of accumulated LDL

development of ATH is always associated with inflammation processes (accumulation of monocytes and macrophages) that destroy and remove damaged cells and tissue

Atherosclerosis

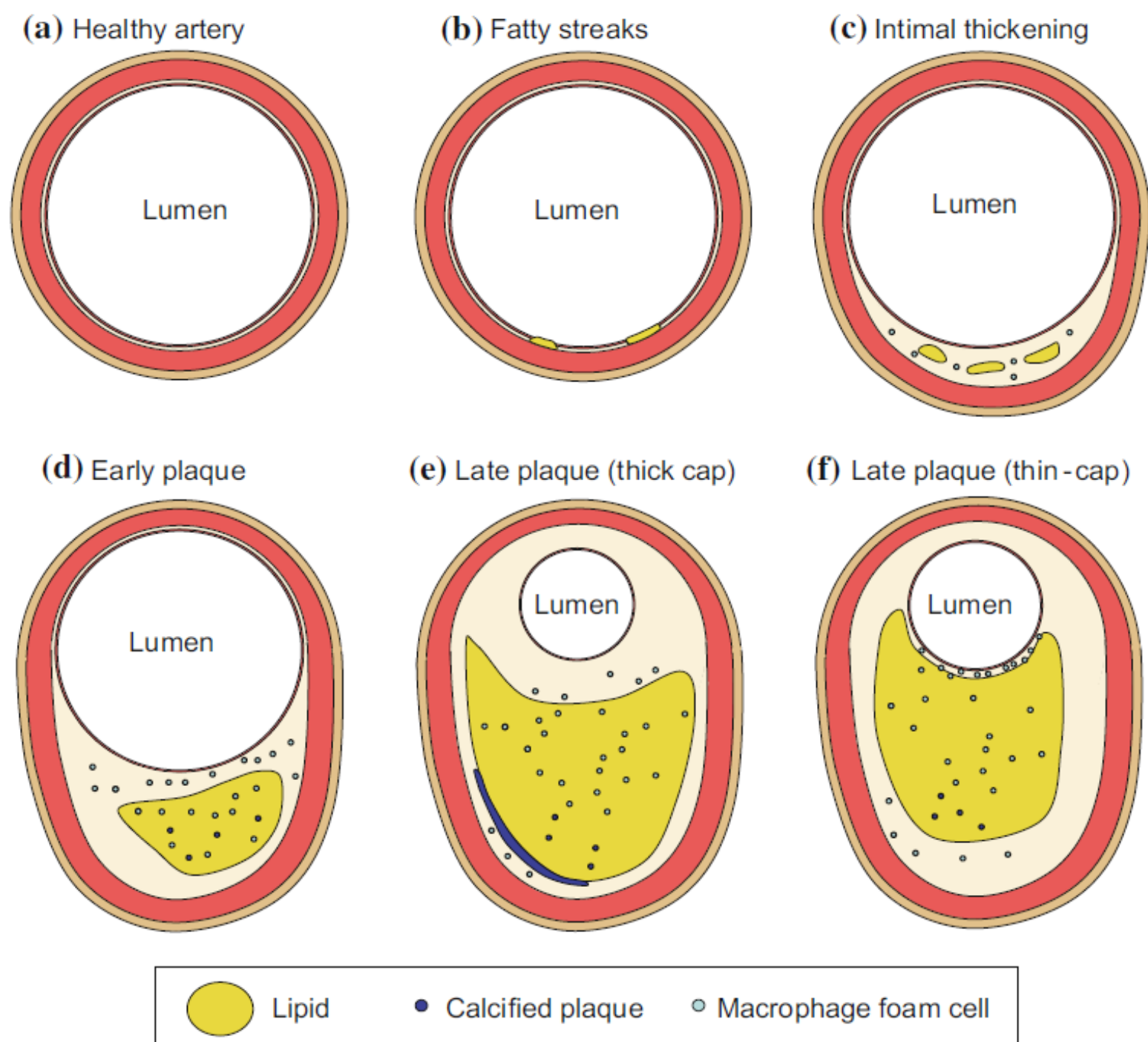
- Developed lesions consist of lipid particles, calcium deposits and products of the inflammation



Atherosclerosis

- develops as a consequence of

mechanical damage
chemical damage
to
ENDOTHELIAL CELLS

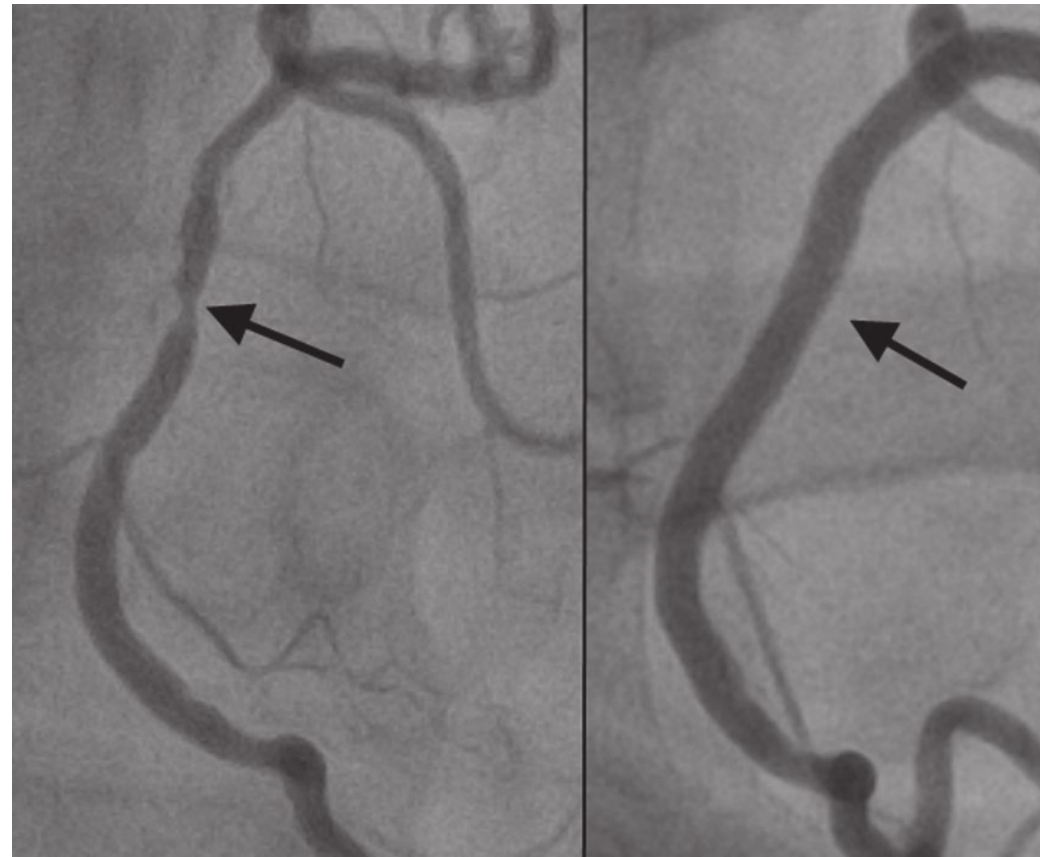


Atherosclerosis

- ATH creates obstructions in blood flow which reduce blood supply and can end in total occlusion (blockage)

ischemic disease = insufficient blood supply

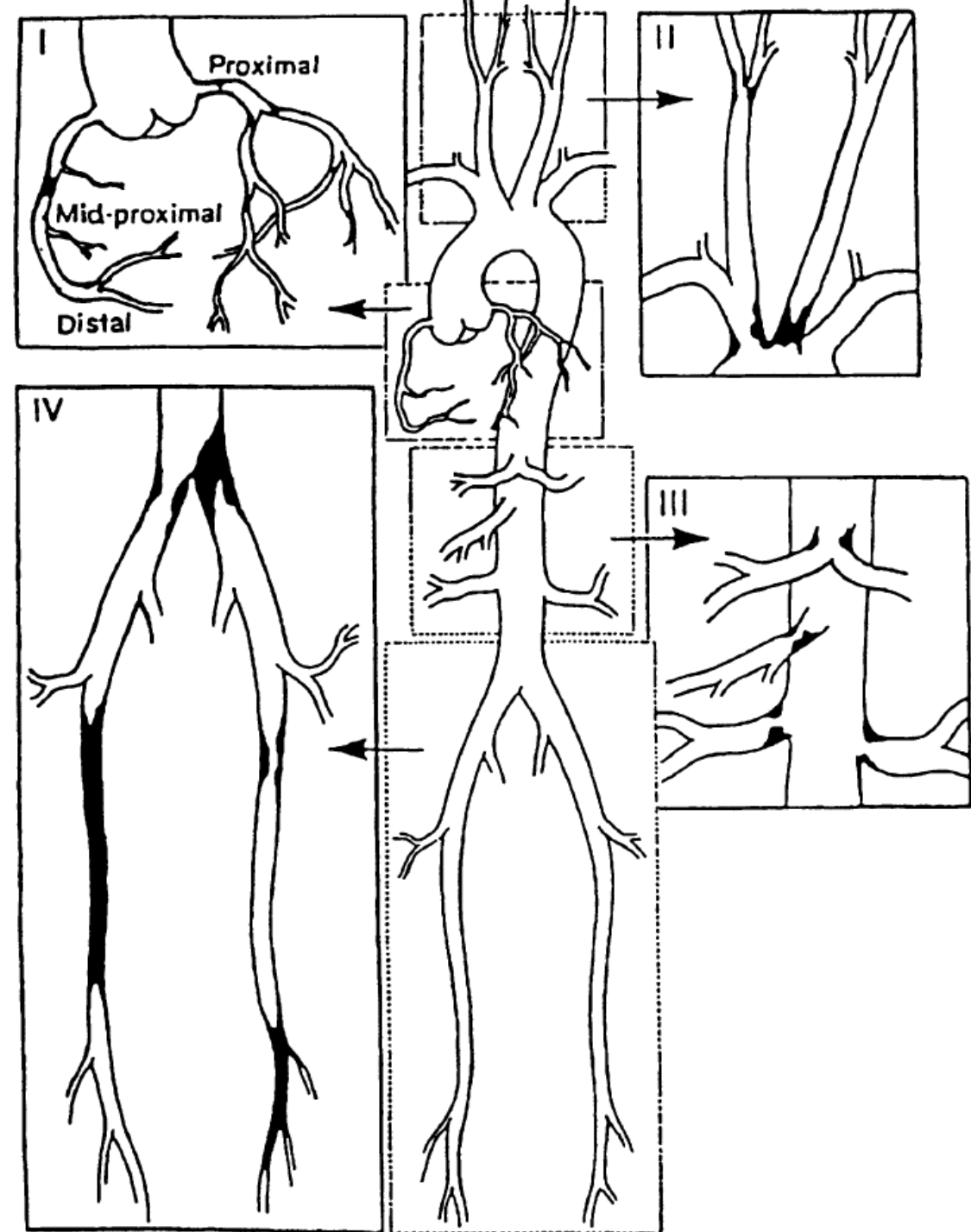
coronary artery disease, limb ischemia, brain ischemia, kidney ischemia ,...



Atherosclerosis

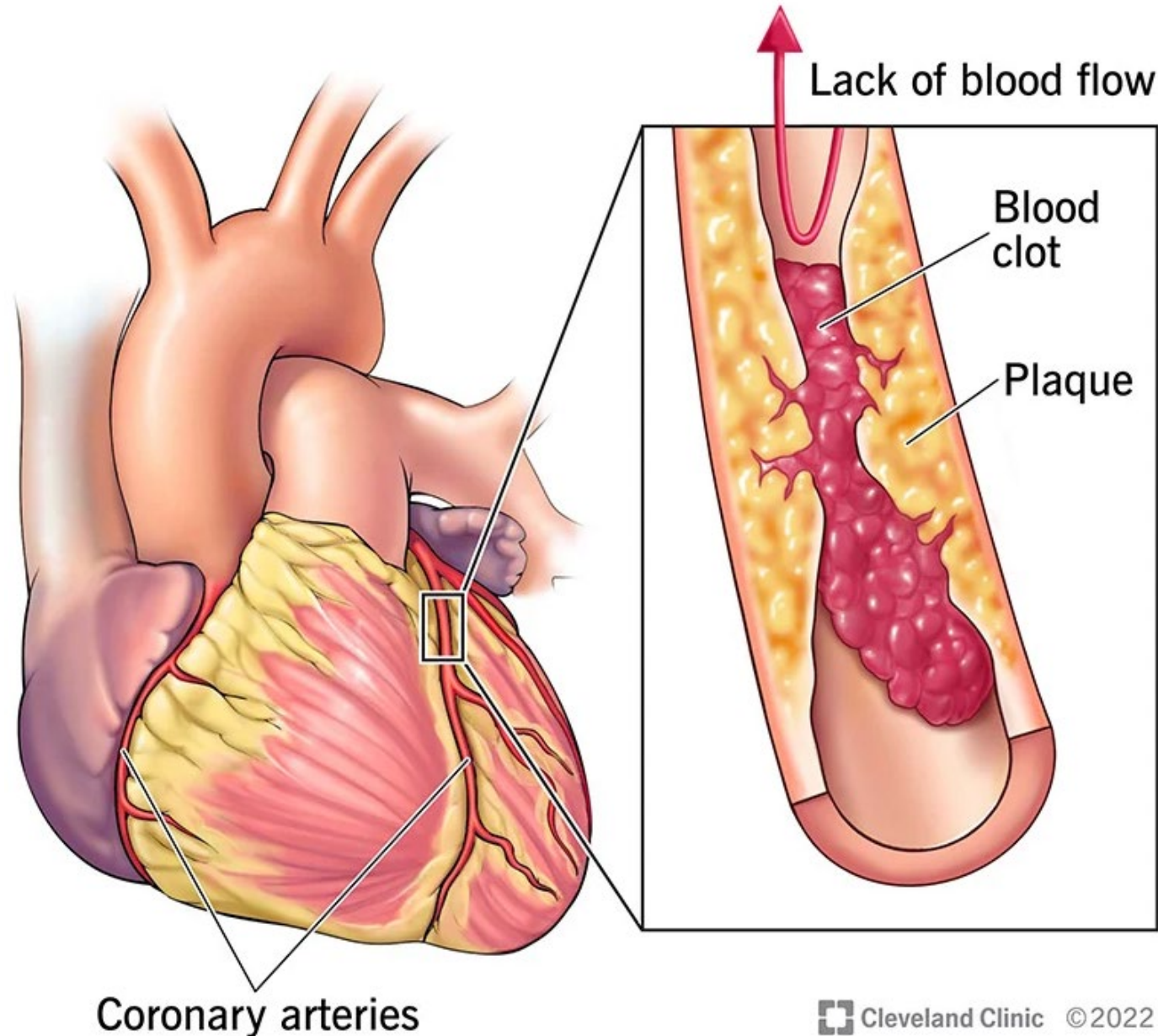
- **ATH creates obstructions**
ischemic disease = insufficient blood

coronary artery disease,
limb ischemia,
brain ischemia,
kidney ischemia ,...



Atherosclerosis

- ATH plaque can rupture and the subsequent thrombus can suddenly block the artery completely, which is called an infarction (**heart attack**).



Revascularization

- To restore blood supply

percutaneous intervention

(stent, angioplasty → interventional cardiology)

surgical procedures

(bypass → cardiac/blood vessel surgery)

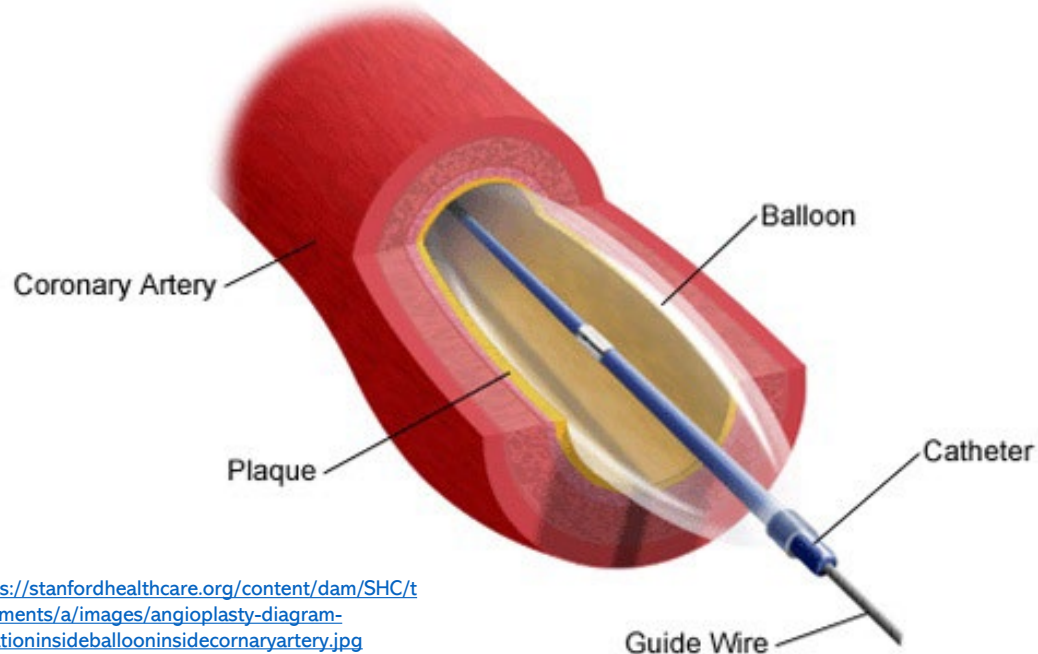
endovascular stent-grafting

(trans-catheter → endovascular surgery)

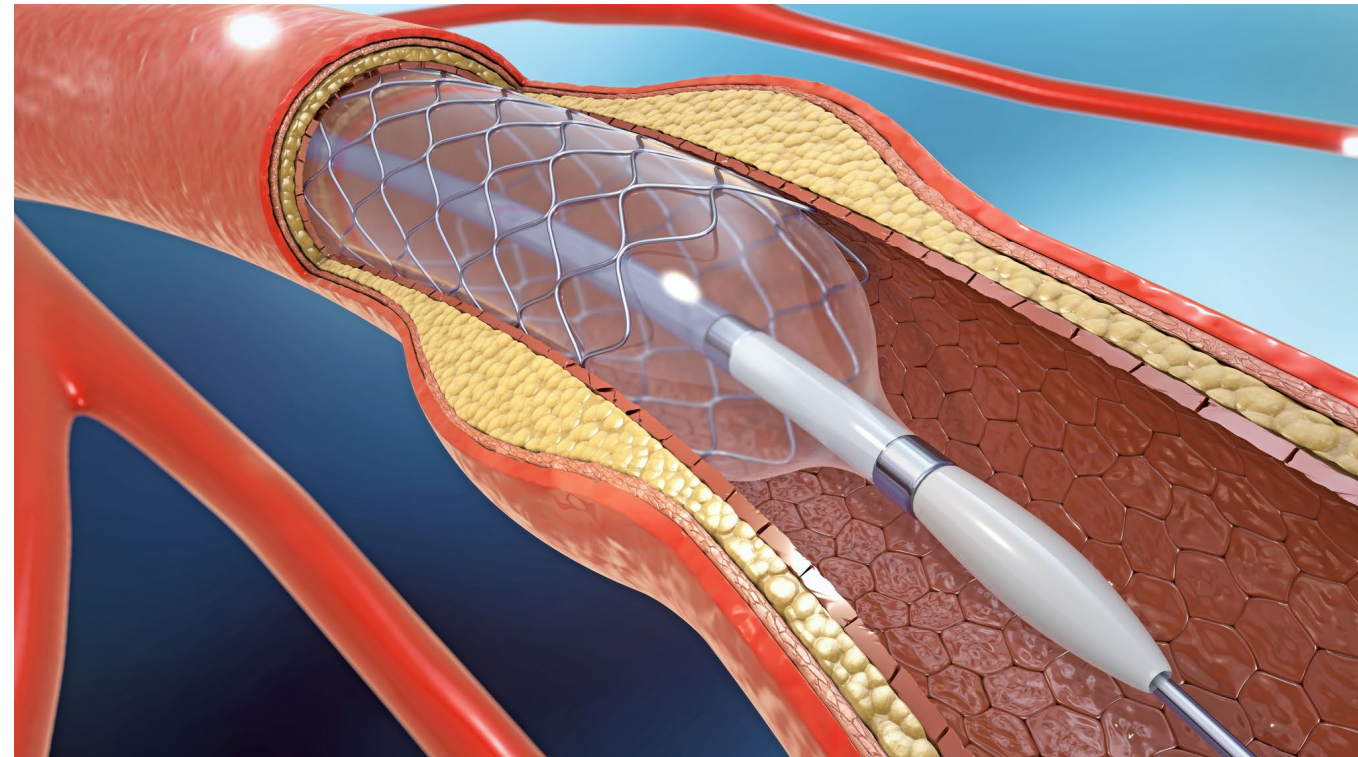
Revascularization

- Percutaneous intervention
 - **angioplasty**: artery distended by inflated balloon
 - **stent** deployment: wired tube is expanded at the narrowed place

Inflation of Balloon Inside a Coronary Artery



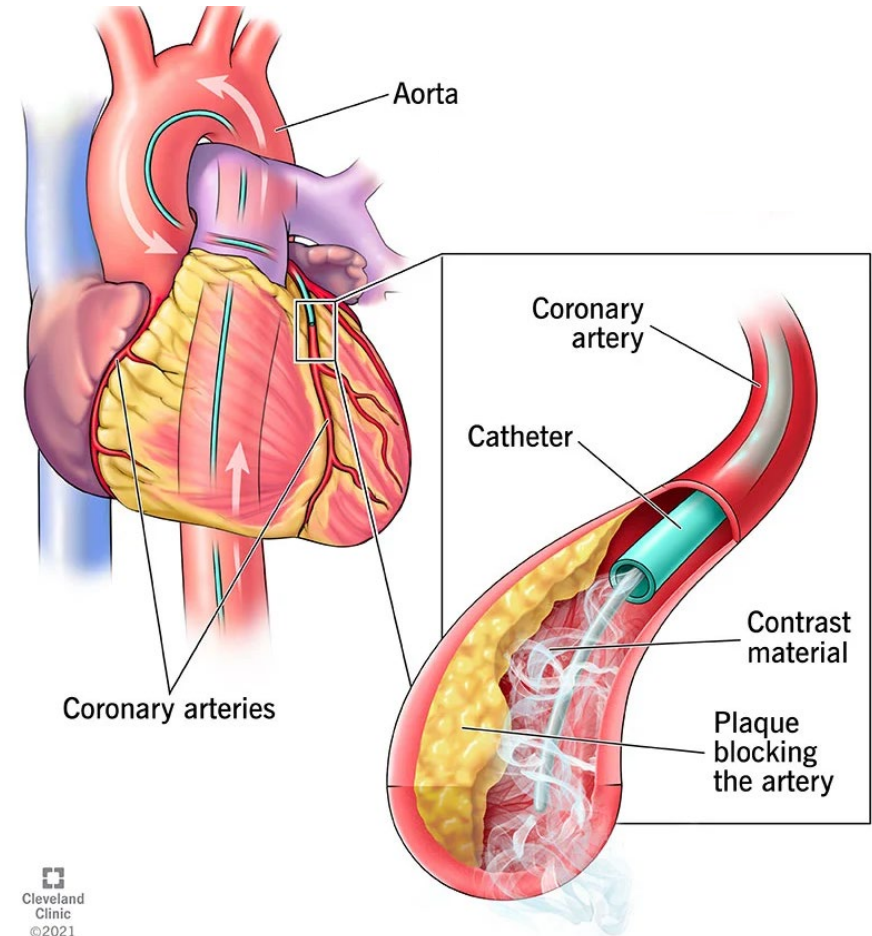
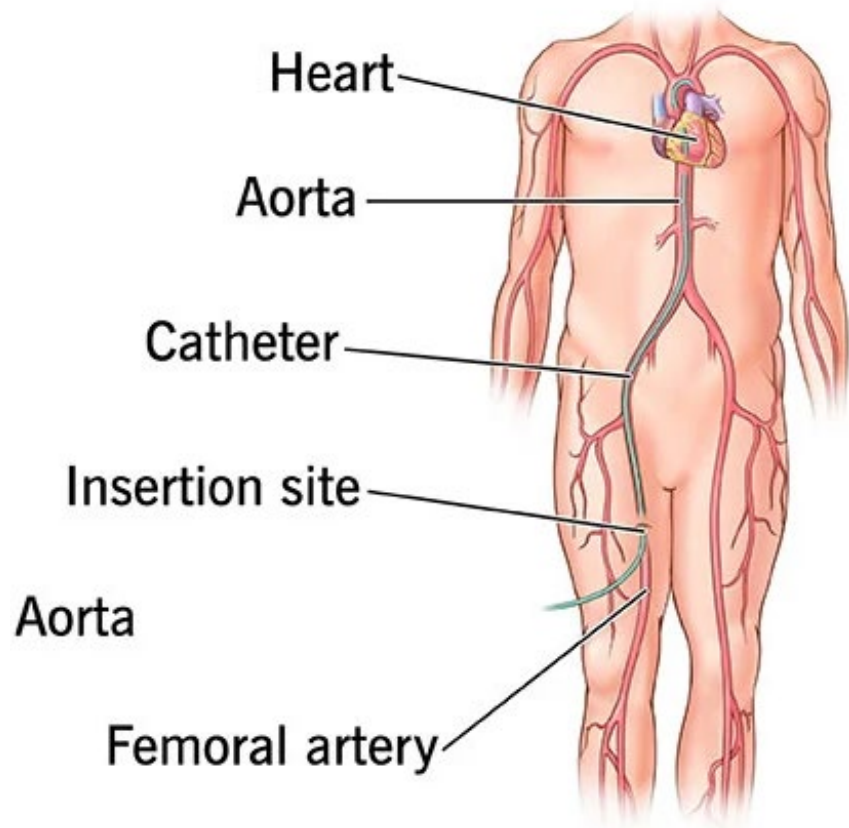
<https://ahvsc.com/wp-content/uploads/2021/05/iStock-999350286.jpg>



<https://stanfordhealthcare.org/content/dam/SHC/treatments/a/images/angioplasty-diagram-inflationinsideballooninsidecoronaryartery.jpg>

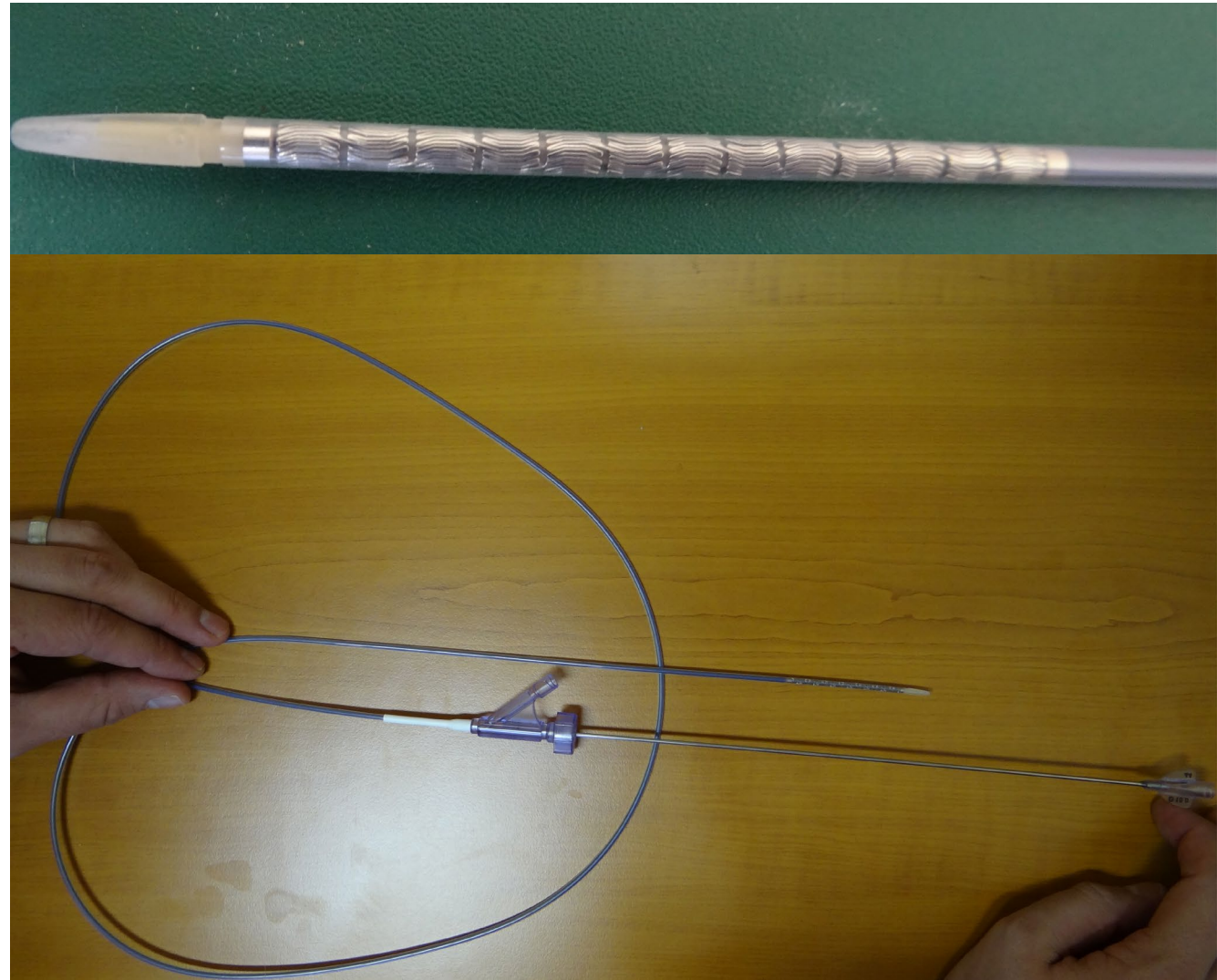
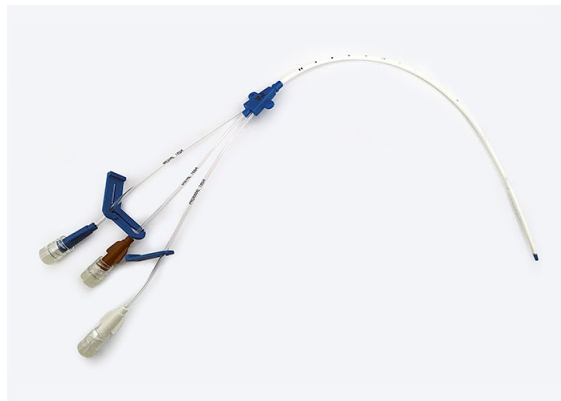
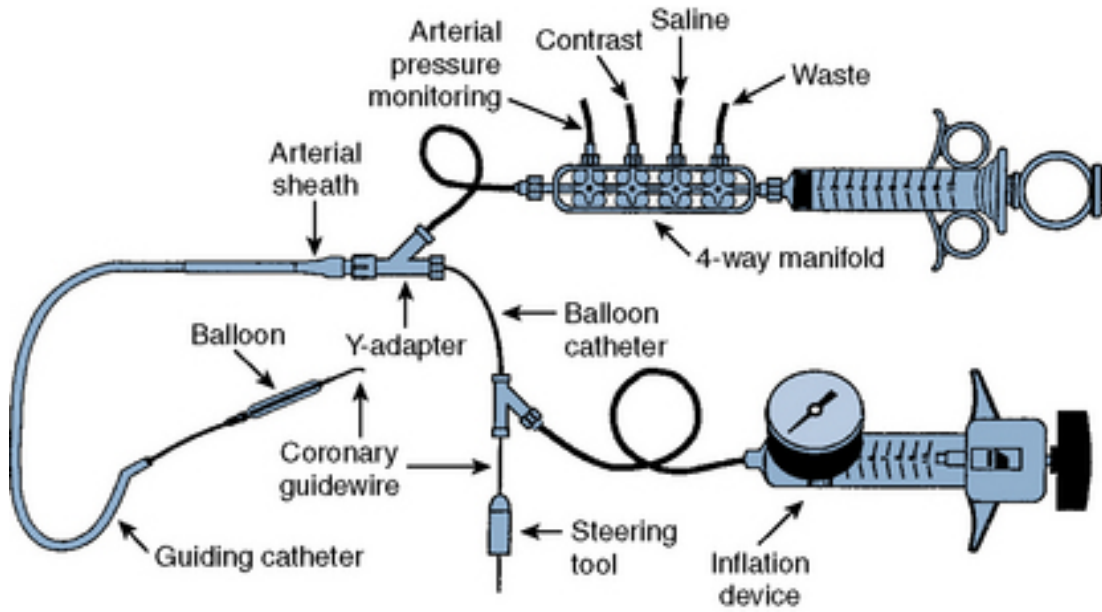
Revascularization

- Percutaneous intervention - **catheterization**



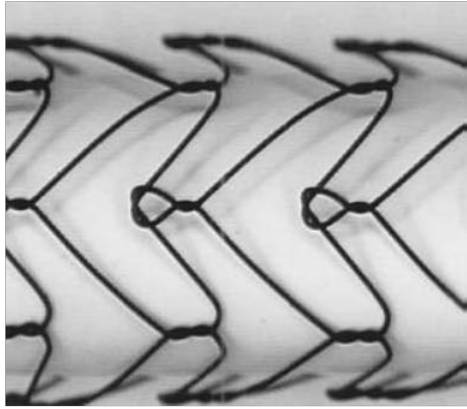
Revascularization

- Percutaneous intervention - **catheterization**

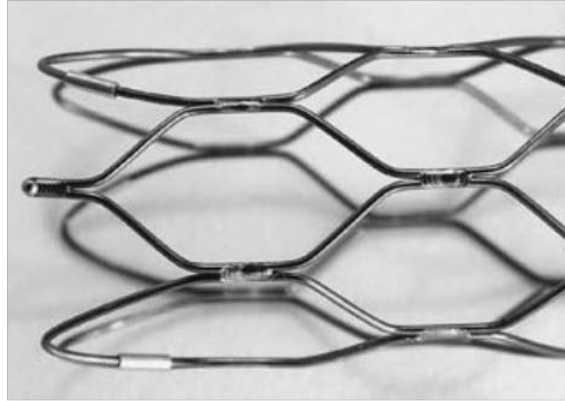


Revascularization

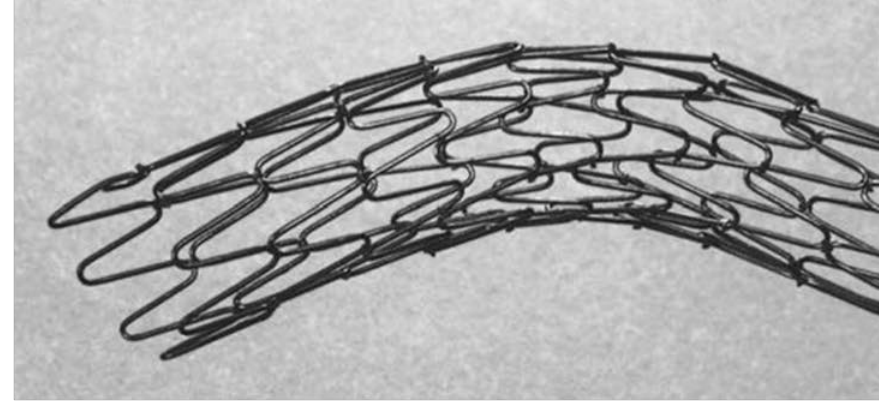
- Percutaneous intervention - **stent**



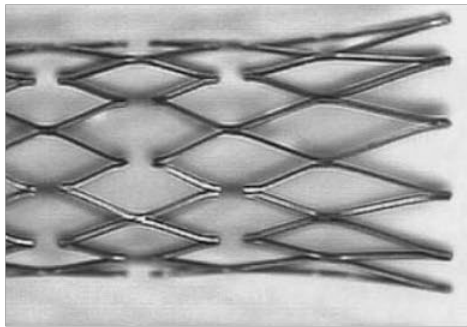
ZA stent (Cook)



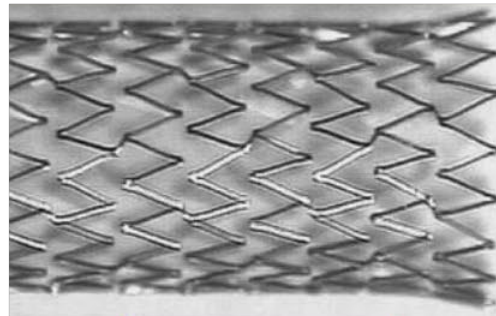
Symphony
(Boston Scientific)



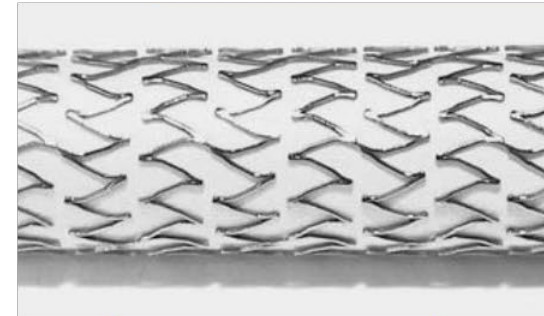
Cragg stent
(MinTec)



NiTi Memotherm
(Bard Angiomed)



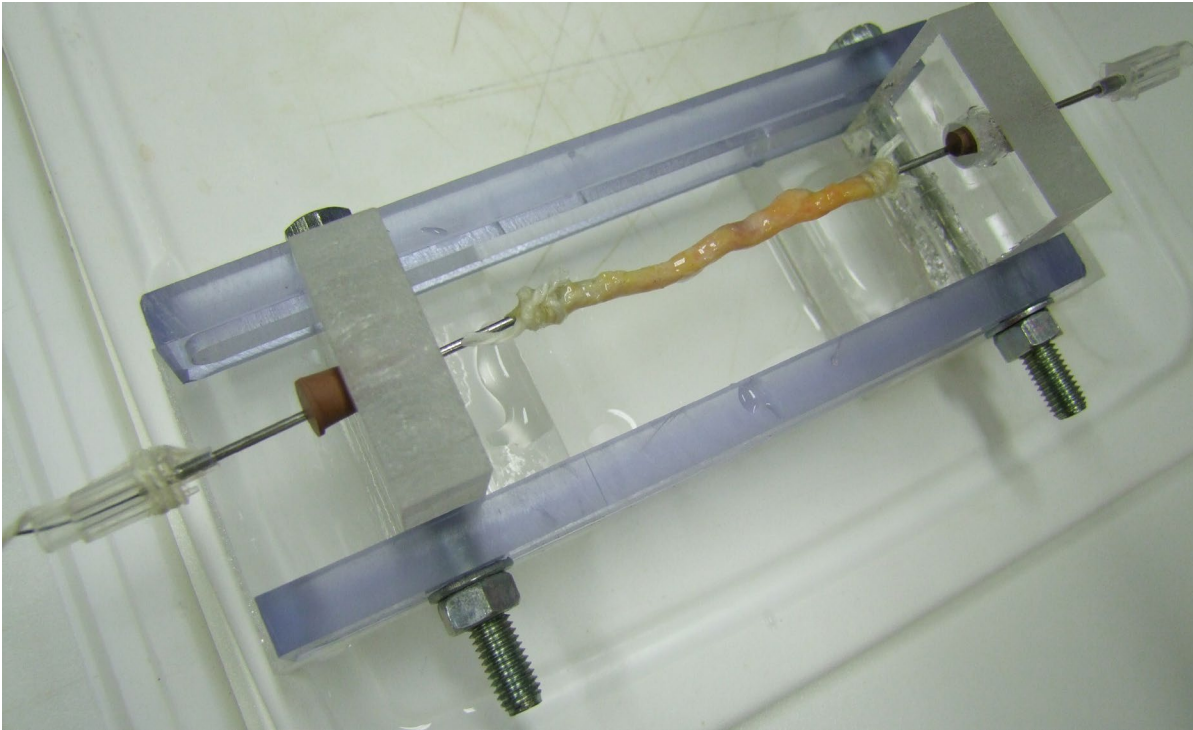
SMART
(Cordis)



Jostent SelfX
(Jomed)

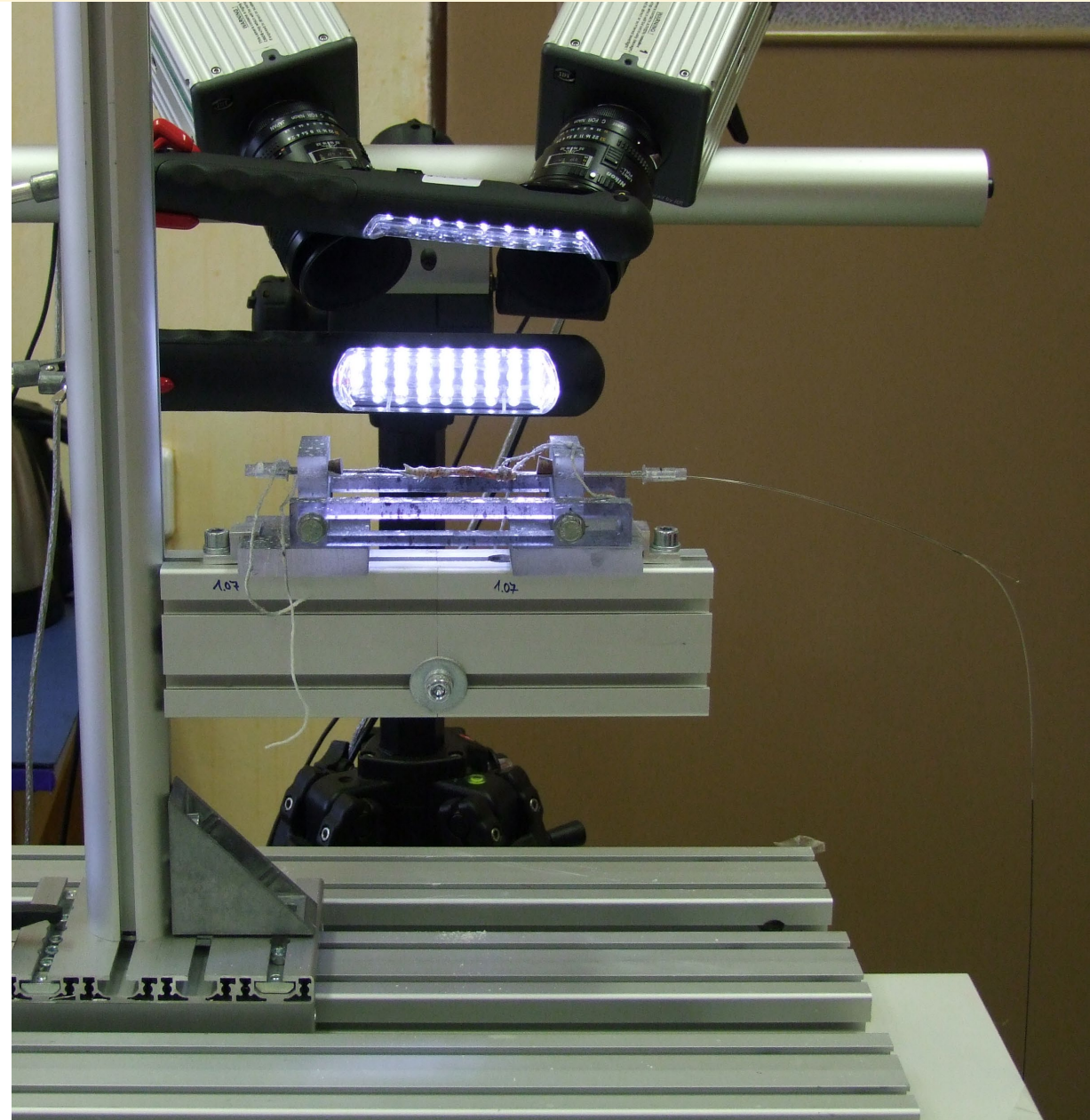
Revascularization

- **Engineering: Applied biomechanics**
development of new materials and designs



Revascularization

- Engineering:
Applied biomechanics
development of new materials
and designs

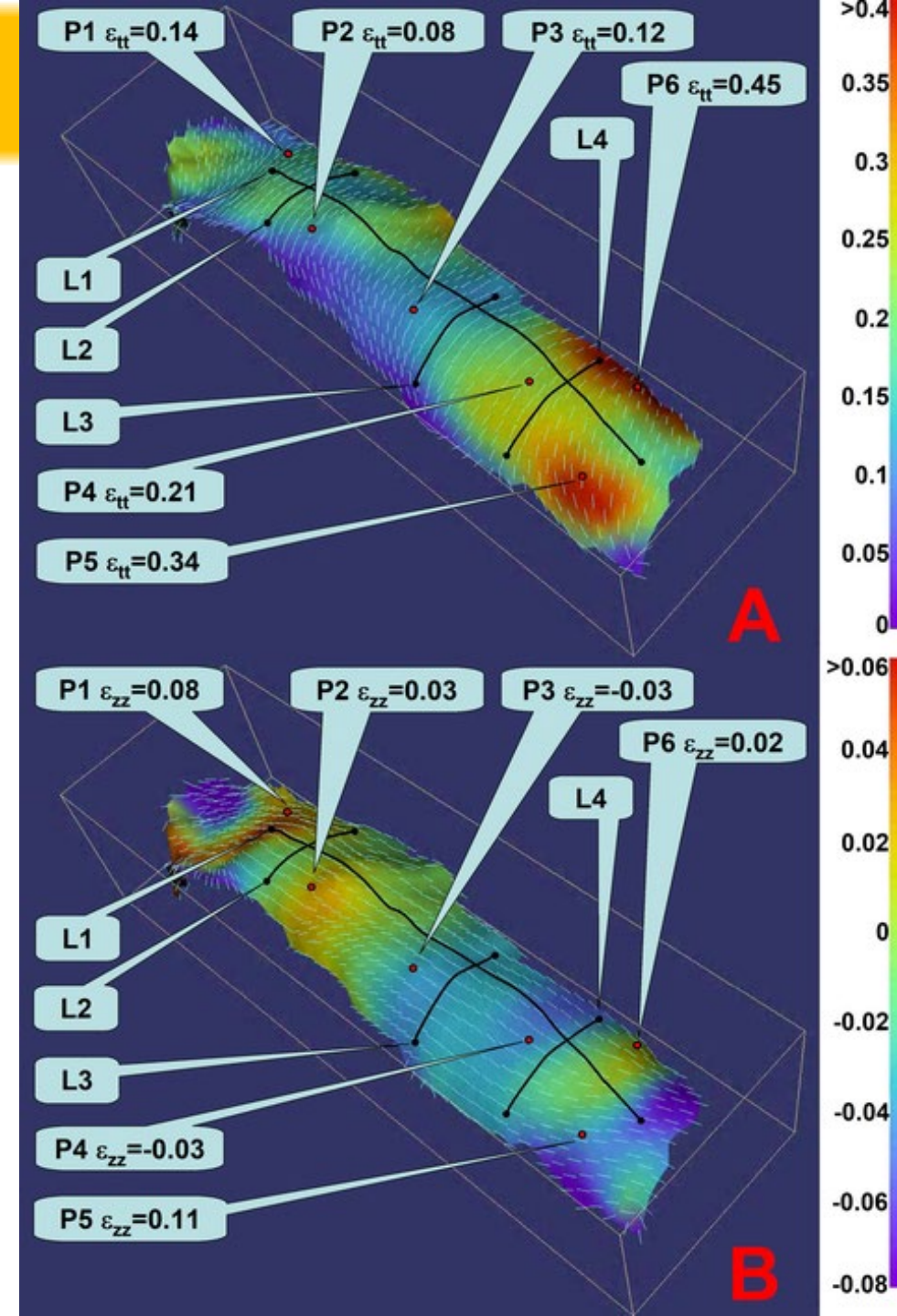
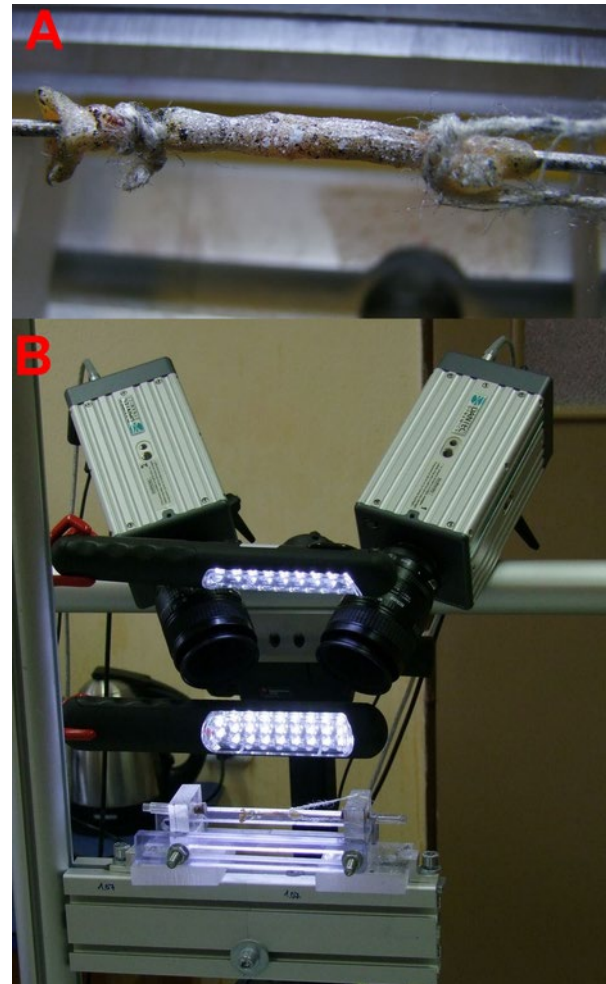


Revascularization

- Applied biomechanics

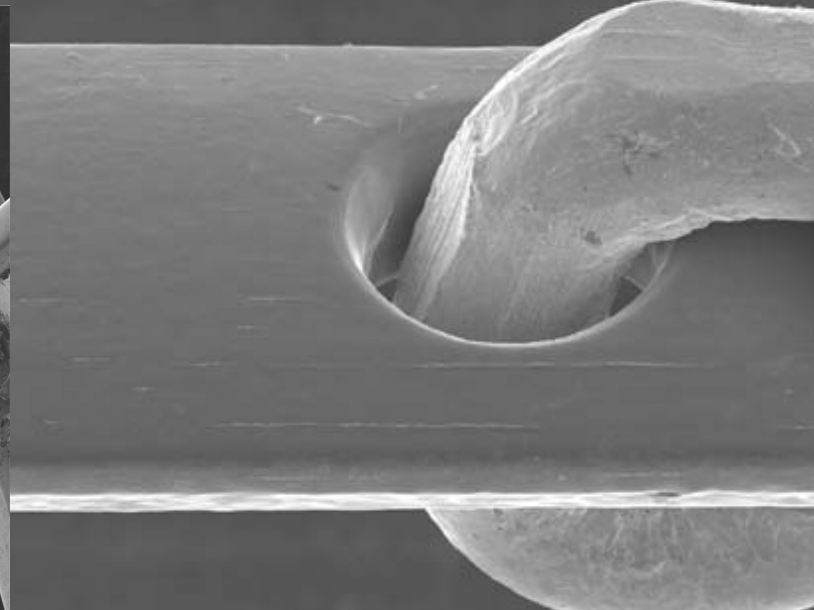
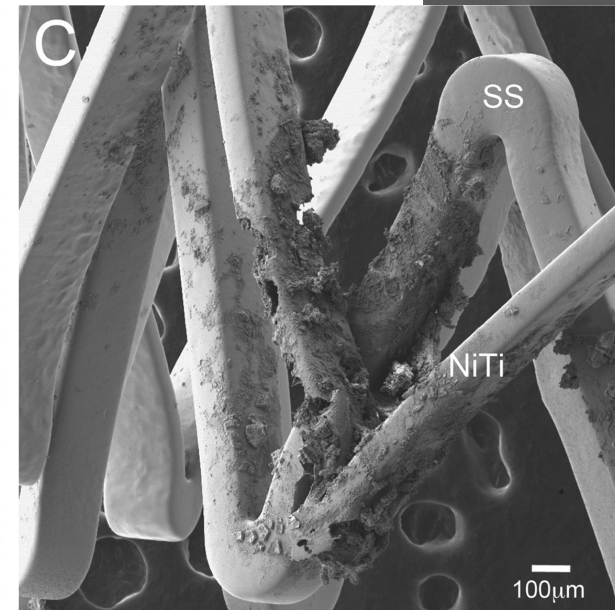
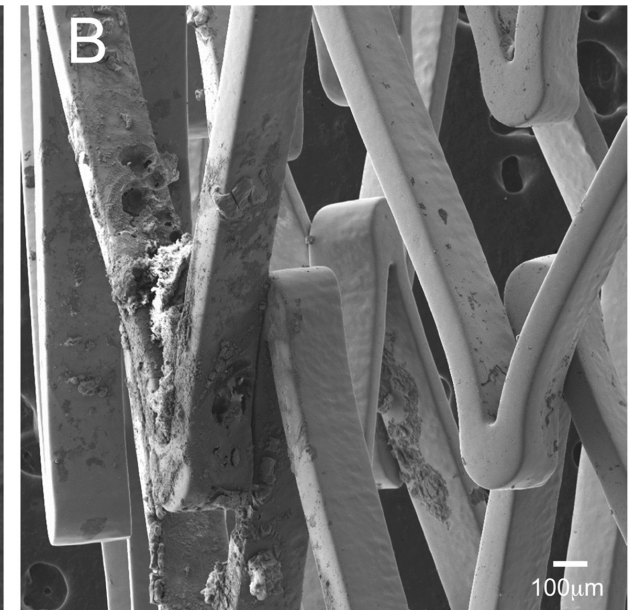
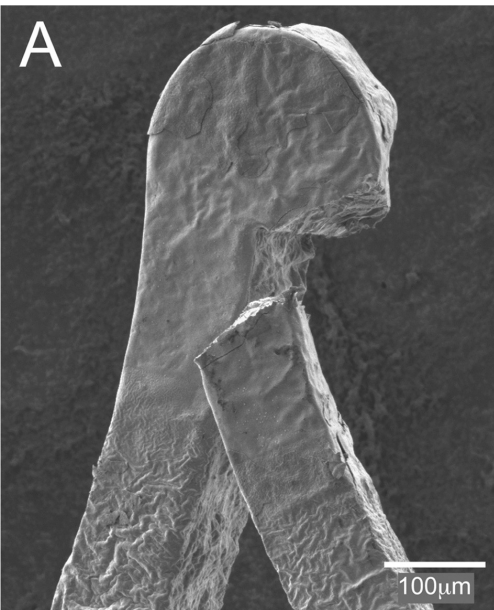
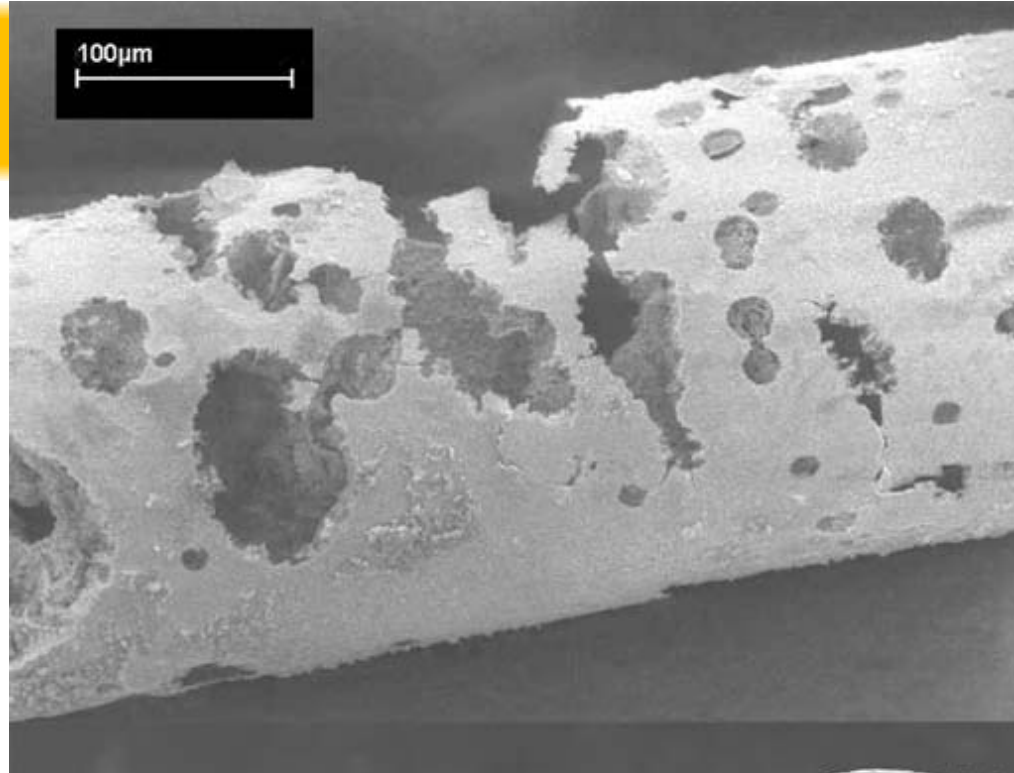
description of the mechanical interaction between stent and artery wall

overloading can induce restenosis



Revascularization

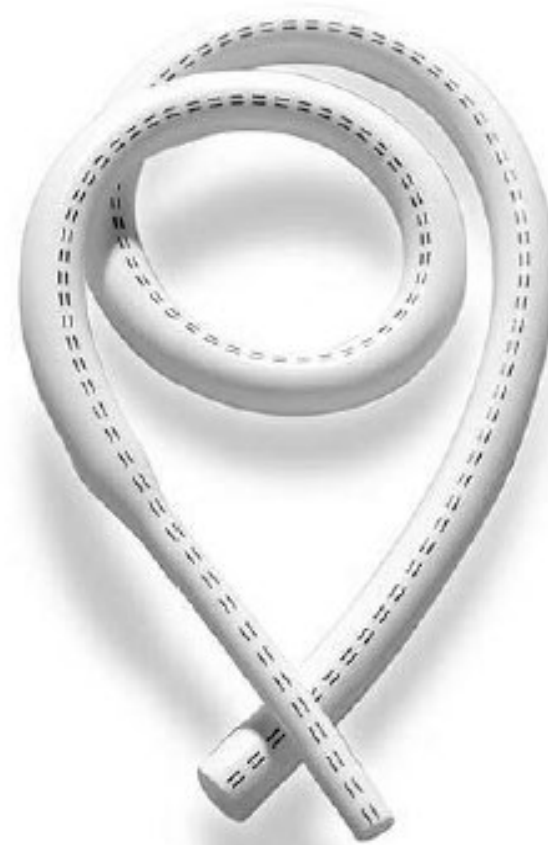
- Applied biomechanics
safe service life
corrosion and/or fatigue



Revascularization

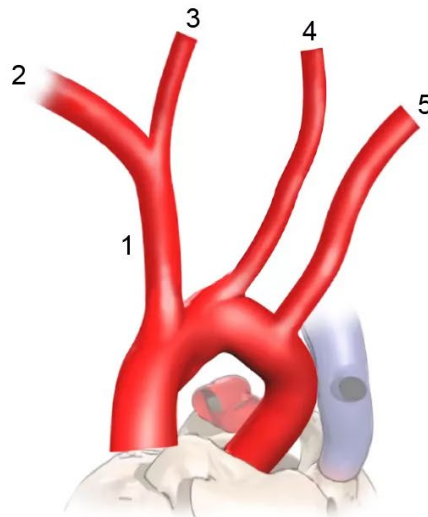
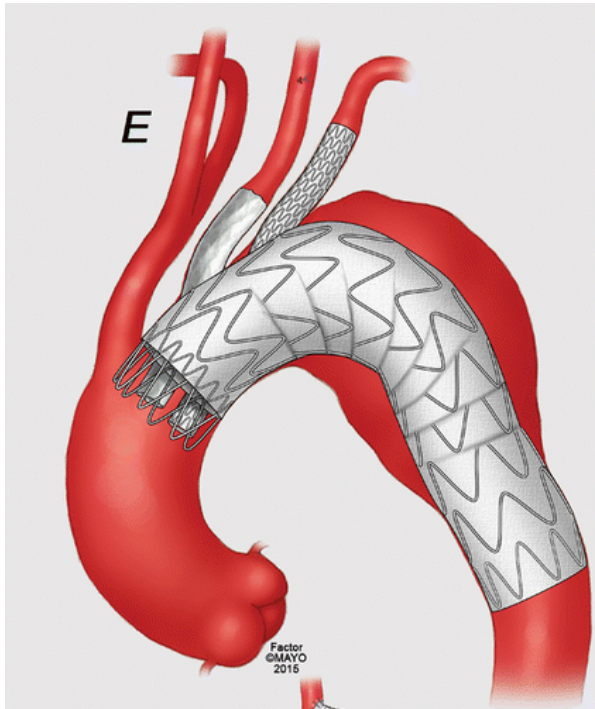
- Applied biomechanics: replacements

new
design and
development
of materials



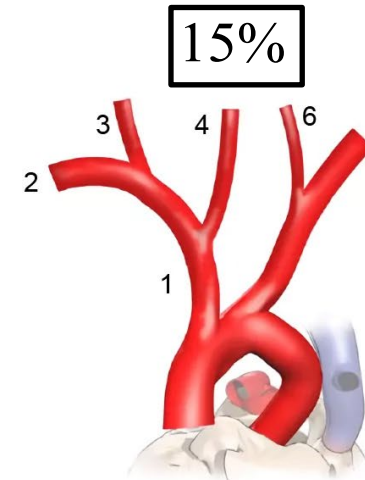
Revascularization

- Applied biomechanics
personalized designs
for complex geometries
3D printing

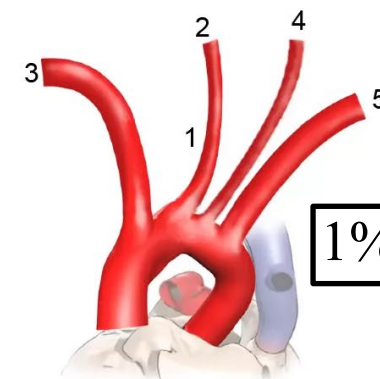


NORMAL BRANCH PATTERN

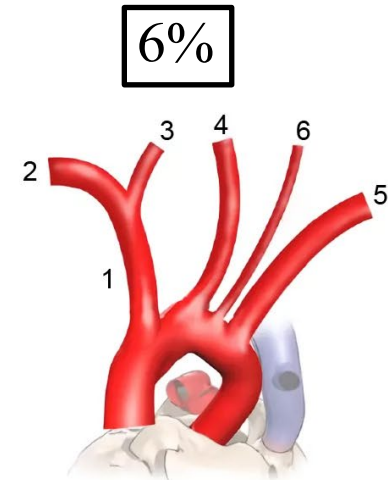
- 1: Brachiocephalic trunk
- 2: Right subclavian artery
- 3: Right common carotid artery
- 4: Left common carotid artery
- 5: Left subclavian artery
- 6: Vertebral artery
- 7: Thyroid ima artery



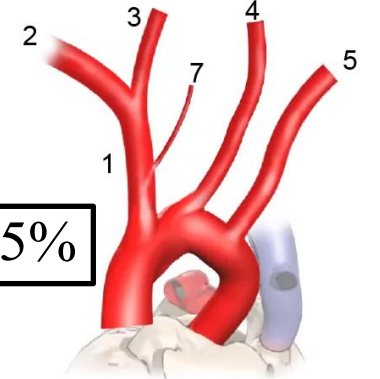
BOVINE



ABERRANT RIGHT SUBCLAVIAN ARTERY



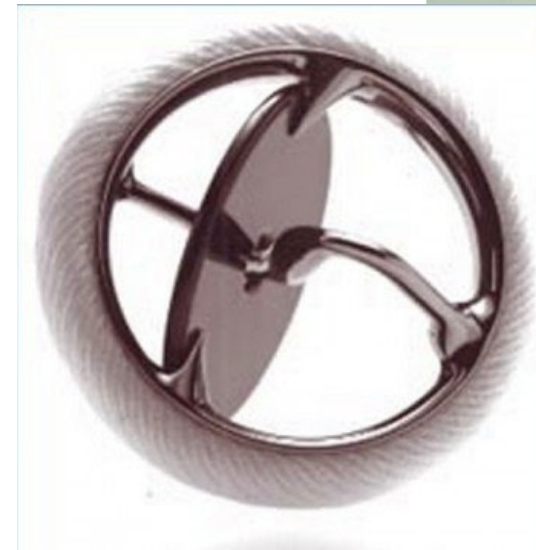
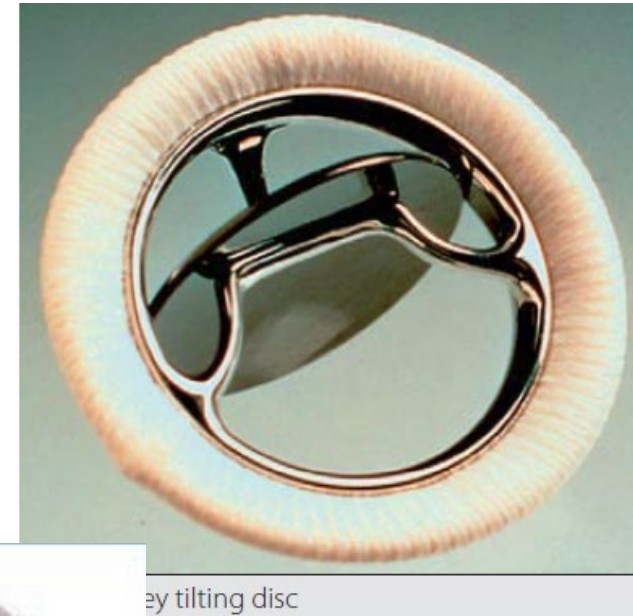
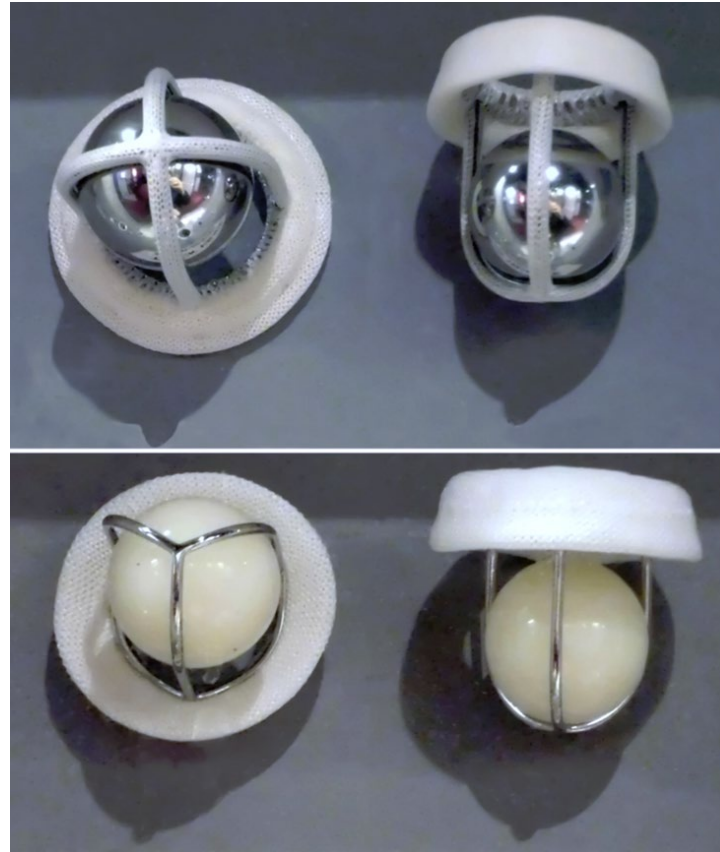
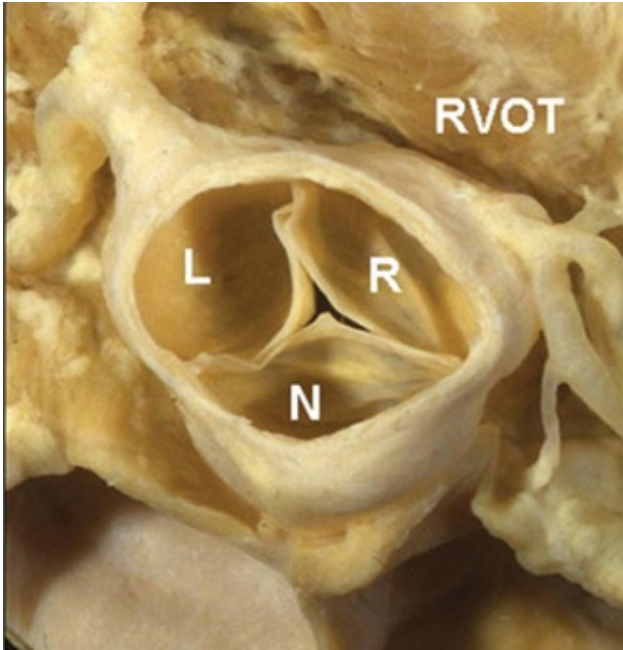
VARIANT VERTEBRAL ARTERY



THYROID IMA ARTERY

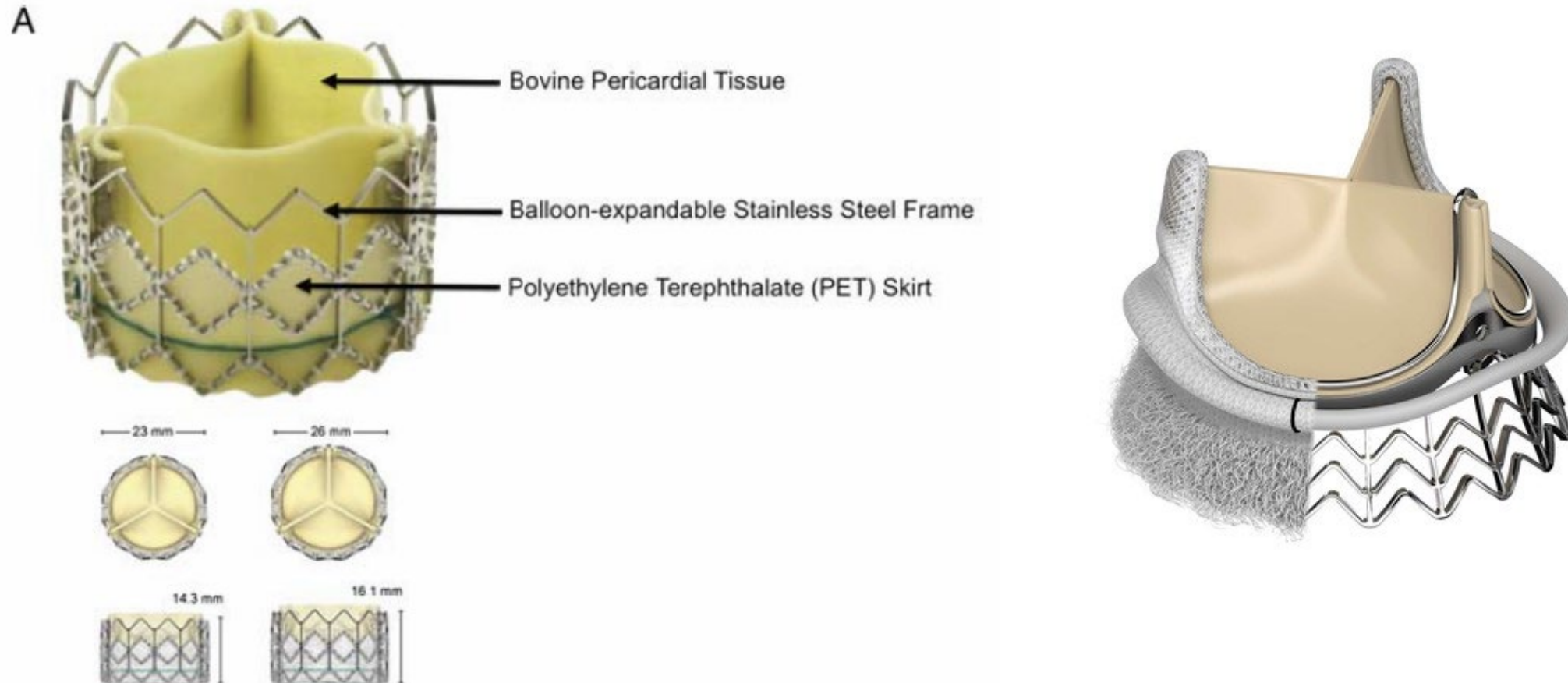
Valve intervention

- Applied biomechanics: prosthetic valves



Valve intervention

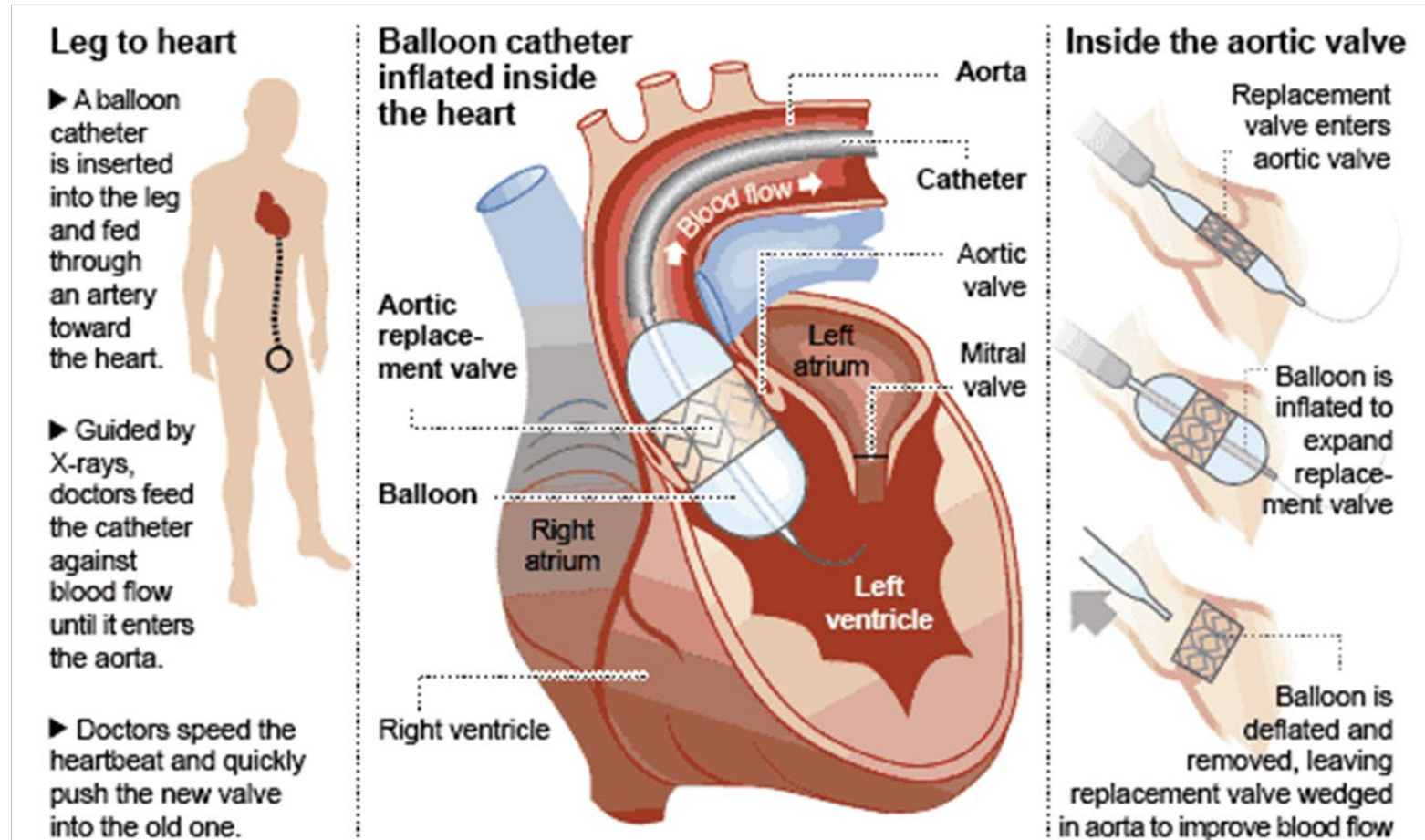
- Applied biomechanics: **bio**prosthetic valves



Valve intervention

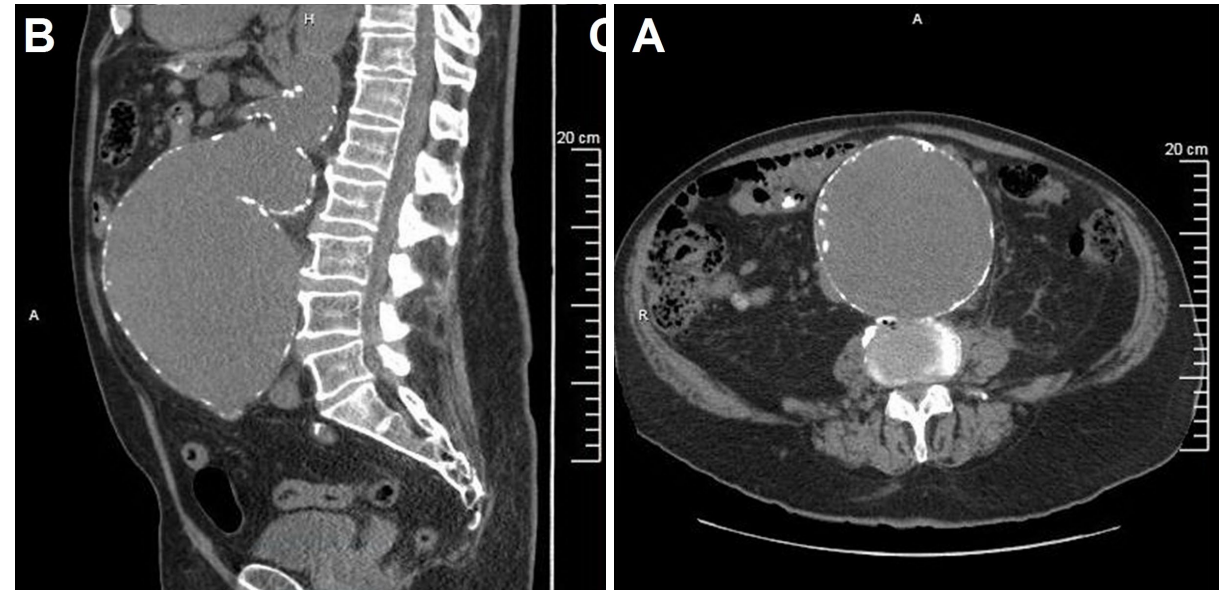
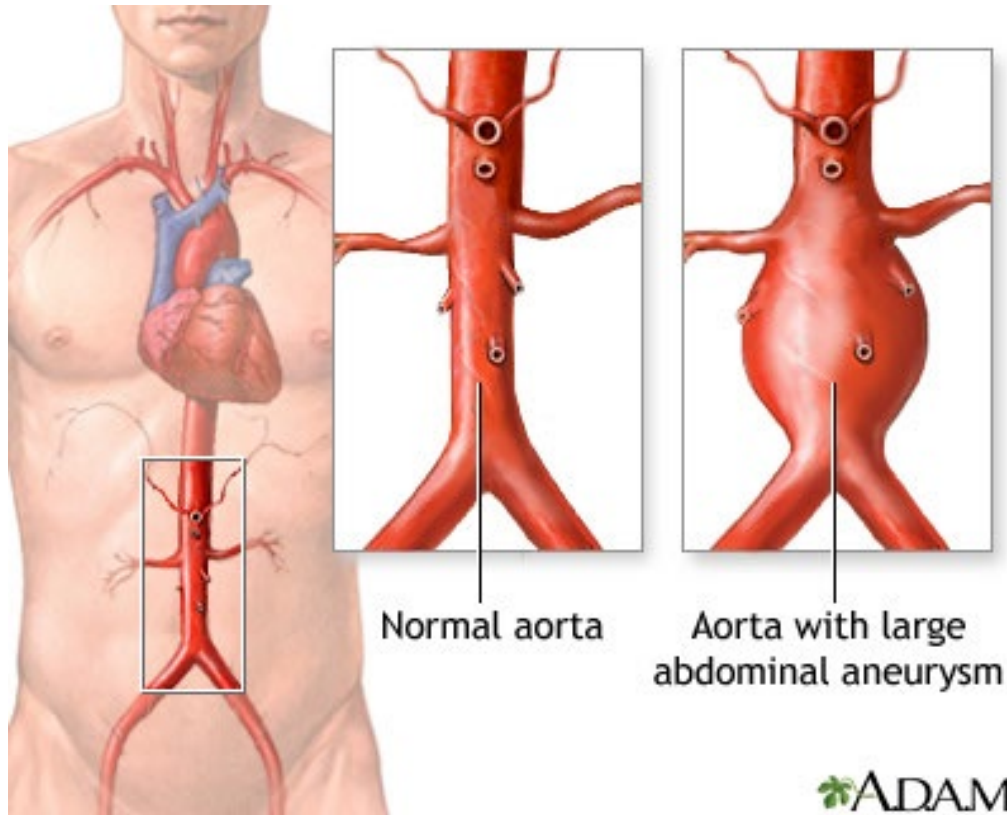
- Applied biomechanics: **bio**prosthetic valves

Transcatheter aortic valve replacement (TAVR)



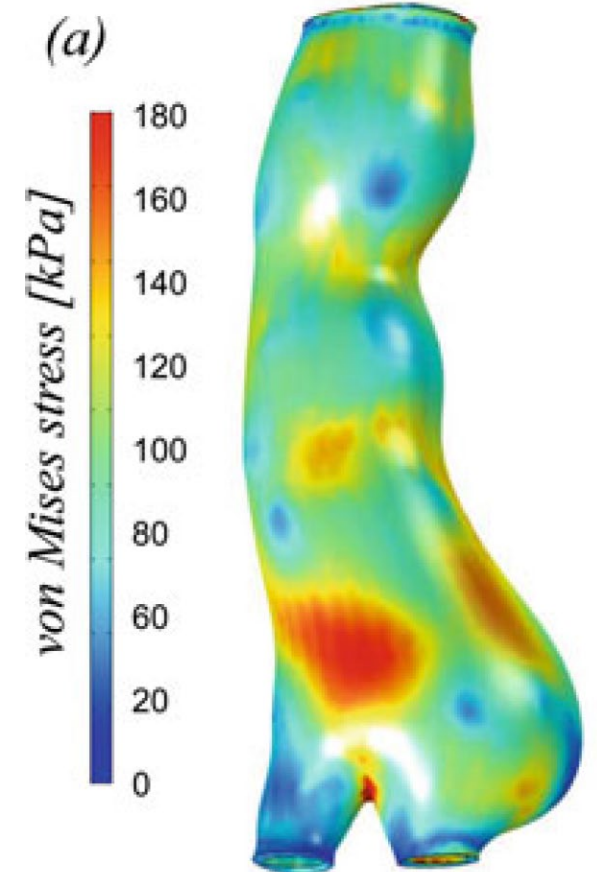
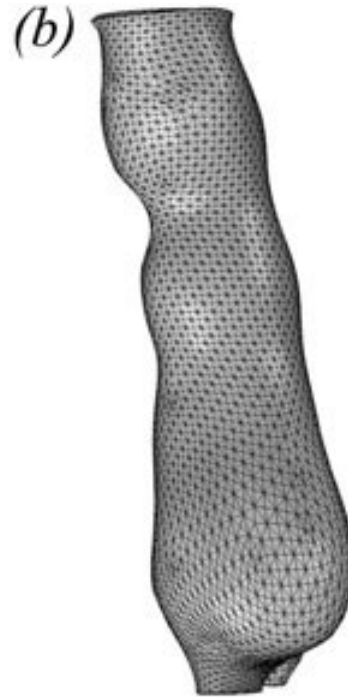
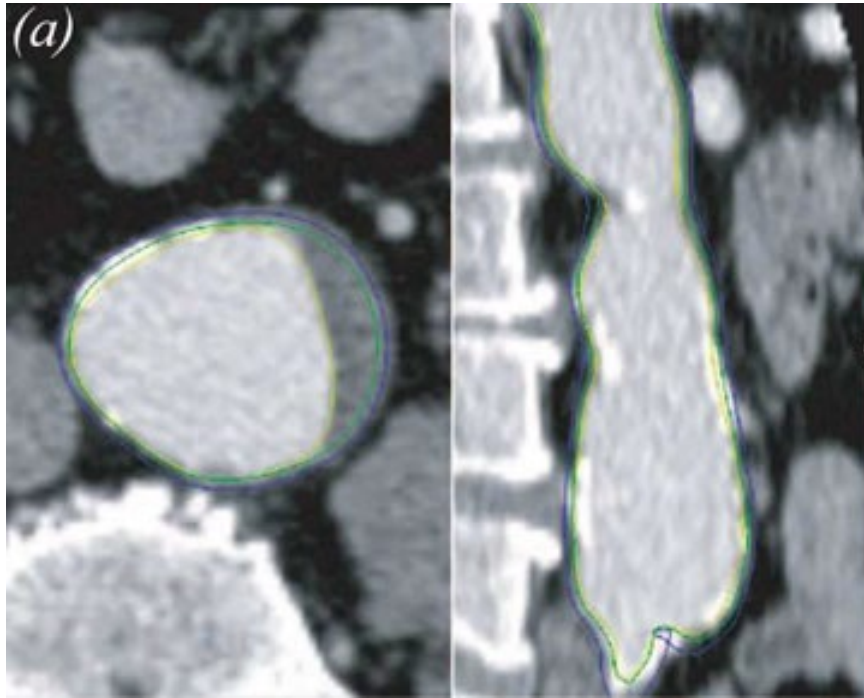
Aneurysm

- **Applied biomechanics: advice on decision-making**
Computational assessment of aneurysm rupture risk



Aneurysm

- Computational assessment of aneurysm rupture risk
Medical-imaging-based (personalized) models



Aneurysm

- Computational assessment of aneurysm rupture risk
Patient-specific models

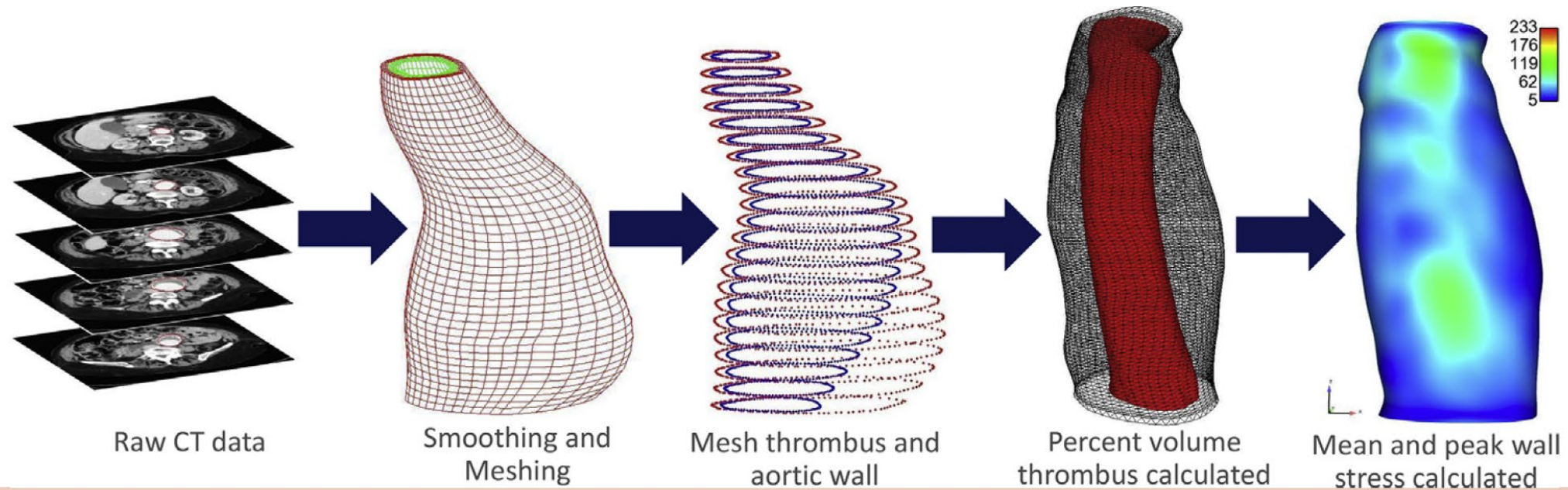
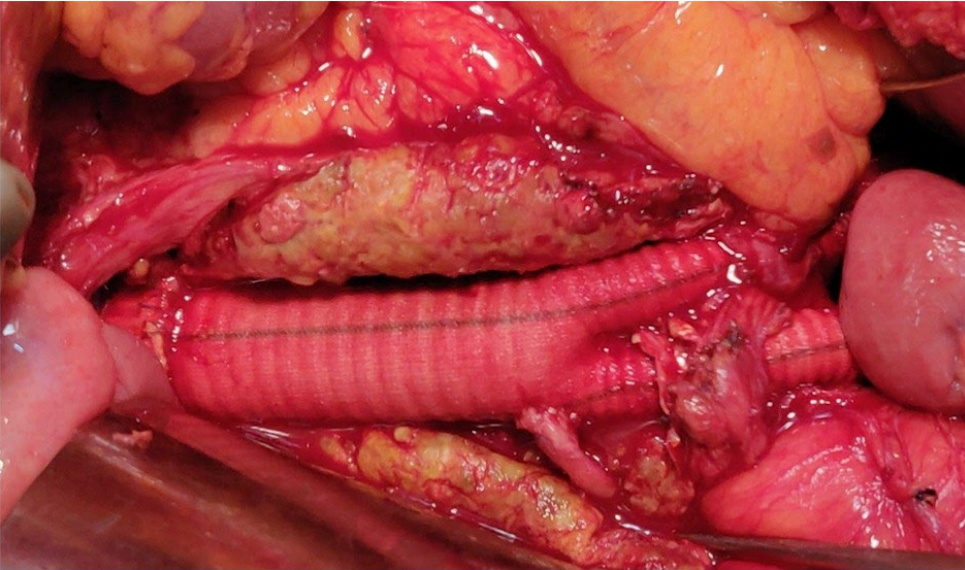


Fig 1. Stages of the patient-specific analysis process: computed tomography (CT) angiography (CTA) scan stack; point cloud extraction and smoothing and geometric analysis; outer aortic wall creation and intraluminal mesh creation; percentage volume thrombus calculation; and wall stress analysis.

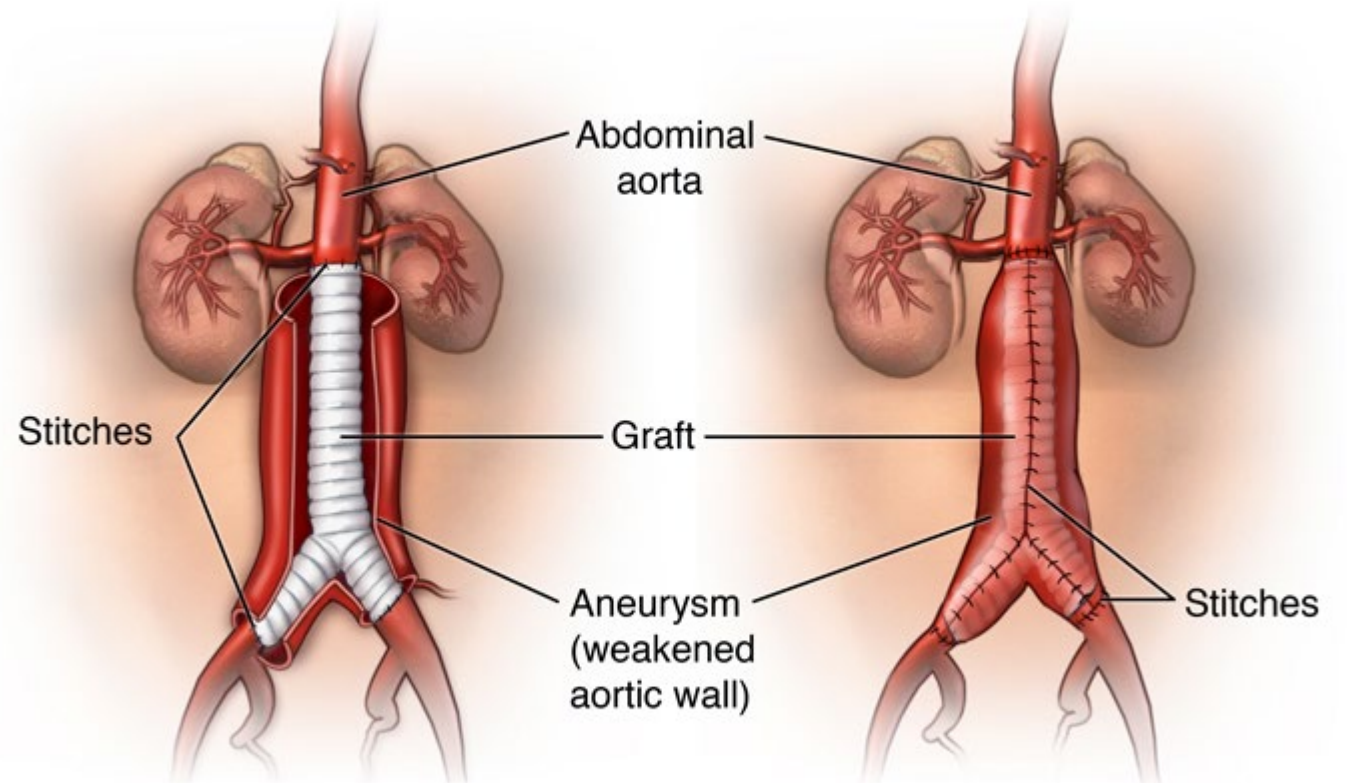
Aneurysm

- Options in abdominal aneurysm treatment:
open surgery



<https://www.kauveryhospital.com/ima-journal/ima-journal-november-2022/abdominal-aortic-aneurysm/>

Abdominal aorta aneurysm open repair

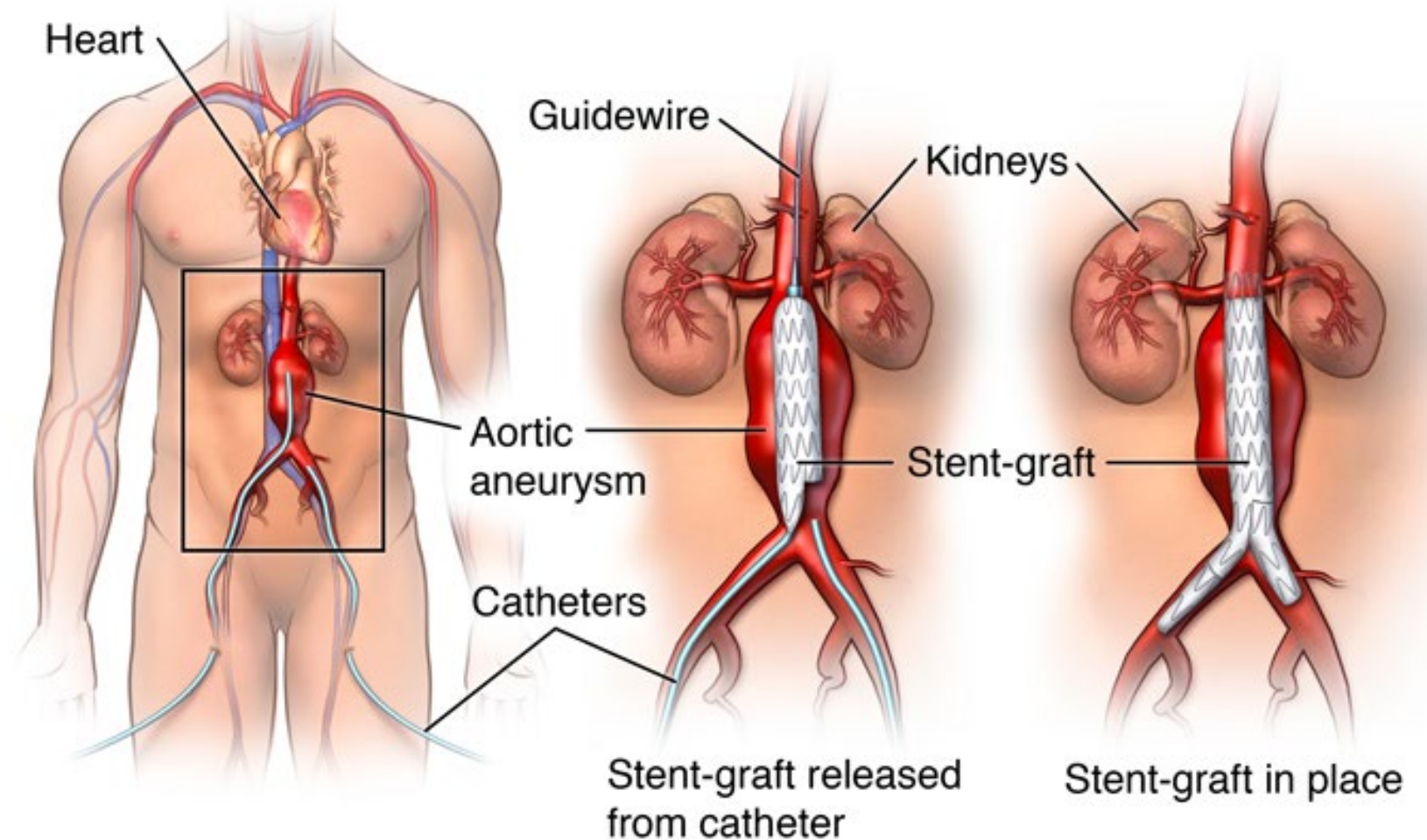


<https://www.stanfordchildrens.org/en/topic/default?id=abdominalaorticaneurysm-85-PO8247>

Aneurysm

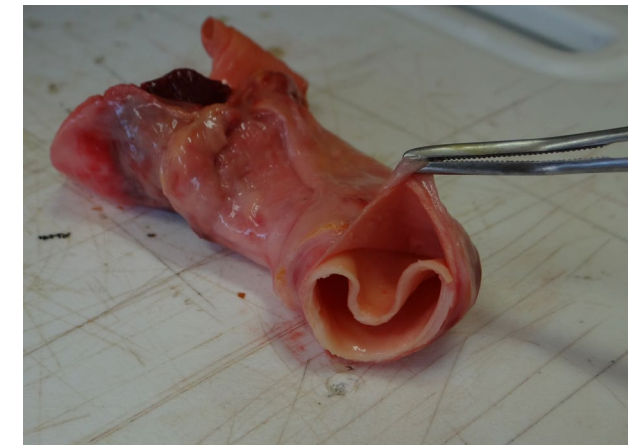
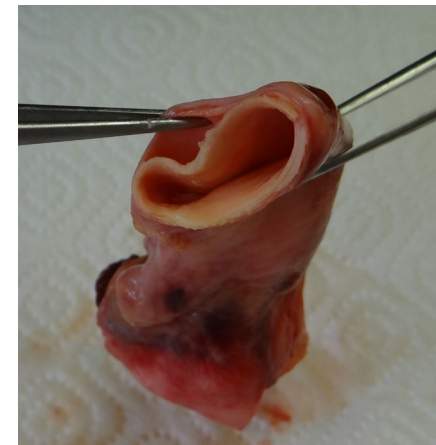
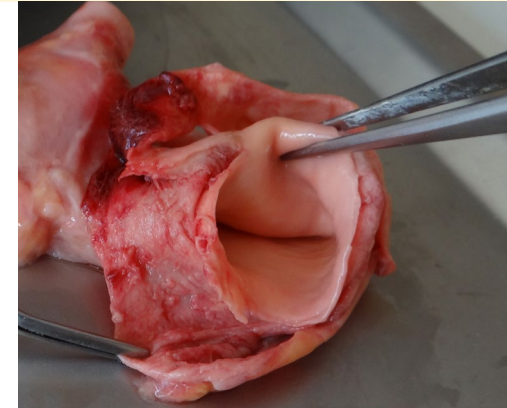
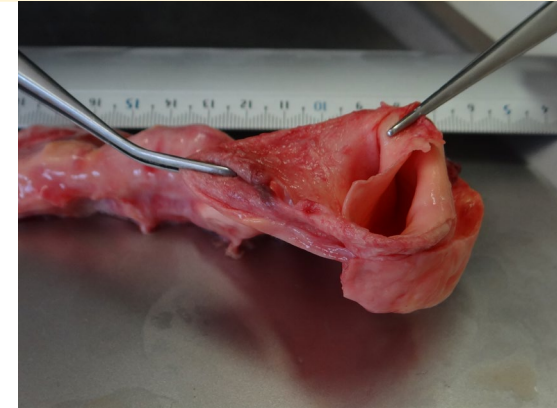
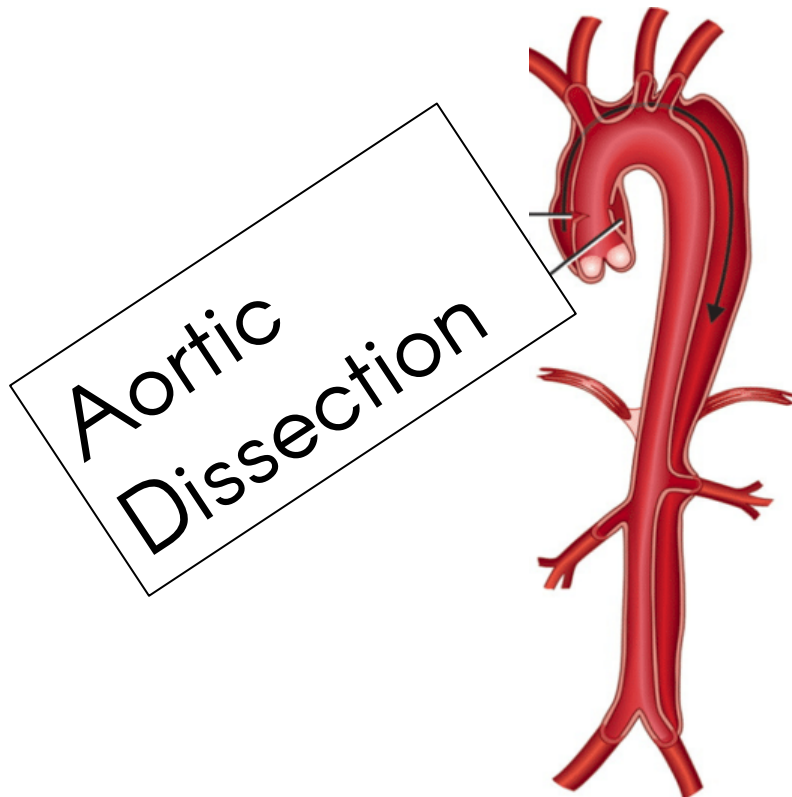
- Options in abdominal aneurysm treatment: **EVAR**

Endovascular aneurysm repair (EVAR),
abdominal aortic aneurysm (AAA)



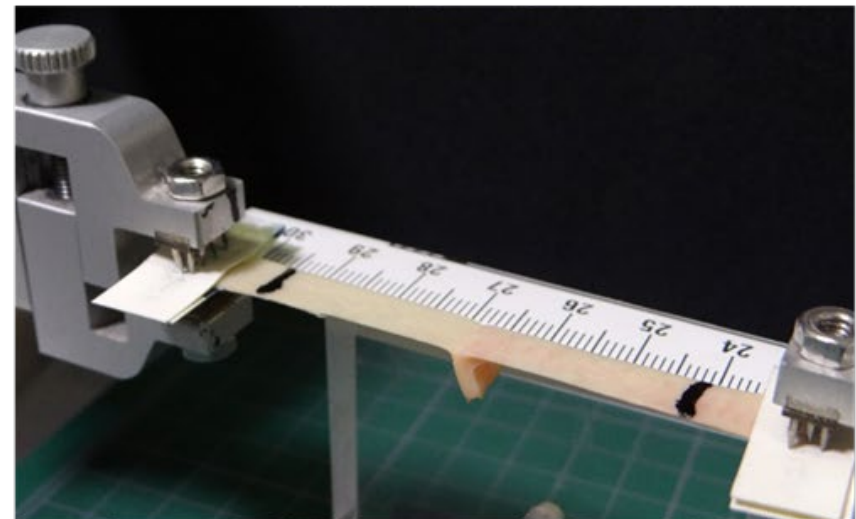
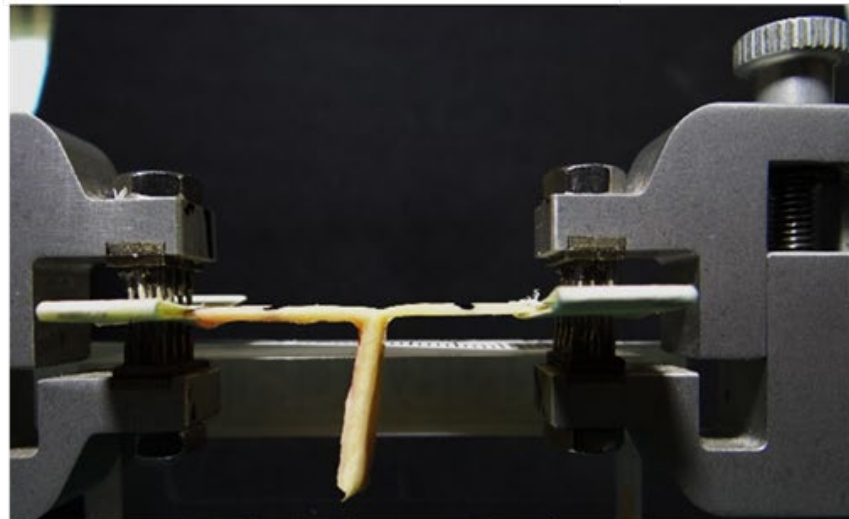
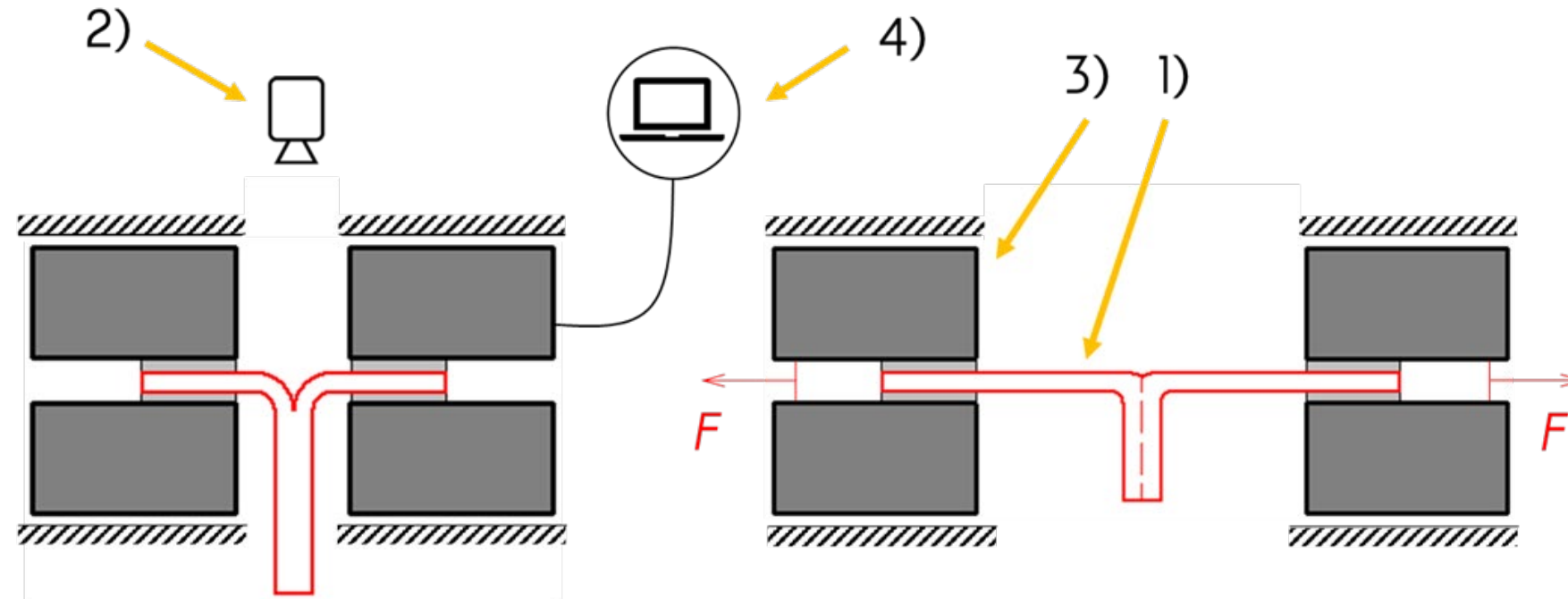
Aortic dissection

- **Applied biomechanics:**
assessment of delamination
properties – risk of the dissection



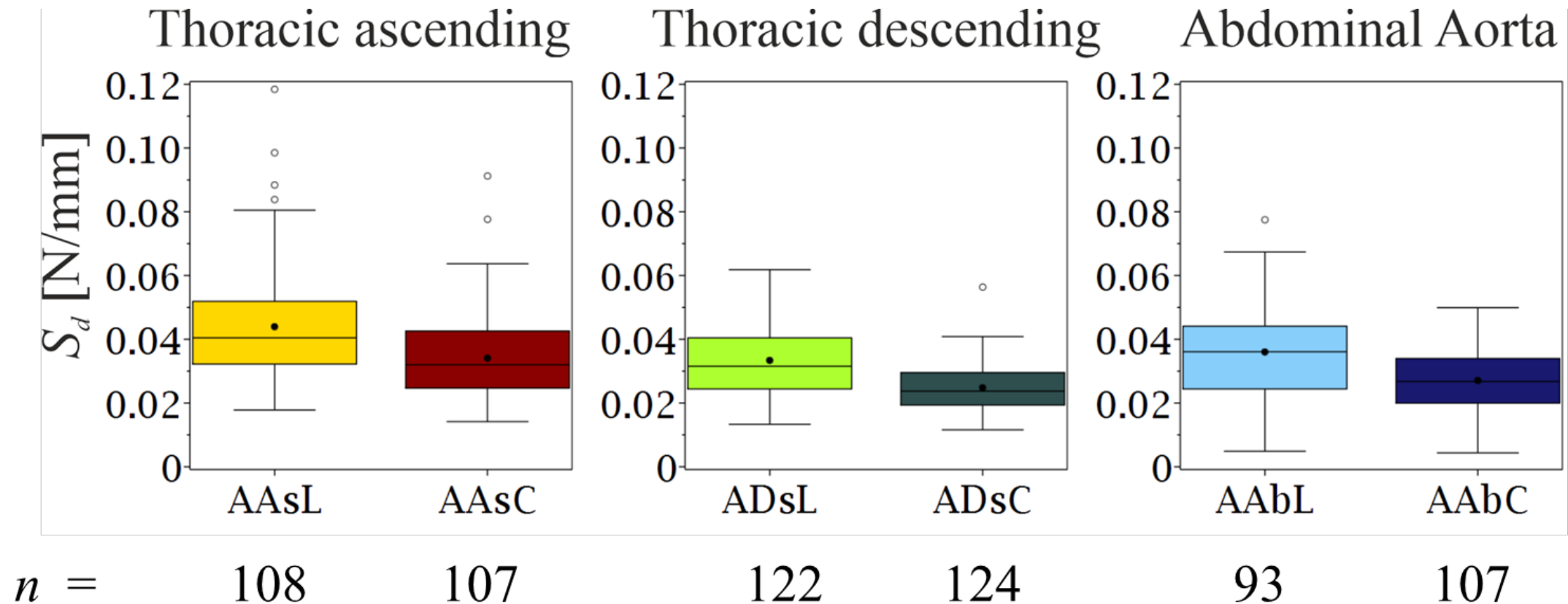
Aortic dissection

- Applied biomechanics: assessment of delamination properties of the human aorta



Aortic dissection

- Assessment of delamination properties of the human aorta



Conclusion

Cardiovascular biomechanics

- **Mechanics is the science that studies motion, the movement of anything, anywhere.**
- **Biomechanics deals with movement in biological systems or the motion of these systems as such.**
- **The motion that biomechanics deals with can occur at the level of molecular and cellular biology, tissues, organs or the whole organism.**

Cardiovascular biomechanics

- Cardiovascular biomechanics is wherever blood motion is concerned: the induction of blood motion by cardiac pumping, the conduction of blood in blood vessels, the manifestations of blood flow such as blood pressure, blood flow velocity, the motion of cells and chemicals carried by blood.
- In our lecture, we learned about basic physiological principles and mentioned diseases that can occur when a biological system operates outside its physiological limits. Returning the system's behavior to these boundaries can in many cases be ensured or supported by interventions using knowledge and results of mechanical engineering.